

**BIENNIAL REPORT OF THE DIRECTORS
AND THE THIRTY-FOURTH ANNUAL
REPORTS OF THE SUPERINTENDENT OF
THE INSANE ASYLUM OF THE STATE OF
CALIFORNIA, (AT STOCKTON.) FOR THE
TWO YEARS ENDING JUNE 30, 1886**

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Biennial Report of the directors and the Thirty-fourth Annual Reports of the Superintendent of the Insane Asylum of the State of California, (At Stockton.) For the Two Years Ending June 30, 1886 by Various

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VARIOUS

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BIENNIAL REPORT OF THE DIRECTORS

AND THE

Thirty-third and Thirty-fourth Annual Reports

LANE LIBRARY

OF THE

SUPERINTENDENT OF THE INSANE ASYLUM

OF THE

STATE OF CALIFORNIA,
(AT STOCKTON.)

For the Two Years Ending June 30, 1886.



SACRAMENTO, CAL.

STATE OFFICE.....JAMES J. AYERS, SUPT. STATE PRINTING.

1886.

OFFICERS OF THE ASYLUM.

DIRECTORS.

ROBERT WATT, President San Rafael.
J. K. DOAK, Vice-President Stockton.
J. D. McDOUGALD Stockton.
C. H. RANDALL Sonora.
DR. H. N. RUCKER Merced.

TREASURER AND EX OFFICIO SECRETARY.

N. M. ORR Stockton.

RESIDENT OFFICERS.

W. H. MAYS, M.D. Superintendent.
W. R. LANGDON, M.D. Assistant Physician.
W. A. WASHINGTON, M.D. Assistant Physician.
H. W. TAYLOR Superintendent's Secretary.
T. J. KEYS Steward.
WILLIAM STOCKWELL Supervisor.
Mrs. M. E. RAMSELL Matron.

1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes that proper record-keeping is essential for transparency and accountability, particularly in the context of public administration and government operations. This section outlines the various methods and tools used to collect, store, and analyze data, ensuring that information is readily accessible and reliable.

2. The second part of the document focuses on the implementation of these practices across different departments and levels of the organization. It provides detailed guidelines for how data should be collected, categorized, and reported, ensuring consistency and accuracy throughout the process. This section also addresses the challenges of data integration and the need for standardized protocols to facilitate seamless information flow.

3. The third part of the document discusses the role of technology in enhancing data management and analysis. It highlights the benefits of using modern software solutions to streamline data collection, storage, and reporting processes. This section also addresses the importance of data security and privacy, ensuring that sensitive information is protected and handled in accordance with relevant regulations and standards.

4. The fourth part of the document discusses the importance of training and education in ensuring that all staff members are equipped with the necessary skills and knowledge to effectively manage and analyze data. It outlines the various training programs and courses available, as well as the ongoing support and resources provided to staff members to ensure they remain up-to-date on the latest developments in data management and analysis.

5. The fifth part of the document discusses the importance of regular audits and reviews to ensure that data management practices are being followed consistently and accurately. It outlines the various methods and tools used to conduct these audits, as well as the importance of documenting findings and implementing corrective actions to address any identified issues or deficiencies.

6. The sixth part of the document discusses the importance of data-driven decision-making and the role of data in informing policy and strategy. It highlights the benefits of using data to identify trends, patterns, and areas for improvement, as well as the importance of ensuring that data is used ethically and responsibly to support the organization's mission and goals.

7. The seventh part of the document discusses the importance of data sharing and collaboration between different departments and levels of the organization. It outlines the various methods and tools used to facilitate data sharing, as well as the importance of establishing clear protocols and standards to ensure that data is shared accurately and securely.

8. The eighth part of the document discusses the importance of data security and privacy, particularly in the context of public administration and government operations. It outlines the various methods and tools used to protect data from unauthorized access, as well as the importance of implementing robust security measures to ensure that sensitive information is kept safe and secure.

9. The ninth part of the document discusses the importance of data retention and archiving, ensuring that data is stored for the appropriate length of time and is easily accessible when needed. It outlines the various methods and tools used to manage data retention, as well as the importance of implementing clear policies and procedures to ensure that data is handled consistently and accurately.

10. The tenth part of the document discusses the importance of data governance and the role of data in supporting the organization's overall mission and goals. It outlines the various methods and tools used to implement data governance, as well as the importance of establishing clear roles and responsibilities to ensure that data is managed effectively and responsibly.

DIRECTORS' REPORT.

To his Excellency GEORGE STONEMAN, Governor of the State of California.

In accordance with law, as Directors of the Asylum for the Insane of the State of California, at Stockton, we submit our biennial report for the two years ending June 30, 1886, together with those of the Medical Superintendent and Treasurer, which are made parts of this report.

During the past two years a number of very important improvements have been made to the institution under our supervision, all of which are of a permanent character, and have added materially to the accommodations afforded the inmates, and have greatly increased the facilities for securing for them suitable care and treatment.

As will be seen by the report of the Superintendent, the number of patients has rapidly increased during the two years embraced in this report, there being one thousand two hundred and fifteen, June 30, 1884, and one thousand four hundred and eighty-six, June 30, 1886. Although the accommodations have been greatly enlarged, and, for many of the patients greatly improved, the increase in numbers has been so great as to still leave the institution in a crowded condition.

The new building constructed from the appropriation made in 1881 was completed in the latter part of 1884, and was immediately furnished, and occupied by patients removed thereto from the long overcrowded wards of the other buildings.

The new structure has been found well adapted to the purposes for which it was designed, and the number of patients it was intended to accommodate can therein be economically cared for and treated. Within this building are now the bakery, kitchen, and cooking arrangements for the entire male department, and also the general offices of the institution; and we are gratified to be able to report that the appropriation has been so expended as to furnish largely increased and wholly satisfactory accommodations for patients, at a minimum cost *per capita*.

The sewerage system, constructed from plans furnished by the State Engineer, and under his supervision and direction, was completed in the latter part of 1884. Several unforeseen obstacles had to be overcome before all the buildings of the institution could be connected therewith, but the necessary changes were made, and the system has been in operation for nearly two years, with very beneficial results to the sanitary condition of the several buildings. The experiment of disposing of this sewage matter on the land has not been wholly successful, on account of the adobe character of the soil, which had never before been cultivated. Little difficulty will be experienced during the summer season, when the ground is dry, but when saturated thoroughly by the winter rains, the land does not absorb the offensive matter, and some plan should be adopted whereby the drainage of the asylum can be discharged into some water channel, to be carried away by the winter's floods without becoming offensive and dangerous to the health of residents of the vicinity.

The new laundry for the female department was completed in 1884, and immediately furnished with machinery and put in successful operation. It has been found a great convenience, and a number of the female patients here find employment which to them appears to be an agreeable change.

A dairy barn had long been needed, and during the last year this Board has had a substantial structure erected which will afford accommodations for seventy cows, and thus enable the management to obtain, at moderate cost, a supply of milk for the institution. In this connection it may be said that during the last two years a great improvement has been made in the dairy, and that now a fine herd of cows comprises a portion of the property of the institution.

During the last two years a large amount of work has been done in grading the grounds; several natural depressions, which could not be successfully drained, and therefore became objectionable cesspools during the rainy season, have been filled, and a large amount of earth has also been required to fill an excavation made upon the grounds at an early day from which clay was obtained to make brick used in the construction of the old building. This work had to be done for sanitary reasons which are obvious. A large amount of earth and gravel has also been required for grading around the new building and in the yards used by the patients for exercising. The roads leading through the grounds have also required considerable gravel in order to afford communication between the different buildings. The expenditures made for this purpose will permanently remedy defects that have long existed and have been an annoyance and inconvenience in the management of the institution.

At the last regular session of the Legislature an appropriation of \$25,000 was made for new heating apparatus and repairs of the old asylum building. The condition of that structure was found to be even worse than had been supposed, and the necessity of a thorough renovation was proven to be very great. We call your attention to the report of the Superintendent concerning the work performed, and are satisfied that it will meet with your approval. By the changes made, because of the expenditure of that appropriation, increased accommodations have been secured for patients, while by the improved method of heating the building, and the construction of the large dining-room, the expenses of care and attendance will be reduced.

The removal of the old wooden structure, known as the cottage ward, has long been regarded as a necessity, as owing to its dilapidated condition it was both unsafe and uncomfortable. The patients who were quartered therein, have been now furnished with more suitable accommodations in the new building and the newly arranged wards of the old building.

Although the improvements made during the last two years have greatly added to the comfort of the unfortunates there confined, and materially increases the facilities for affording them the required care and treatment, yet other improvements are necessary, in order that the objects sought to be attained by the establishment of the institution may be realized, and it may become a place for curing mental disorders, as well as an asylum for the safekeeping and maintenance of persons thus afflicted.

The building occupied by the female patients is at present crowded, and while this Board does not desire to recommend the construction of any more new buildings or additions, hoping that the completion of the new asylum at San José will give the desired relief, yet there is an urgent necessity for an appropriation for repairing and partially remodeling the female department building. Its heating and plumbing arrangements are very defective and out of repair, and should be thoroughly overhauled and

placed in a more satisfactory condition. An associate dining-room should be provided, which would not only decrease the cost of attendance, but would also allow the conversion of some of the present ward dining-rooms into dormitories for the use of the patients. The building should also be painted.

The boiler capacity at the male department should be increased in order to supply the demand for steam for heating purposes, and to pump water to supply that department.

We urgently call your attention to the law making it the duty of this Board to provide upon the asylum grounds suitable apartments for the use of the Assistant Physicians and their families. Owing to the fact that no appropriation for that purpose has ever been made, we have been unable to furnish the required accommodations, and the Assistant Physicians are necessarily compelled to reside outside the grounds. We deem it imperatively necessary now, when so large a number of patients are under care and treatment, that the medical force should reside upon the grounds, subject to any call that may be made for their services upon the shortest possible notice.

We regard it also necessary that the Supervisor should reside upon the asylum grounds, and urgently recommend that an appropriation be made by the Legislature to erect such residences as are required for the use of these officers.

Workshops, in which certain classes of patients could be employed, also ought to be provided. We also cordially indorse the recommendation of the Medical Superintendent, that a dead-house should be provided for the reception of the dead.

In order to carry out necessary improvements, and meet the urgent requirements that are made upon us to protect and keep the property of the State in repair, and provide the necessary means for the permanent and economical care of that unfortunate class for whose accommodation and maintenance this institution has been established, we think that an appropriation of at least \$60,000 will be necessary. The increase of patients will demand a corresponding increase in the appropriation to be made for the general support of the institution for the next two fiscal years. During the two years covered by this report the number of patients here has been increased by two hundred and seventy-one, and we think we are justified in our expectations, that before the hoped relief will come by the completion of the asylum for the chronic insane, there will be sixteen hundred patients to be provided for in this institution, and that the average number for the next two fiscal years will be at least fifteen hundred. To support this large number at the rate of 40 cents per day per capita, which is the average cost of their maintenance, will require an appropriation of \$216,000 for each of the next two fiscal years.

We desire to call your special attention to the recommendations of the Medical Superintendent concerning the appointment of another Assistant Physician, and also to his suggestions as to the advantages that would accrue by providing workshops for the employment of such patients as would be benefited thereby.

The last two years have been made eventful in the history of this institution by the death of two persons officially identified with its management. Hon. Caleb Dorsey of Tuolumne, appointed by your Excellency a member of this Board, died March, 1885. Mr. Dorsey by temperament and education was admirably fitted for the trust that had been imposed upon him, and his sudden death was the cause of serious regret among the friends of this institution.

Dr. William Travis Browne, Superintendent of this institution, who for eleven years had been prominently identified with its management, was called hence by death February 20, 1886. He had faithfully labored to give proper care and attention to the unfortunate wards of the State here confined, and had so identified himself with their interests as to make the successful management of this institution a laudable personal ambition. His faithful services will be held in grateful remembrance by all whose sympathies are awakened by the unhappy condition of those for whom he so long labored.

Finally we desire to acknowledge our obligations to yourself and other State officers for courtesies extended and aid given us in the management of the trust placed in our hands, and to again commend this important charity to your favorable notice, believing that you will bespeak for it a liberal spirit and fostering care upon the part of the Legislature.

ROBT. WATT.
J. K. DOAK,
CHAS. H. RANDALL,
J. D. McDOUGALD.
H. N. RUCKER.

STOCKTON, October 20, 1886.