

**THE INNER LIFE OF THE  
SOUL: SHORT  
SPIRITUAL MESSAGES FOR  
THE LITURGICAL YEAR**

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The inner life of the soul: short spiritual messages for the liturgical year by S. L. Emery

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**S. L. EMERY**

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THE INNER LIFE OF THE SOUL

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BY  
S. L. EMERY

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*As a bright flame, and like unto the wind,  
Come from the heights of heaven, O God the Holy Ghost !  
Touch Thou my tongue with fire, guide Thou my feeble pen,  
Make my heart strong, then when I need Thee most.  
Help me to write of Thee, teach me to speak of Thee,  
Let me lead souls to Thee, O God the Holy Ghost !*



## PREFACE

THE crying need of our modern day is for a definite and assured faith, conjoined to a clear realization of the personal love of a personal God for each individual soul. This combination forms the very sunshine of life, creating an answering love to God and man, thus making even the loneliest and hardest lot an enviable one, and earth the anteroom of heaven.

The present volume is published with the hope of giving some idea of the vital connection that the ecclesiastical seasons, doctrines, and sacraments of the Catholic Church have with the inner life of the Christian soul. Begun originally in the form of weekly contributions to the *Sacred Heart Review*, the articles gradually assumed shape in the direction here indicated, and are now reprinted by kind permission and with careful advice. They are offered, with humble reverence, to God the Holy Ghost, the Divine Inspirer of our spiritual life; with a special thought of all who are outside the visible fold of the Catholic Church; and with the earnest hope that the reader, in any case, may be drawn more closely by them to the love of God.

CAMBRIDGE, MASS.,  
FEAST OF ST. ROSE OF LIMA,  
August 30, 1903.