

**HE IS CALLING ME:
HELPS IN VISITING THE
BLESSED SACRAMENT**

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He is calling me: helps in visiting the Blessed Sacrament by Matthew Russell

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He is Calling Me

Helps in Visiting the Blessed
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By the

Rev. Matthew Russell, S.J.

Author of

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TO
THE SWEET AND LOVETHWORTHY MEMORY
OF
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WHOSE STORY IS TOLD IN "THE THREE SISTERS OF
LORD RUSSELL OF KILLOWEN," AND WHOSE ARDENT
LIFELONG DEVOTION TO THE BLESSED SACRAMENT
WAS, WITH THE HELP OF GOD'S GRACE, THE IN-
SPIRATION OF THIS AND OF ALL MY
EUCCHARISTIC BOOKS

P R E F A C E

THE title of this sixth of my Eucharistic books is the title also of some of its earlier pages, which will explain the force and meaning that I wish the phrase to have for the pious reader.

In these "Visits" the thoughts suggested are not always thrown into the form of a prayer. One cannot at all times command the attention and fervour that one desires to have while addressing directly the Divine Tenant of the Tabernacle. It is useful sometimes to interrupt our prayer and to let the mind rest quietly on some thought holy enough for the sacred spot where we are kneeling or sitting.

It is always easy to fall back on the Eucharistic aspirations to which Pius X. has attached three hundred days' indulgence, and which ought to be familiar and habitual to us all. "Jesus my God,