# HELPS TO A SPIRITUAL LIFE: FOR RELIGIOUS AND FOR ALL PERSONS IN THE WORLD WHO DESIRE TO SERVE GOD FERVENTLY

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Helps to a spiritual life: for religious and for all persons in the world who desire to serve God fervently by Joseph Schneider & Ferreol Girardey

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#### JOSEPH SCHNEIDER & FERREOL GIRARDEY

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FOR RELIGIOUS AND FOR ALL PERSONS IN THE WORLD WHO DESIRE TO SERVE GOD FERVENTLY

FROM THE GERMAN OF REV. JOSEPH SCHNEIDER, S.J.

WITH ADDITIONS BY
REV. FERREOL GIRARDEY, C.SS.R.

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#### Notice.

The following little work was compiled and published by Rev. F. Schoenbold from the writings of Rev. Joseph Schneider, S.J., the well-known, learned and pious author of excellent spiritual books. Chapters I., II., and VII. were written for general use, whilst all the other chapters, except those added by the translator, were written by Father Schneider for the benefit of two religious communities, for which he had been charged to compose Rules and Constitutions. The translator, to render the work more complete by the addition of some of the practical asceticism of St. Alphonsus, has added Chapters VIII., IX., X., XX., and XXII.

He takes this opportunity to recommend most earnestly the ascetical works of that great saint and Doctor of the Church, who was as eminent in ascetical science as in Moral Theology, to all who desire to sanctify themselves, whether they be religious or persons living in the world.

THE TRANSLATOR.