ON MARIENBAD SPA, AND THE DISEASES CURABLE BY ITS WATERS AND BATHS

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Trieste

Matthew Richardson Esq.
with the Author's kind regards

ON

MARIENBAD SPA

AND

THE DISEASES CURABLE BY ITS WATERS AND BATHS

BY

APOLLINARIS VICTOR JAGIELSKI, M.D., BERLIN
Late Physician to the Prussian Army
Author of "A Treatise on Koumiss, and its Use in Medicine," &c. &c.

LONDON
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1873

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Dedicated

BY PERMISSION, TO MY PRECEPTOR,

PROF. FR. THEODOR FRERICHS, M.D.

DIRECTOR OF THE CLINICAL SCHOOL OF BERLIN UNIVERSITY, ETC., ETC.,

WHOSE LEARNING AND CHARACTER

DISTINGUISH HIM AS A MEDICAL PHILOSOPHER.

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PREFACE.

MARIENBAD has in the last ten years acquired such a high reputation amongst the profession and public, that its waters are now extensively exported far and wide, and regularly mentioned in the lists of all importation-houses of natural and artificial waters in London. The increasing use of these waters is principally due to the continued recommendations of physicians who have prescribed them with advantage in numerous instances, and in many places have begun to regard them as indispensable for daily practice. Hundreds of thousands of bottles and jars, filled with Marienbad waters, find their way every year to all parts of the globe; and thousands of sufferers from far and near resort in the spring and summer to this centre of curative influence, whence they return home, relieved from various kinds of ailments, with joyful hearts and grateful memories.

My knowledge and experience of these waters dates from boyhood in Posen (Prussia), when I remember my dear father ordering them for use in the family,

and prescribing them in private practice. Under his careful guidance, and that of my accomplished clinical teachers in the Universities of Breslau and Berlin, especially the Professors Frerichs, Traube, Schoenlein, Romberg, and Martin, I acquired a confidence in the virtues of Marienbad, which has since been increased during my own practice, and my travels and residence in Germany, Austria, Italy, France, and England, where I have always found that the judicious use of the Kreuz and Ferdinandsbrunnen has produced highly satisfactory results. In writing this book, I desire to fill the existing vacancy in English modern Balneological literature, and by that means to be of service to sufferers of all English-speaking nations, who, having these waters brought to their notice, may then be able to order them for use at home when required, or to seek a more effectual cure at Marienbad itself, under the guidance of expert medical advisers.

May my good wishes be realised by the restoration of all patients who, through my agency, may determine to use the waters of Marienbad.

8 Weymouth Street, Portland Place,
London, W., *June* 20, 1873.

MARIENBAD.

SITUATION AND DESCRIPTION.

NESTLING in a lovely balsamic ravine, 1912 feet above the level of the North Sea or German Ocean, overtopped by mountains capped with beautiful pine-forests, lies Marienbad, in the district of Eger, in the kingdom of Bohemia, which belongs to Austria, twenty-four German miles from Prague (1 mile German = 4½ miles English), five German miles from Eger, Franzensbad, and Karlsbad, and at a distance of ten German miles from Pilsen, Hof, and Plauen.

Mountains covered with dark evergreen forests surround Marienbad on all sides but the south. Magnificent parks, delightful pleasure walks and drives, are interspersed among the gentle slopes and hills. It is the soft mellow character of the scenery, rather than its grandeur, which refreshes and cheers the impressionable and feeling heart. There is a beautiful contrast between the stern dark summits and the lively green plain, through which, from the very foot of the ravine, small rivulets gurgle along, like the Steinhaubach, Schneidbach, and Hamelicabach, all paying tribute to the waters of the Auschowitzerbach. The well-tended flower-beds, rich in colour and fragrance, the neat snow-white