

**AN OBSTETRIC MENTOR: A
HANDBOOK OF HOMOEOPATHIC
TREATMENT REQUIRED DURING
PREGNANCY, PARTURITION, AND
THE PUERPERAL SEASON**

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An Obstetric Mentor: A Handbook of Homoeopathic Treatment Required during Pregnancy, Parturition, and the Puerperal Season by Clarence M. Conant

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CLARENCE M. CONANT

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PREFACE.

The design of this little compilation originated in this wise. Frequently perplexed in prescribing for pregnant and parturient women, we have rushed from the bedside to the office, and after hunting through a dozen or more authorities, gone back to the patient, prescribed and *succeeded*. The first idea was, a *case* in which to carry Guernsey's Obstetrics and have it always in the conveyance; but the amended thought was, "suppose the cream of our therapeutics divested of all other matter, and culled from every available source, in so small a compass as to be pocketable!" The tangible expression of the idea is before you, and while we do not hope but that omissions and errors have been made, we do hope that none will be found which are very vital. Corrections and additions will be thankfully received by the compiler.

We must acknowledge assistance and advice from several members of the profession; and especially we extend thanks to SELDEN H. TALCOTT, M. D., Superintendent of the State Homœopathic Asylum for the Insane in this town, for suggestions regarding the treatment of puerperal insanity.

In compiling this reminder the following authorities have been scrutinized :

Guernsey's Obstetrics.
 Leavitt's " "
 Richardson's " "
 Croserio's " "
 Marsden's Practical Midwifery.
 Jahr's Diseases of Females.
 Hale on Diseases of Women.
 Ludlam " "
 Eaton " "
 Eggert's Uterine and Vaginal Discharges.
 Lihienthal's Homœopathic Therapeutics.
 Ostrom on the Breast.
 Hart on Diseases of the Nervous System.
 Bell on Diarrhœa.
 Allen & Norton's Ophthalmic Therapeutics.
 King on Headache.
 Johnson's Therapeutic Key.
 Hale's New Remedies.
 Jahr's Manual.
 Dunham's Lectures on Materia Medica.
 Raue's Record of Homœopathic Literature.
 Files of The Homœopathic Journal of Obstetrics.
 " The Hahnemannian Monthly.
 " The Medical Counselor.
 " The American Homœopath and
 The Transactions of the American Institute of
 Homœopathy, and of the New York State Homœo-
 pathic Medical Society.

CLARENCE M. CONANT.

MIDDLETOWN, N. Y., 1883.

1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes that this is crucial for ensuring transparency and accountability in the organization's operations.

2. The second part outlines the various methods and tools used to collect and analyze data. This includes the use of surveys, interviews, and focus groups to gather insights from stakeholders and customers.

3. The third part details the process of identifying and addressing key challenges and opportunities. It highlights the need for a proactive approach to problem-solving and the importance of collaboration across different departments.

4. The fourth part discusses the role of technology in enhancing operational efficiency and data management. It mentions the implementation of various software solutions and the importance of staying up-to-date with the latest technological advancements.

5. The fifth part focuses on the importance of continuous improvement and innovation. It encourages the organization to regularly evaluate its processes and seek out new ways to optimize performance and create value.

6. The sixth part addresses the need for strong leadership and effective communication. It stresses that clear goals, open communication, and a strong team spirit are essential for the organization's success.

7. The seventh part discusses the importance of risk management and compliance. It outlines the various risks that the organization faces and the steps taken to mitigate these risks while ensuring that all activities comply with relevant laws and regulations.

8. The eighth part concludes by summarizing the key findings and recommendations. It reiterates the importance of a data-driven approach and the need for ongoing monitoring and evaluation to ensure the organization remains competitive and resilient in a rapidly changing market.

CHAPTER I.

VARIATIONS OF APPETITE—GASTROSES—ENTERIC DISEASES—HEPATIC TROUBLES.

NOT infrequently the first intimation of the existence of pregnancy is an extraordinary capriciousness of appetite. There may be loss of appetite in general, or aversion to particular things; or there may be great increase of appetite, or merely craving for special articles of diet. Along with these conditions, or independent of them, the sense of taste may be perverted. As to increase of appetite, we will remark, in passing, that where it exists in pregnant women otherwise in health, it is usually a good sign, and, within reasonable limits, should be indulged, and not checked as is sometimes done.

VARIATIONS OF APPETITE AND TASTE.

Anorexia: Chin., Cycl., Nux. v., Rhus tox., Sep., Sil.

Bulimy: Calc. carb., Chin., Cina., Iod., Lyc., Nux v., Puls., Sil., Verat. alb.

Hunger, without Appetite: Bry., Nat. mur., Op., Rhus tox.

Thirst: Acon., Ars., Bry., Calc. carb., Cham., Chin., Merc. sol., Sulph., Verat. alb.

Adipsia: Apis., Ferr. acet., Gels., Hell., Merc. sol., Nux mos., Puls., Sarsap.

Thirst, with Aversion to Drink: Bell., Canth., Hyosc., Nux v., Stram.

Aversion to Acid Food: Bell., Cocc., Ferr., Sabad., Sulph.

Aversion to Beer: Bell., Chin., Cocc., Nux v., Stann., Sulph.

Aversion to Brandy: Ign., Merc. sol.

Aversion to Bread generally: Con., Nat. mur., Puls., Sep., Sulph.

Aversion to Rye Bread: Lyc., Nat. mur., Nux v., Phos. ac., Sulph.

Aversion to Broth (Meat): Arn., Ars., Graph.

Aversion to Butter: Carbo veg., Chin., Merc. sol.

Aversion to Coffee: Bry., Calc. carb., Cham., Coff., Nux v., Phos., Rhus tox.

Aversion to Fat Food: Bry., Carbo an., Carbo veg., Cycl., Nat. mur., Petr., Puls.

Aversion to Fish: Graph., Zinc.

Aversion to Meats: Calc. carb., Carbo veg., Graph., Lyc., Mur. ac., Nitr. ac., Petr., Rhus tox., Sabad., Sep., Sil., Sulph.

Aversion to Flour and Meal (Dishes made of): Phos.

Aversion to Milk: Bry., Calc. carb., Guaj., Puls., Sep., Sil., Sulph.

Aversion to Salt Food: Carbo veg., Selen.

Aversion to Solid Food: Ang., Bapt., Bry., Ferr., Staph., Sulph.

Aversion to Sweet Food: Caust., Sulph.

Aversion to Vegetables: Hell., Magn. carb.

Aversion to Water: Bell., Calad., Nux v., Stram.

Aversion to Wine: Merc. sol., Sabad.

Desire for Acids: Ant. crud., Ars., Bry., Cham., Hep., Lach., Phos., Stram., Sulph., Verat. alb.

- Desire for Beer: Bry., Merc. sol., Nat. carb., Nux
 v., Op., Petr., Puls., Sabad., Stront.
 Desire for Bitter Things: Digit., Nat. mur.
 Desire for Bread: Ars., Plumb.
 Desire for Brandy: Ars., Hep., Lach., Nux v., Op.,
 Selen., Sep., Sulph.
 Desire for Coal, Chalk, Slate, etc.: Cic., Nitr. ac.,
 Nux v.
 Desire for Cake: Plumb.
 Desire for Cheese: Ignat.
 Desire for Coffee: Ang., Aur., Bry., Chin., Con.,
 Selen.
 Desire for Fat Food: Nux v., Nitr. ac., Thuja.
 Desire for Fruit: * Ign., Sulph. ac., Verat alb.
 Desire for Juicy Things: Phos. ac.
 Desire for Soup and Broth: Ang., Ferr., Staph.,
 Sulph.
 Desire for Meat: Magn. carb., Merc. sol., Sulph.
 Desire for Meal and Flour (Dishes made of):
 Sabad.
 Desire for Milk: Aur., Chel., Merc. sol., Sabad.,
 Sil.
 Desire for Raw Potatoès and Flour: Calc.
 carb.
 Desire for Salt Things: Calc. carb., Caust., Con.,
 Nitr. ac., Verat. alb.
 Desire for Smoked Food: Caust.
 Desire for Sourkraut: Carbo an.
 Desire for Sweet Things: Amm. carb., Chin.,
 Kali carb., Lyc., Nat. carb., Rhus tox., Sabad.
 Desire for Vegetables: Alum, Magn. carb.
 Desire for Warm Food: Ferr., Lyc.
 Desire for Wine: Cic., Hep., Sep., Sulph.
 Taste: 1. Bitter.—Acon., Bry., Calc. carb., Cham.,
 Merc. sol., Nux v., Puls., Sep., Sil., Sulph., Verat alb.

- Sil. 2. Lost or Diminished: Nat. mur., Puls.,
 3. As of Blood: Ipec., Sulph.
 4. Empyreumatic: Puls., Sulph.
 5. As of Pus: Puls.
 6. Like Clay: Chin., Hep., Puls.
 7. Flat, Watery, Insipid: Bry., Caps.,
 Chin., Ipec., Puls., Rhus tox., Sulph.
 8. Foul, Putrid, Offensive: Acon., Arn.,
 Bell., Bry., Cham., Merc. sol., Nat. mur., Puls., Rhus
 tox., Sulph., Verat. alb.
 9. Oily, Greasy: Caust., Sil., Valer.
 10. Metallic: Cupr., Nux v., Rhus tox.
 11. Slimy, Viscid: Arn., Bell.
 12. Rancid: Asaf., Bry., Mur. ac., Nux v.,
 Petr., Puls., Sulph.
 13. Salty: Ars., Carbo veg., Merc. sol.,
 Nat. mur., Nux v., Phos., Puls., Sep., Sulph.
 14. Sour: Bell., Calc. carb., Chin., Cocc.,
 Cupr., Nux v., Phos. ac., Puls., Sulph., Tarax.
 15. Sweetish: Bell.; Bry., Chin., Cupr.,
 Ferr., Merc. sol., Phos., Plumb., Puls., Sabad., Squill.,
 Sulph.
 Food Tastes badly: a. Bitter: Bry., Coloc.,
 Ferr., Hep., Rhus tox., Sulph.
 Sulph. b. Salt: Carbo veg.,
 c. Sour: Calc. carb.,
 China.
 Bread Tastes sweet: Merc. sol.
 Beer Tastes Sweet: Puls.
 In Morning Taste Sour: Nux v., Sulph.
 " " " Bitter: Arn., Puls.
 " " " Foul: Rhus tox., Sulph.
 " " " Sweet: Sulph.