

**THE MOTHER'S PRACTICAL GUIDE IN THE
PHYSICAL, INTELLECTUAL, AND MORAL
TRAINING OF HER CHILDREN: WITH AN
ADDITIONAL CHAPTER ON THE CLAIMS
AND RESPONSIBILITIES OF STEPMOTHERS**

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The Mother's Practical Guide in the Physical, Intellectual, and Moral Training of Her Children:
With an Additional Chapter on the Claims and Responsibilities of Stepmothers by Mrs. J.
Bakewell

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MRS. J. BAKEWELL

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BY MRS. J. BAKEWELL.

"Train up a child in the way he should go, and when he is old
he will not depart from it."

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CONTENTS.

	Page
PREFACE	7

CHAPTER I.

INTRODUCTORY OBSERVATIONS.

The nature and extent of early education; the necessity and advantage of it. Parents advised to obtain correct views of their parental obligations. The maternal relation; its importance, dignity, and responsibility. Definition of physical, intellectual, and moral education 13

CHAPTER II.

ADVICE TO THE EXPECTANT MOTHER.

The physical, mental, and moral health of children affected by the mother's conduct and state of mind during pregnancy. Cautions against fretfulness, mental excitement, and violent bodily exertion. Medical attendant to be consulted early. Exercise. Perusal of good works on education and on parental duties recommended. Impressions caused by seeing disagreeable and deformed objects to be guarded against. State of the health not to be neglected. Early preparation of baby linen. Choice of a monthly nurse. The expectant mother directed to religion for support and consolation. 22

CHAPTER III.

DIRECTIONS FOR THE MANAGEMENT OF INFANTS.

Mother's milk the only proper food. Modes of supplying its place when insufficient. Weaning. The measures to be adopted when the mother is altogether incapable of suckling. General remarks on the treatment of infants. Quack medicines. Dentition. Lancing the gums. Prejudices. Opinions of medical practitioners. Education of infants. Cleanliness. Walking. Clothes taking fire. Necessity of mothers committing their offspring to the care and protection of God 29

CHAPTER IV.

MISCELLANEOUS OBSERVATIONS ON THE TRAINING OF CHILDREN FROM TWENTY MONTHS OLD.

Activity of children. Toys. Employment. Jealousy to be guarded against. Working on the affections and on the fears of young children deprecated 55

CHAPTER V.

ON THE CLOTHING, ETC., OF YOUNG CHILDREN.

Clothing. Materials of clothing. Tight lacing. Sleep. Early rising. Food 64

CHAPTER VI.

ON PHYSICAL AND INTELLECTUAL EXERCISE.

Importance of equally exercising the body, the senses, and the mind. Bodily exercise. Modes by which the senses may be exercised out of doors. Necessity of allowing active exercise within doors when confined by unfavourable weather. Modes of exercising the senses within doors. Necessity of mental exercise. Specimen of a dialogue between a mother and her child. "Lessons on objects" recommended. Beneficial effects of infantile instruction. Necessity of repetition 79

CHAPTER VII.

INTELLECTUAL TRAINING.

The age at which children may be taught to read. Evils of precocity. Mode of teaching to read. Arithmetic. Writing. Geography. Infant schools 93

CHAPTER VIII.

ACCOMPLISHMENTS.

French. Music. Drawing. Dancing—the arguments in favour of, considered and answered 114

CHAPTER IX.

MORAL VIRTUES.

Habit of contradiction common to children. Obedience: necessity of its being early and uniformly inculcated; to be enforced with firmness, not with severity; care to be taken not to destroy energy of character. Denial of faults. Telling merely imaginative tales. Truthfulness on the part of parents necessary. Self-command to be cultivated in children. Self-denial. Disinterestedness and generosity to be encouraged. Quarrels of children. Importance of early training children to virtuous habits 129

CHAPTER X.

PUNISHMENTS AND REWARDS.

Object of punishment. Proper terms and distinctions to be used in speaking of the faults of children. Punishment to be appropriate to the fault committed. Modes of inflicting punishment. To be administered with promptness and certainty. Rewards—to be used sparingly; should be such as tend to excite the higher affections. Sympathy and praise preferable. An interesting fact, The pleasure of success to be

made the stimulus of good conduct. Necessity of teaching children to examine their motives. Danger of placing children in competition with each other 151

CHAPTER XI.

RELIGIOUS TRAINING.

Necessity of early religious training. The knowledge of God, and the duty of loving and obeying him, to be first inculcated. The nature of sin. The atonement and example of Christ. The influence of the Holy Spirit. The sacred Scriptures. The sabbath. The ministers of the gospel. Prayer 164

CHAPTER XII.

DOMESTIC AFFLICTION.

Possibility of disease attacking a child, however tenderly and assiduously nurtured. Directions and cautions to the mother under such circumstances. Considerations suggested to the mother, in case of bereavement. Duty of resignation. Sources of comfort 188

CHAPTER XIII.

CONCLUDING REMARKS.

The importance of prayer. Parental example. Faith. The prospects of the pious mother 198

CHAPTER XIV.

ON THE CLAIMS AND RESPONSIBILITIES OF STEPMOTHERS.

Peculiar difficulties. Striking incident. Prejudices to overcome. Children should be prepared to receive her. She must strive to secure the affections of her new charge. Advice in reference to the older children. Grown-up daughters. Avoid partiality. Influence of her own maternal feelings. The most painful effects of a second family. Encouragements. Interesting anecdote. The union of two families. Concluding observations 204

APPENDIX 229

PREFACE.

No apology is requisite for laying before the public a work on the Early Domestic Training of Children, as the subject seems now to be exciting that kind and degree of attention which its vast importance demands. Still it is a subject on which some parents are comparatively ignorant, and to which others seem to be almost indifferent; and in many cases, where neither ignorance nor indifference can be fairly supposed to exist, all *systematic* training is deferred until children arrive at what is thought a proper age for learning to read, when they are committed to the discipline of a regular teacher. The object of this little work is to impress upon mothers the importance and practicability of laying the foundation of a good physical, intellectual, and moral education, during the first five or six years of a child's life.

Of my capabilities for the task I have undertaken, it will not be necessary to say much. I am myself a mother, and know from experience that the plans recommended can be easily followed, and that the results are, so far, highly satisfactory. I have assiduously watched the conduct of other mothers in their young families, and know from observation that the principles which I inculcate produce health, harmony, and intelligence, where properly acted upon, and that the neglect of them is accompanied with evils of the most serious magnitude. I have read with great attention many of the best works on the different branches of education, and have culled from them what I thought was the most calculated to assist me in forming my plans for the training of my own children. It is the result of this experience, this observation, and this study, that I am now presenting to mothers.

Had I been acquainted with any work calculated to supply the place of this, I should not have obtruded myself on public notice; but among the many valuable treatises on the subject which I have had the