

**ON MARIENBAD SPA, AND
THE
DISEASES CURABLE BY
ITS WATERS AND BATHS**

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On Marienbad Spa, and the Diseases Curable by Its Waters and Baths by Apollinaris Victor Jagielski

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APOLLINARIS VICTOR JAGIELSKI

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Walter Stewart Esq.
with the Author's kind regards

ON

MARIENBAD SPA

LANE LIBRARY

THE DISEASES CURABLE BY ITS WATERS
AND BATHS

BY

APOLLINARIS VICTOR JAGIELSKI, M.D., BERLIN

Late Physician to the Prussian Army

Author of "A Treatise on Kouches, and its Use in Medicine," &c. &c.



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1873

Dedicated

BY PERMISSION, TO MY PRECEPTOR,

PROF. FR. THEODOR FRERICHS, M.D.

DIRECTOR OF THE CLINICAL SCHOOL OF BERLIN UNIVERSITY, ETC., ETC.,

WHOSE LEARNING AND CHARACTER

DISTINGUISH HIM AS A MEDICAL PHILOSOPHER.

1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes that proper record-keeping is essential for transparency and accountability, particularly in the context of public administration and financial management.

2. The second part of the document outlines the various methods and tools used to collect, store, and analyze data. It highlights the need for robust systems that can handle large volumes of information while ensuring data integrity and security. The text also mentions the role of technology in streamlining these processes and reducing the risk of human error.

3. The third part of the document focuses on the challenges associated with data management, such as data silos, inconsistent formats, and limited access. It suggests that organizations should adopt a data-driven culture and invest in training to ensure that all staff are equipped to handle and interpret data effectively. Additionally, it stresses the importance of regular audits and updates to keep the data current and relevant.

4. The fourth part of the document discusses the ethical implications of data collection and analysis. It notes that while data can provide valuable insights, it must be handled responsibly to protect individual privacy and prevent misuse. Organizations should establish clear policies and guidelines to govern the use of data, ensuring that it is used only for legitimate purposes and that any potential risks are minimized.

5. The fifth part of the document concludes by summarizing the key points and offering recommendations for future action. It encourages organizations to continue to explore new technologies and best practices to improve their data management capabilities. The text also emphasizes the ongoing nature of this process, as data management is an evolving field that requires constant attention and adaptation to changing circumstances.

P R E F A C E.

MARIENBAD has in the last ten years acquired such a high reputation amongst the profession and public, that its waters are now extensively exported far and wide, and regularly mentioned in the lists of all importation-houses of natural and artificial waters in London. The increasing use of these waters is principally due to the continued recommendations of physicians who have prescribed them with advantage in numerous instances, and in many places have begun to regard them as indispensable for daily practice. Hundreds of thousands of bottles and jars, filled with Marienbad waters, find their way every year to all parts of the globe; and thousands of sufferers from far and near resort in the spring and summer to this centre of curative influence, whence they return home, relieved from various kinds of ailments, with joyful hearts and grateful memories.

My knowledge and experience of these waters dates from boyhood in Posen (Prussia), when I remember my dear father ordering them for use in the family,

and prescribing them in private practice. Under his careful guidance, and that of my accomplished clinical teachers in the Universities of Breslau and Berlin, especially the Professors Frerichs, Traube, Schoenlein, Romberg, and Martin, I acquired a confidence in the virtues of Marienbad, which has since been increased during my own practice, and my travels and residence in Germany, Austria, Italy, France, and England, where I have always found that the judicious use of the Kreuz and Ferdinandsbrunnen has produced highly satisfactory results. In writing this book, I desire to fill the existing vacancy in English modern Balneological literature, and by that means to be of service to sufferers of all English-speaking nations, who, having these waters brought to their notice, may then be able to order them for use at home when required, or to seek a more effectual cure at Marienbad itself, under the guidance of expert medical advisers.

May my good wishes be realised by the restoration of all patients who, through my agency, may determine to use the waters of Marienbad.

MARIENBAD.



SITUATION AND DESCRIPTION.

NESTLING in a lovely balsamic ravine, 1912 feet above the level of the North Sea or German Ocean, overtopped by mountains capped with beautiful pine-forests, lies Marienbad, in the district of Eger, in the kingdom of Bohemia, which belongs to Austria, twenty-four German miles from Prague (1 mile German = $4\frac{1}{2}$ miles English), five German miles from Eger, Franzensbad, and Karlsbad, and at a distance of ten German miles from Pilsen, Hof, and Plauen.

Mountains covered with dark evergreen forests surround Marienbad on all sides but the south. Magnificent parks, delightful pleasure walks and drives, are interspersed among the gentle slopes and hills. It is the soft mellow character of the scenery, rather than its grandeur, which refreshes and cheers the impressionable and feeling heart. There is a beautiful contrast between the stern dark summits and the lively green plain, through which, from the very foot of the ravine, small rivulets gurgle along, like the Steinhaubach, Schneidbach, and Hamelica-bach, all paying tribute to the waters of the Auschowitzerbach. The well-tended flower-beds, rich in colour and fragrance, the neat snow-white