

**MOTHER'S HELP
AND
CHILD'S FRIEND**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649255566

Mother's help and child's friend by Carrica Le Favre

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

CARRICA LE FAVRE

**MOTHER'S HELP
AND
CHILD'S FRIEND**



MOTHER'S HELP
AND
CHILD'S FRIEND

BY
CARRICA LE FAVRE

BRENTANO'S

PARIS
CHICAGO

NEW YORK

LONDON
WASHINGTON

1891

L
4-15-55

DEDICATED
TO THE CHILDREN OF
AMERICA.

Contents.

	PAGE,
FRONTISPIECE,	
DEDICATED,	
PREFACE,	
THE ADVENT OF A NEW SOUL,	5
Woman Molds the Destiny of Nations—Woman's Sacredness—Her Responsibility.	
EVOLVING ENERGY,	9
Children not Savages—Activity leads to Development—We may be what we will—Everything, when in its place, is good.	
MORAL EDUCATION,	15
Falsehoods, their Effects—Not Natural for the Child to Lie—Child-life an Interesting Study—Children the Property of God—The Hope and Joy of the World—Mothers' Meetings—Ideal Man—Sociability evolves complexity of Organism, Fraternity and Spirituality—Dog and the Babe—Sacredness of the Body—Gentleness.	
EDUCATION,	
War History—Kindergarten—Reading Aloud—Unfolding the Voice.	
PARENTAL AUTHORITY,	32
Veneration for the Aged—Our First Duty.	
THE ART OF LIVING,	36
INTERNAL OR MENTAL FACULTIES,	37
How to Ascertain the Line of Thought.	
THE SENSES,	40
MEMORY,	44
The Reasoning Faculties—The Observing Faculties—Vivid First Impressions.	
CHILDREN OUR REFLECTORS,	46
Our Acts Reflected even to the Third and Fourth Generation—Wild Oats.	

AUDITORY AND VISUAL,	48
Doors to the Intellect and Soul—Sound and its Influence.	
SPEAK GENTLY,	51
Contradicting—Breaking the Child's Will—Slaps Bad.	
SYMPATHY THE CHILD NEEDS,	53
Don't Puss at its Restlessness—Drink of water, its effects.	
AFFIRMATIVE AND NEGATIVE,	59
Childs Capacity to Suffer—Love the Legal Tender of the Soul—Ideal Government.	
FRIGHTENING CHILDREN,	63
Tiresome and Weakening—Nagging—We find what we Search for—The Poison of Evil Thoughts.	
FORCE,	65
Thralldom Antagonistic to its Growth—Ennobling the Home—Woman's Duties—Her Salary—Draw a Quality toward you by constantly desiring it—Force and Independence best Stock in Trade—The Oak and its Roots.	
COURAGE,	71
Mortality of Hospital Nurses—Man's Misdirected Bravery—True Courage—Man the Destroyer—Woman the Patcher.	
STUPIDITY AND SUCCESS,	73
Be kind to the Stupid—The Germ of Greatness—Wed Misfortune to Ambition—What is Success.	
OVERWORKED BRAINS,	75
Brain robbed of Vitality—Curtail Demands of Lower Nature—Exercise and Fresh Air—Our Possibilities Unlimited.	
WORK,	78
Upward Current—Degeneracy—Woman's Societies—Prosy Professor—Genius and Poverty—Students with Ideas—Mission Work at Home—Most Valuable Service of Man—Industrial Education—Trade, Profession and Music—Independent Individuals.	
MOTHER AND DAUGHTER,	84
Developing Years—Perfect Womanhood—Be Companionable to the Daughters—Grow Old Gracefully.	
MUSIC,	90
Binds into Friendship—Effects on Criminals—Prisons should be Reformatories—Music a Cure for Sickness; Divine for Home Government.	

to the Child—Eating and Sleeping the first Month—Airing the Infant—Objections to Sitting and Walking Early—Child's neck, Spine and Abdomen.	
DEMANDS OF NATURE,	146
Waste Matter poisons the System—Regularity Necessary to Health and Beauty.	
HEALTH,	147
The Natural State of the Being—Unhealthy Body depressing to look at—Health should be the rule instead of exception—Offenses to the Body—Grumbling and Discontent—Rid yourself of Friction—Forget yourself—Deaths among Children—Hereditary Transmission—Organism vested with Recuperative Powers—Anthropology.	
NATURAL DEATHS,	151
Transition to next Life—Infant death Wrong—Come we here to Sicken and Die, or to Live?—Confidence—Live attuned to Nature, while Life offers Opportunity for Progress; when not, Pass on.	
LULLABY SONG,	154
With Music.	
SLEEP,	156
Hours Required—Prayer—Insomnia.	
CLOTHING,	160
A Moral Thermometer—Utility and Beauty—Underwear—Dress in one piece—Wrap long—Shoes to match—Gloves to Match and Hose—That Simple and Pretty Rather than Fashionable and Absurd—No Birds.	
NURSES,	166
Training absolutely Necessary—Our Nursing decides our Future—High Standard in the Nurse.	
THE EYES,	168
Fresh Air—Protection—Bathing—Short-sightedness, its Cause and Cure—Cross Eyes—Cause.	
TOILET,	170
Care of Teeth—Begin in Infancy—The Dentist—Teeth in old Age—Lime in the System—Hair—Use Brush—Wash with rain Water—Color Matter—Cutting—Growth—Dressing Hair—The Nose—How to have a Beautiful Nose—The Handkerchief—Catarrh—The Nails—Care of Finger and Toe Nails.	