

**THE SKIN IN HEALTH AND DISEASE: A  
CONCISE MANUAL, TREATING, IN A  
POPULAR FORM, ON THE  
PRESERVATION OF THE SKIN IN A  
HEALTHY CONDITION, AND ON THE  
TREATMENT OF THE DISEASES**

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The skin in health and disease: a concise manual, treating, in a popular form, on the preservation of the skin in a healthy condition, and on the treatment of the diseases by Thomas Innis

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**THOMAS INNIS**

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DISPENSARY  
FOR THE CURE OF  
**DISEASES OF THE SKIN,**  
AND ALL CUTANEOUS AFFECTIONS,  
HAMPSTEAD STREET, FITZROY SQUARE.

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MEMBER OF THE ROYAL COLLEGE OF SURGEONS, LONDON: LATE ASSISTANT  
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It is a strange anomaly in the practice and progress of medical science in this country, that amongst all the benevolent and noble institutions established for the alleviation of human misery, there exists but one devoted to the cure or amelioration of Diseases of the Skin. It is a truth well known to the members of the faculty, that the ravages of these stubborn and enduring plagues of human life are more extensive than those of any other known disorder, there being little short of half-a-million of patients annually seeking relief. If we turn our eyes to France we shall find the importance of this subject fully recognised, and the exertions of men of science nobly countenanced and encouraged by the National Funds. Referring to the Hospital of Saint Louis—a magnificent institution devoted to the cure of Skin Diseases—a clever Surgeon of the present day writes thus:—"Since the grave has closed over the labours of BATEMAN, the culture of Diseases of the Skin in this country, as a distinct branch of Medical Science, has slept. Not so in France: successor after successor, each equally eminent with his precursor, has glided through the moving panorama of life, from the days of

Lorry to our own, till Saint Louis Hospital has become no less deserving of fame than Saint Louis, the tutelary shade of that magnificent establishment."

Surely here is an example to this country which we are bound jealously to emulate. The writer feels that the importance and necessity of a similar establishment in England can never be too much insisted upon. The peculiar nature of the diseases in question, and the almost insurmountable difficulty of acquiring accurate knowledge as to their modes of treatment—connected with the immense numbers of the suffering parties—render this desideratum actually the greatest under which these islands at present labour, in a sanatory point of view. These diseases are so numerous and multiform in appearance and effect, and present such an infinite variety in diagnosis, that it is hopeless to expect any approach to specific remedies from the uncertain results of individual and scattered practice.

Notwithstanding the laudable endeavours of the various British Authors who have written upon the subject—and the highest talent has not been wanting in this respect—still, of actual curative progress little or nothing has been achieved; and this, plainly, from the want of a theatre of action, where the operations and results of curative appliances might be ocularly tested, compared, and treasured up in the garner of experience. Hear Dr. WATSON on this subject:—"To become expert," says he "in the diagnosis of these blemishes, and in curing such of them as are curable by our art, you must see them with your own eyes. Verbal descriptions of their *changeful* characters are of comparatively little service or interest. They are among the things that require to be '*oculis subjecta fidelibus.*' Even pictured representations convey but an inadequate notion of the morbid appearances they are designed to pourtray. The lecturer on Skin Diseases should have patients before him to whose bodies he could point." The opinions of all practical men concur as to the soundness of these views. Writers may classify and sub-

classify, and arrange under genera and species, as the late Dr. WILLAN and his pupil, Dr. BATEMAN, have done, with consummate skill and unwearied industry; but wanting the means of reference to actual cases and personal observation and comparison, their efforts are thrown away, and the ravages of disease unabated.

Deeply impressed with these considerations, and anxious to afford an opportunity to all who may be desirous of co-operating with him in the advancement of this hitherto neglected department of medical science, Dr. INNIS has opened the above-named Dispensary at Hampstead Street, Fitzroy Square.

Hoping to see the day when we shall not be behind our French neighbours in the means of investigation afforded by the establishment of an ample institution exclusively dedicated to the treatment of Cutaneous Diseases, Dr. INNIS, in the meanwhile, earnestly invites all who feel interested in this important subject not to despise the "day of small things," but to unite with him at once in carrying out this infant Institution, which has for its immediate and special object the testing of the principles upon which our foregone practice has been based with the actual operations of nature under disease.

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Gratuitous Advice and Medicine to the Poor, afflicted with Skin Diseases, every Monday, Wednesday, and Friday, from Ten to One.

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*An Annual Subscriber of One Guinea is entitled to have always Two Patients under Treatment.*



RINGWORM.



*Jos. P. Hazzam.*

THE SKIN,

*Thos W. Sherr*

IN

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TREATING, IN A POPULAR FORM, ON THE PRESERVATION OF THE SKIN IN A  
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TO WHICH IT IS LIABLE.

With Cases and Coloured Explanatory Plates.

BY

THOMAS INNIS, M.D.,

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COMPANY'S SERVICE; PHYSICIAN TO THE DISPENSARY FOR SKIN DISEASES,  
HAMPSHIRE STREET, FITZROY SQUARE.

"Ars medica est tota in observationibus."

HAGLIVI.

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## P R E F A C E .

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My object in preparing the following brief Manual for public consideration has not been the addition of any new doctrines or discoveries in relation to a subject which has been of late years so widely discussed, and whose paramount importance is at length beginning to impress the general mind. I have sought rather to supply, in a condensed form, and, as far as it is possible to do so in treating of such a topic, in a popular manner, just so much plain and simple information as may be found really and practically useful. Let me hope, therefore, that those of my fellow-labourers in the same department of medical science who shall do me the honour to glance at this unpretending volume, will excuse me that I have not thought proper to review or recapitulate all or indeed anything that has been discovered and recorded by the great authorities upon this