# AN OBSTETRIC MENTOR: A HANDBOOK OF HOMOEOPATHIC TREATMENT REQUIRED DURING PREGNANCY, PARTURITION, AND THE PUERPERAL SEASON

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Trieste

# PREFACE.

The design of this little compilation originated in this wise. Frequently perplexed in prescribing for pregnant and parturient women, we have rushed from the bedside to the office, and after hunting through a dozen or more authorities, gone back to the patient, prescribed and *succeeded*. The first idea was, a *case* in which to carry Guernsey's Obstetrics and have it always in the conveyance; but the amended thought was, "suppose the cream of our therapeutics divested of all other matter, and culled from every available source, in so small a compass as to be pocketable!" The tangible expression of the idea is before you, and while we do not hope but that omissions and errors have been made, we do hope that none will be found which are very vital. Corrections and additions will be thankfully received by the compiler.

We must acknowledge assistance and advice from several members of the profession; and especially we extend thanks to SELDEN H. TALCOTT, M. D., Superintendent of the State Homœopathic Asylum for the Insane in this town, for suggestions regarding the treatment of puerperal insanity.

In compiling this reminder the following authorities have been scrutinized :

Guernsey's Obstetrics.
Leavitt's "
Richardson's "
Croserio's "
Marsden's Practical Midwifery.
Jahr's Diseases of Females.
Hale on Diseases of Women.
Ludlam " "
Eaton " "
Eggert's Uterine and Vaginal Discharges.
Lilienthal's Homœopathic Therapeutics.
Ostrom on the Breast.
Hart on Diseases of the Nervous System.
Bell on Diarrhœa.
Allen & Norton's Ophthalmic Therapeutics.
King on Headache.
Johnson's Therapeutic Key.
Hale's New Remedies.
Jahr's Manual.
Dunham's Lectures on Materia Medica.
Raue's Record of Homœopathic Literature.
Files of The Homœopathic Journal of Obstetrics.
" The Hahnemannian Monthly.
" The Medical Counselor.
" The American Homœopath and
The Transactions of the American Institute of Homœopathy, and of the New York State Homœopathic Medical Society.

CLARENCE M. CONANT.

MIDDLETOWN, N. Y., 1883.

## CHAPTER I.

### Variations of Appetite—Gastroses—Enteric Diseases—Hepatic Troubles.

Not infrequently the first intimation of the existence of pregnancy is an extraordinary capriciousness of appetite. There may be loss of appetite in general, or aversion to particular things; or there may be great increase of appetite, or merely craving for special articles of diet. Along with these conditions, or independent of them, the sense of taste may be perverted. As to increase of appetite, we will remark, in passing, that where it exists in pregnant women otherwise in health, it is usually a good sign, and, within reasonable limits, should be indulged, and not checked as is sometimes done.

#### Variations of Appetite and Taste.

Anorexia: Chin., Cycl., Nux. v., Rhus tox., Sep., Sil.

Bulimy: Calc. carb., Chin., Cina., Iod., Lyc., Nux v., Puls., Sil., Verat. alb.

Hunger, without Appetite: Bry., Nat. mur., Op., Rhus tox.

Thirst: Acon., Ars., Bry., Calc. carb., Cham., Chin., Merc. sol., Sulph., Verat. alb.

Adipsia: Apis., Ferr. acet., Gels., Hell., Merc. sol., Nux mos., Puls., Sarsap.

Thirst, with Aversion to Drink: Bell., Canth., Hyosc., Nux v., Stram.

Aversion to Acid Food: Bell., Cocc., Ferr., Sabad., Sulph.

Aversion to Beer: Bell., Chin., Cocc., Nux v., Stann., Sulph.

Aversion to Brandy: Ign., Merc. sol.

Aversion to Bread generally: Con., Nat. mur., Puls., Sep., Sulph.

Aversion to Rye Bread: Lyc., Nat. mur., Nux v., Phos. ac., Sulph.

Aversion to Broth (Meat): Arn., Ars., Graph.

Aversion to Butter: Carbo veg., Chin., Merc. sol.

Aversion to Coffee: Bry., Calc. carb., Cham., Coff., Nux v., Phos., Rhus tox.

Aversion to Fat Food: Bry., Carbo an., Carbo veg., Cycl., Nat. mur., Petr., Puls.

Aversion to Fish: Graph., Zinc.

Aversion to Meats: Calc. carb., Carbo veg., Graph., Lyc., Mur. ac., Nitr. ac., Petr., Rhus tox., Sabad., Sep., Sil., Sulph.

Aversion to Flour and Meal (Dishes made of): Phos.

Aversion to Milk: Bry., Calc. carb., Guaj., Puls., Sep., Sil., Sulph.

Aversion to Salt Food: Carbo veg., Selen.

Aversion to Solid Food: Ang., Bapt., Bry., Ferr., Staph., Sulph.

Aversion to Sweet Food: Caust., Sulph.

Aversion to Vegetables: Hell., Magn. carb.

Aversion to Water: Bell., Calad., Nux v., Stram.

Aversion to Wine: Merc. sol., Sabad.

Desire for Acids: Ant. crud., Ars., Bry., Cham., Hep., Lach., Phos., Stram., Sulph., Verat. alb.

Desire for Beer: Bry., Merc. sol., Nat. carb., Nux v., Op., Petr., Puls., Sabad., Stront.

Desire for Bitter Things: Digit., Nat. mur.

Desire for Bread: Ars., Plumb.

Desire for Brandy: Ars., Hep., Lach., Nux v., Op., Selen., Sep., Sulph.

Desire for Coal, Chalk, Slate, etc.: Cic., Nitr. ac., Nux v.

Desire for Cake: Plumb.

Desire for Cheese: Ignat.

Desire for Coffee: Ang., Aur., Bry., Chin., Con., Selen.

Desire for Fat Food: Nux v., Nitr. ac., Thuja.

Desire for Fruit: Ign., Sulph. ac., Verat alb.

Desire for Juicy Things: Phos. ac.

Desire for Soup and Broth: Ang., Ferr., Staph., Sulph.

Desire for Meat: Magn. carb., Merc. sol., Sulph.

Desire for Meal and Flour (Dishes made of): Sabad.

Desire for Milk: Aur., Chel., Merc. sol., Sabad., Sil.

Desire for Raw Potatoes and Flour: Calc. carb.

Desire for Salt Things: Calc. carb., Caust., Con., Nitr. ac., Verat. alb.

Desire for Smoked Food: Caust.

Desire for Sourkraut: Carbo an.

Desire for Sweet Things: Amm. carb., Chin., Kali carb., Lyc., Nat. carb., Rhus tox., Sabad.

Desire for Vegetables: Alum, Magn. carb.

Desire for Warm Food: Ferr., Lyc.

Desire for Wine: Cic., Hep., Sep., Sulph.

Taste: 1. Bitter.—Acon., Bry., Calc. carb., Cham., Merc. sol., Nux v., Puls., Sep., Sil., Sulph., Verat alb.

2. Lost or Diminished: Nat. mur., Puls., Sil.

3. As of Blood: Ipec., Sulph.

4. Empyreumatic: Puls., Sulph.

5. As of Pus: Puls.

6. Like Clay: Chin., Hep., Puls.

7. Flat, Watery, Insipid: Bry., Caps., Chin., Ipec., Puls., Rhus tox., Sulph.

8. Foul, Putrid, Offensive: Acon., Arn., Bell., Bry., Cham., Merc. sol., Nat. mur., Puls., Rhus tox., Sulph., Verat. alb.

9. Oily, Greasy: Caust., Sil., Valer.

10. Metallic: Cupr., Nux v., Rhus tox.

11. Slimy, Viscid: Arn., Bell.

12. Rancid: Asaf., Bry., Mur. ac., Nux v., Petr., Puls., Sulph.

13. Salty: Ars., Carbo veg., Merc. sol., Nat. mur., Nux v., Phos., Puls., Sep., Sulph.

14. Sour: Bell., Calc. carb., Chin., Cocc., Cupr., Nux v., Phos. ac., Puls., Sulph., Tarax.

15. Sweetish: Bell., Bry., Chin., Cupr., Ferr., Merc. sol., Phos., Plumb., Puls., Sabad., Squill., Sulph.

Food Tastes badly: a. Bitter: Bry., Coloc., Ferr., Hep., Rhus tox., Sulph.
b. Salt: Carbo veg., Sulph.
c. Sour: Calc. carb., China.

Bread Tastes sweet: Merc. sol.
Beer Tastes Sweet: Puls.
In Morning Taste Sour: Nux v., Sulph.
" " " Bitter: Arn., Puls.
" " " Foul: Rhus tox., Sulph.
" " " Sweet: Sulph.