

**THE COLD-WATER-MAN,
OR, A
POCKET COMPANION
FOR THE TEMPERATE**

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The Cold-Water-Man, or, a Pocket Companion for the Temperate by Doctor Springwater

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DOCTOR SPRINGWATER

**THE COLD-WATER-MAN,
OR, A
POCKET COMPANION
FOR THE TEMPERATE**

THE
"COLD-WATER-MAN";

OR,

A POCKET COMPANION FOR THE TEMPERATE.

BY DOCTOR SPRINGWATER,

~~OF~~

OF

NORTH AMERICA.

No quarter for those who drink much or little. If there were no moderate drinkers there would be no drunkards.

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1832.

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PRELIMINARIES.

I. THE AUTHOR TO HIS BOOK.

Go, little book, into this drunken world of ours. Frown upon drunkards. Reprove, most sharply, him who makes them. If possible, snatch from impending ruin the moderate drinker. Deal faithfully with all. Scatter truth over the world, however unpalatable it may be to the million. While travelling your unprotected round, you will often meet with sneers and ridicule and contempt. The very name stamped on your forehead, will lead some to abuse you. The truth which you tell will enrage others. Some, in secret, will manifest the most virulent hatred both to you and your message; while, in public, they will be loudest in your praise. Occasionally you will be smiled upon. Sometimes you will be embraced with the most enthusiastic affection. But, notwithstanding all this variety of treatment with which you must meet, go; enter this rude, un-

friendly world, fearlessly and alone. And may that God who, with the world of means at his disposal, when the mighty Samson was fatigued and fainting with thirst, refreshed him with a draught of cold water, go with you, and prosper you in assisting to banish from the earth, the ordinary use of ardent spirits.

H. DEDICATION.

**To the Whole Civilized World,
THIS LITTLE ANTI-GETTING-DRUNK BOOK
IS DEDICATED BY THE
AUTHOR.**

August, 1832.

III. PROEM.

Perhaps I may be charged with exaggerating the evils of drunkenness, and of the use of ardent spirits. But I am satisfied that the half has not been told. The half never can be told. If the drunkard takes up these pages, he must expect to be handled "without gloves." If he thinks he will be dissatisfied with rough unceremonious treatment, he had better lay down this little book before he begins to read it. It knows not how to flatter. Should it fall into the hands of him who takes a *little*, because a little will do him *no harm*, or because, while in health a *little*, as he fancies, will do him *some good*, we tell him beforehand that he will, before he reads it through, dash it on the floor in a rage, unless he becomes a convert to the principles which it advocates. Those who call entire abstinence, temperance, will find at least, a portion of their sentiments, and the evidence in favor of them, briefly stated. They will also find the leading objections against temperance and temperance

societies, mentioned and answered. Those who make objections have been treated as tenderly as the nature of the argument and of their objections would permit. The facts stated in this work are derived from documents of the most unquestionable authority, or have come under the personal observation of the writer. In relation to the few quotations made in these pages, it may be remarked, that persons qualified to criticise know where to find them. Those who are not qualified for this cynical task, will be excused from it by the

AUTHOR.

NOTE.—Many of the remarks made in this little book, concerning the use of ardent spirits, may, in their fullest extent, be applied to the habitual use of all narcotic or stupifying substances, such as tobacco, opium in all its preparations, &c.

THE COLD-WATER-MAN.

PART FIRST.

THE EVILS OF INTEMPERANCE.

I. *Its Extent.*

INTEMPERANCE has long been the crying sin of our land. It is a demon of destruction. Its very breath withers every blossom of temporal happiness, and destroys the last lingering hope of bliss beyond the grave. When, with bloated face, and haggard eyes, and pestilential breath, it passes over any land, though all before it may be fair as the garden of Eden, the blank of moral desolation will be spread over all in its train. Like a tide of liquid fire, it has rolled over our country. Every excellence within its reach has drooped, and faded, and died. No class of our citizens has been exempt from its baneful influence. It has found its way into every department of civil society. Intemperance has staggered into the workshops of industry. Its touch has paralyzed every effort of the mechanic to become a useful and respectable citizen. It has approached the bed of distress, and with trembling nerves, dis-
