

**THE SPIRIT OF THE EAST,  
ILLUSTRATED IN A JOURNAL OF  
TRAVELS THROUGH ROUMELI  
DURING AN EVENTFUL PERIOD**

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The Spirit of the East, Illustrated in a Journal of Travels Through Roumeli During an Eventful Period by D. Urquhart

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**D. URQUHART**

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THE  
SPIRIT OF THE EAST.

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VOL. II.

THE  
SPIRIT OF THE EAST,  
ILLUSTRATED IN A  
JOURNAL OF TRAVELS  
THROUGH ROUMELI  
DURING AN EVENTFUL PERIOD.

BY  
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RUSSIA, AND TURKEY," &c.

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"Men are not influenced by Facts, but by Opinions respecting Facts." EPICURUS.

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## CHAPTER I.

### DESCENT TO THE VALE OF TEMPE—ARRIVAL AT AMBELAKIA.

WHEN our siesta was over, and when the sun had already set behind our lofty horizon, we mounted and proceeded towards Rapsana. After skirting the lake, we turned to the left, over a low hill, and descended into a deep glen, or "lac," opening to the sea. We could not see it; but a sea-scented breeze came winding through the hills. Here we came upon a party of villagers, who had just killed a wild boar. It was with great difficulty that we got away from them, for they insisted on our spending the night at their village, and ran over the bill of fare to which we should be treated. First, there was the boar, appealing directly to our senses with eloquence in ruby tints, and rhetoric in rounded forms; then there were kids, still tender, that had just returned from Olympus;\* venison, from a fine deer which they had shot an hour before; moor-fowl, pheasants, golden plovers, wild ducks, from Nizeros; and all that the fold, the barn-yard, or the dairy could bestow, without number or measure. We effected, however, our escape from so fearful an infliction, and, on ascending the steep hill on the opposite side of the lac, we just saw the edge of the moon appearing over Kessova (Ossa), which showed, by the deep and gloomy shades, the tre-

\* By keeping the flocks very high up, ewing time is delayed.