

**CONFESSION AND  
COMMUNION FOR RELIGIOUS  
AND FOR THOSE WHO  
COMMUNICATE FREQUENTLY**

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Confession and communion for religious and for those who communicate frequently by  
Anonymous

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CONFESSIO AND COMMUNIO.

SUGGESTIONS

BY WAY OF PREPARATION AND THANKSGIVING.

ROBHAMPTON !  
PRINTED BY JOHN GRIPPIN.

# Confession & Communion

FOR RELIGIOUS AND FOR THOSE WHO  
COMMUNICATE FREQUENTLY.

BY

THE AUTHOR OF "FIRST COMMUNION."

WITH A PREFACE BY FATHER THURSTON, S.J.

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TO THE  
FATHER OF OUR LORD JESUS CHRIST,  
OF WHOM ALL PATERNITY  
IN HEAVEN AND EARTH  
IS NAMED.

**Nihil Obstat :**

SYDNEY F. SMITH, S.J.

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## PREFACE.

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THERE are moods and seasons with nearly all of us, when the use of some manual of devotion in our preparation for Confession or Holy Communion is recognized not merely as a help but almost as a necessity. No doubt our best prayers are those which are said in our own words, and which are merely the outpourings of a heart already filled to overflowing. Both in the flood-tide of consolation and in the desolate forlornness of any grievous spiritual trial, the worshipper prostrate before the Blessed Sacrament is in no humour to avail