

**THE CHILD: ITS
CARE, DIET, AND
COMMON ILLS**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649546473

The Child: Its Care, Diet, and Common Ills by E. Mather Sill

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

E. MATHER SILL

**THE CHILD: ITS
CARE, DIET, AND
COMMON ILLS**

THE CHILD

ITS CARE, DIET, AND COMMON ILLS

BY

E. MATHER SILL, M. D.

LECTURER IN DISEASES OF CHILDREN AT THE NEW YORK POLYCLINIC MEDICAL
SCHOOL AND HOSPITAL. ATTENDING PHYSICIAN AT THE GOOD
SAMARITAN DISPENSARY AND ASSISTANT ATTENDING
AT THE NEW YORK POLYCLINIC HOSPITAL



UNIVERSITY OF
CALIFORNIA

NEW YORK
HENRY HOLT AND COMPANY

1913

BIOLOGY
PART

COPYRIGHT, 1913,
BY
HENRY HOLT AND COMPANY

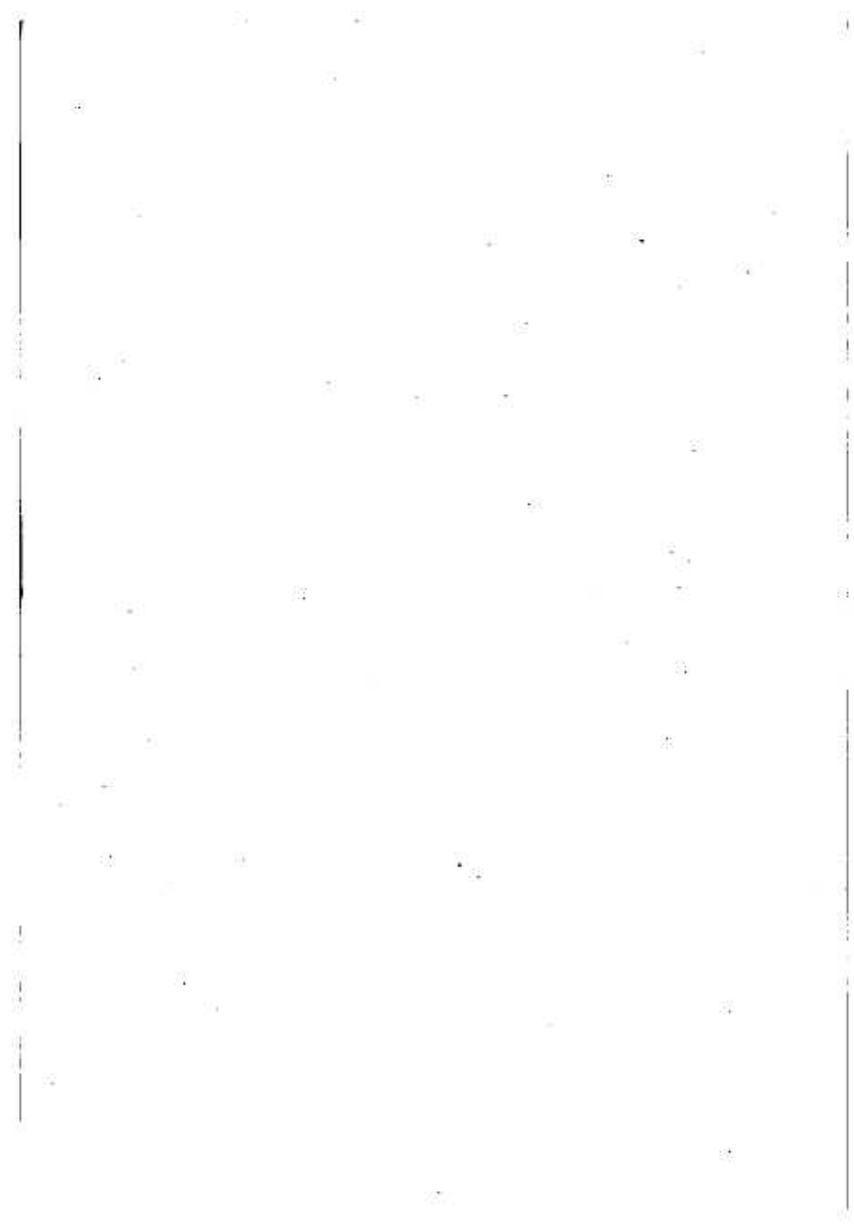
Published May, 1913

TO THE
AMERICAN

THE QUINN & BODEN CO. PRESS
RAHWAY, N. J.

To
THE YOUNG MOTHERS
IN WHOSE INTEREST THESE PAGES WERE WRITTEN
I INSCRIBE THIS LITTLE VOLUME

281751



FOREWORD

IN this age of enlightenment the young progressive mother is not satisfied to follow the customs and dictation of her mother or grandmother. She wishes to have her methods formed upon the latest and best medical practice. She wishes to be intelligent in case of illness. She insists upon knowing the best and most scientific ways of feeding, airing, clothing, and giving out-of-door exercise. She also insists upon a knowledge of what to do in emergencies before the arrival of the doctor, and, in a general way, at least, she wishes to be able to distinguish between the different diseases which all children are more or less subject to and liable to contract.

The young mother of to-day wishes to know what to do in case of accident, injury, or accidental poisoning; she wishes to understand when it is necessary to have medical advice; in a word, she desires to acquire that confidence in herself which shall make her mistress of such situations as will most probably arise in the bringing up of her children.

To help the young mother in her efforts to attain efficiency, the author has endeavored to answer all questions that the intelligent young mother would wish to ask, and to explain the problems that are apt to confront her.

These answers and explanations are the outcome of a very large experience in the treatment of infants and young children.

The author wishes to express his thanks to Drs. Holt, Kerley, Koplik, Chapin, and others, for valuable suggestions from their works on diseases of infants and children and to his publishers, Messrs. Henry Holt and Company, for many courtesies extended to him.

ILLUSTRATIONS

	PAGE
The Baby Basket	8
Knitted Abdominal Band	5
The Baby Crib	8
Bassinet	9
Bath Thermometer	15
Rubber Tub	18
Denton Nightdress	19
Union Suit	20
The Healthy Child Fourteen Months of Age	27
The Exercise Yard or Pen	32
The Glascock Baby Walker	34
Nipple Shield	38
English Breast-Pump	38
Freeman Pasteurizer	51
Nursing-Bottle and Nipple	58
Chapin Dipper	58
Pint Graduate Measure	57
The Deming Milk Modifier	64
Knitted Bag for Bottle	65
In-a-Wink Heater	65
Way to Hold the Baby when Nursing the Bottle	66
Way to Hold the Baby when Nursing the Breast	67
Ice-Box for Traveling	72
Breck Feeder	81
Syringe for Oil Enema	95