THE MODEL KITCHEN

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649532438

The Model Kitchen by Lucy H. Yates

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd. Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

LUCY H. YATES

THE MODEL KITCHEN



	THE	MODEL	KITCHI	ē n	Ť.	*
		MODEL				
Œ.		<u>(4</u>			ā	

THE

MODEL KITCHEN

BY

LUCY H. YATES

AUTHOR OF

"THE PROPESSION OF COOKERY," "THE CONVALESCENT'S DIET,"
"MANAGEMENT OF MONEY," ETC.

WITH ILLUSTRATIONS

LONGMANS, GREEN, AND CO.
39 PATERNOSTER ROW, LONDON
NEW YORK AND BOMBAY

1905

All rights reserved

CONTENTS

		AGK
I.	Introduction	
и.	A Model Equipment for the Kitchen of a Flat	13
ш.	THE COMPACT STORE CLOSET	17
IV.	THE GAS COOKING-STOVES AND AMERICAN KITCHENERS	21
v.	OIL STOVES AND BACHELOR EQUIPMENTS	29
VI.	THE CHAFING-DISH	40
	THE CASSEROLE AND MARMITE	
VIII.	COOKING IN, AND USING FRENCH FIREPROOF CHINA	
	DISHES	57
IX.	THE RIGHT SELECTION AND COMBINATION OF FOODS	67
x.	A Few Savoury Made Dishes and Entrees	76
XI.	THE COOKING OF VEGETABLES AND DRESSING OF	
	SALADS	86
XII.	GOOD COFFEE AND TEA	99
XIII.	How to serve a Dinner without a Maid	107
	INDEX	117

25 ≨ 10

LIST OF ILLUSTRATIONS

1

54								PAGE
SHALLOW CUPBOARD WITH IRONING-TA	BLE		200	9	*	*0	٠	5
BROOM-RACK			1			•		ં
Towel-rail				*	*	90	٠	8
THE DRESSER CABINET		1		ু			•	11
A Corner of the Kitchen		3.8	()	×	•	•3	٠	14
VEGETABLE-RACK				45				16
CABBAGE-STRAINER								
Asparagus-boiler		2000	50.00	30	24.0	•		20
SELF-BASTING ROASTER AND BAKING-P.								
PORTABLE GAS STOVE		::÷	230	200		211		30
THE BACHELOR'S STEW-PAN								
THE DIABLE ROUSSET								14.50
FRYING-PAN SHIELD	6000	884	1	90	33	13		37
THE CHAPING-DISH								
CREAMED EGGS AND SHREDDED WHEA								
SWEET SAUCE FOR TINNED FRUITS.	00000		28		90	•		45
CASSEROLE								
MARMITE			28	90		**		49
THE CUT LEFT TO BECOME COLD .								
HA RIND OF DOUBTRUE Ace!								

viii List of Illustrations

	PAGE
THE CASSEROLE READY FOR THE TABLE	. 56
FIREPROOF CHINA DISHEE-	
RAGOUT-DISH	. 57
SHALLOW EARED DISHES	. 59
OMELET-PAN	. 59
Cocorre	. 60
RAMAQUIN CASE	. 60
CIRCULAR RAMAQUIN	. 63
SOUFFLÉ CASES	. 63
UPRIGHT RAMAQUIN	. 64
COVERED PIE-DISH	. 66
GAME PIE-DISH, CRUST COLOUR	. 66
RICE CROQUETTES, CAULIFLOWER AND SAUCE	. 77
POTATO SHAPE, FLAKED COD AND PARSLEY	. 77
MACARONI AND MUSHROOM TIMBALE	. 77
CURRIED Eggs	. 83
Cutlets à la Jardinière,	. 83
SAVOURY STEW	
Fish Curlets	. 85
SMALL GAME BIRDS ON TOAST	. 85
OMELET, AUX FINES HERRES	
POTATO SALAD	. 97
Apple and Nut Salad	
CREAM CHEESE SALAD	. 98
EGGS, AND CRESS SALAD	
Excelsion Capetière	. 103
POLICUED REACE HEATER CORRER TOR AND LAMPS	

THE MODEL KITCHEN

I

INTRODUCTION

T is imperative in these days of high rents in cities, more especially in the Metropolis, that we reduce our household impedimenta as much as possible; and not only must we do this, but we must simplify our ideas concerning our style of living. We begin by a reduction of room space when we take a "flat," as the flat professes to offer us a house and all its appurtenances in the most compact form: it does this, undoubtedly, but it does it in miniature. flat, when well-built, convenient, and artistically arranged, is a type of dwelling well suited to That all flats are not successful as dwellings, is no fault of the system or plan; but the fault of the jerry-builder, who has sacrificed reason and quality to appearance. All the same, when we have secured a flat that really is