

**KEEPING OUR
FIGHTERS FIT FOR
WAR AND AFTER**

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Keeping Our Fighters Fit for War and After by Edward Frank Allen & Raymond B. Fosdick

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EDWARD FRANK ALLEN & RAYMOND B. FOSDICK

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OUR FIGHTERS FIT**



Well-known tennis players giving Jackies at Mare Island a few pointers

KEEPING OUR FIGHTERS FIT

FOR WAR AND AFTER

BY

EDWARD FRANK ALLEN

WRITTEN WITH THE COOPERATION OF

RAYMOND B. FOSDICK

Chairman of the War and Navy Departments

Commissions on Training Camp Activities

WITH A SPECIAL STATEMENT

WRITTEN FOR THE BOOK BY

WOODROW WILSON



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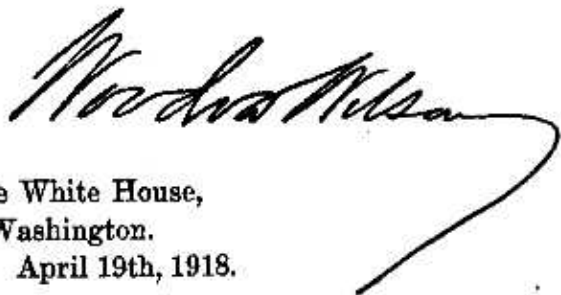
SPECIAL STATEMENT

The twin Commissions on Training Camp Activities—one for the War Department and one for the Navy Department—were appointed by Secretary Baker and Secretary Daniels early in the war to link together in a comprehensive organization, under official sanction, all the agencies, private and public, which could be utilized to surround our troops with a healthy and cheerful environment. The Federal Government has pledged its word that as far as care and vigilance can accomplish the result, the men committed to its charge will be returned to the homes and communities that so generously gave them with no scars except those won in honorable conflict. The career to which we are calling our young men in the defense of democracy must be made an asset to them, not only in strengthened and more virile bodies as a result of physical training, not only in minds deepened and enriched by participation in a great, heroic enterprise, but in the enhanced spiritual values which come from a full life lived well and wholesomely.

I do not believe it an exaggeration to say that

SPECIAL STATEMENT

no army ever before assembled has had more conscientious and painstaking thought given to the protection and stimulation of its mental, moral and physical manhood. Every endeavor has been made to surround the men, both here and abroad, with the kind of environment which a democracy owes to those who fight in its behalf. In this work the Commissions on Training Camp Activities have represented the government and the government's solicitude that the moral and spiritual resources of the nation should be mobilized behind the troops. The country is to be congratulated upon the fine spirit with which organizations and groups of many kinds, some of them of national standing, have harnessed themselves together under the leadership of the government's agency in a common ministry to the men of the army and navy.



The White House,
Washington.
April 19th, 1918.

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