

**THE HOW AND WHY OF THE
EMMANUEL MOVEMENT: A
HANDBOOK ON PSYCHO-
THERAPEUTICS**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649029488

The How and Why of the Emmanuel Movement: A Handbook on Psycho-Therapeutics by
Thomas Parker Boyd

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

THOMAS PARKER BOYD

**THE HOW AND WHY OF THE
EMMANUEL MOVEMENT: A
HANDBOOK ON PSYCHO-
THERAPEUTICS**

The How and Why of the Emmanuel Movement

A HAND-BOOK ON
PSYCHO-THERAPEUTICS

By

REV. THOMAS PARKER BOYD



San Francisco
The Whitaker & Ray Company
1909



PREFACE

A WORLD-wide movement—a distinct stage in the evolution of mankind—a new book: this is logical. The literature of a movement is an essential part of it. Yesterday the physical man was having his day; today the mental man is having his day; tomorrow the spiritual man is to have his day, and the day-star has appeared. It is not a day of separation from the physical and mental, but of combination, wherein the spiritual nature shall be supreme, and that "holiness (wholeness) without which no man shall see the Lord," shall be realized. There is a popular belief that there are unknown and unused forces in and about us that might be used if men knew how. The fact is that, while much has been said and written about principles, comparatively little has been put forth as to methods of applying them. These reasons have seemed to warrant me in telling the *How* as well as the *Why*, in such a manner that the wayfaring man may apply these forces and secure their benefits.

If it be objected that the knowledge of methods in the use of these mighty forces may be a dangerous thing to spread broadcast, the answer is found in the words that few will care to challenge, "Ye

[iii]

PREFACE

shall know the truth, and the truth shall make you free." It is also true that everybody uses these mental and spiritual forces, consciously or otherwise. The man who knows how may use them uniformly for good, while he who does not will be a blind Samson, doing wonders often, but sooner or later pulling the house of achievement down upon his head.

If it be urged that only experts should know of and use these forces, the reply comes in the question, How is a man to become expert in this or any science without study of its principles and practice of its methods? It has been claimed that it is well enough for the public to have a general knowledge of this science, but that its use should be restricted to the physician, the psychologist, or the clergy, lest mistakes be made or unwise use occur. Now, if it could be shown that physicians have proven infallible, or psychologists always scientific, or clergymen always wise, then the point would be well taken, but sound judgment, knowledge, and good intention do not seem to be restricted to these professions, but rather to be pretty generally distributed among men; and, inasmuch as all men are endowed in greater or less degree with the forces used in mental and spiritual healing, requiring only average intelligence to understand, and common sense to apply

PREFACE

them, it follows that the more widespread the knowledge of these forces and the methods of their use, the greater must be the blessing to mankind.

For a period of fifteen years the author has been a student and practitioner of mental and spiritual medicine, generally coöperating with the physician, but often proceeding without one in cases where the cause appeared to be of a nervous character, in which the physician had seemingly exhausted his skill. In the earlier years of practice, my method was simply that of religious conversation, inspiring the patient with hope of recovery through his faith in the goodness of God, whose love could only provide the best things for his children. This was accompanied with prayer and the laying on of hands in the name of the Lord. After some years of practice, my reading and experience brought to me the conviction that the law of suggestion lay at the basis of this and every method of mental and spiritual healing. Following this up I found that purely mental methods were insufficient, and that the spiritual factor must enter in for decisive and permanent results. Then it became clear that mental and spiritual forces could not reach, or at least did not affect to any extent, certain classes of cases, and my practice has been in accordance therewith.

The substance of this book has been given in

PREFACE

lectures, addresses, and newspaper articles during some years past, but in their present form as lectures before my class for the study of the "Emmanuel movement," on Wednesday evenings during the past year, in the Ascension Church, Vallejo, Cal. The purpose was to so instruct the people in *How*, and *When*, and *Why* to use these mental and spiritual forces, that they could use them alone, or in conjunction with their physician and rector. So great has been the blessing to my own parishioners, and so general was the interest aroused in the subject, and the demand for the instruction in more permanent form, that I have decided to put them forth for more general use, believing that they will be a definite contribution to the great movement now going forward for the well-being of the whole man.

THE AUTHOR.

CONTENTS

<i>Chapter</i>	<i>Page</i>
Introduction.....	ix
1 Back to Christ.....	1
2 Therapeutic Triumphs of the Apostles and the Primitive Church.....	14
3 Mental Medicine.....	22
4 Moral Medicine.....	30
5 The Law of Suggestion, and Some of Its Practical Uses.....	37
6 Sleep—Its Therapeutic Value.....	51
7 Typical Treatments.....	65
8 Hypnotism.....	83
9 Personal Magnetism.....	100
10 The Will.....	111
11 The Unknown Quantity.....	119
12 The Complete Life.....	130

