

**A DIABETIC MANUAL FOR
THE MUTUAL USE OF
DOCTOR AND PATIENT**

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A Diabetic Manual for the Mutual Use of Doctor and Patient by Elliott P. Joslin

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ELLIOTT P. JOSLIN

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MUTUAL USE OF DOCTOR AND PATIENT

BY

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IN BOSTON; FORMERLY LIEUTENANT-COLONEL, M. C.,
U. S. ARMY

Illustrated

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TO
HELP MAKE THE HOME
SAFE FOR THE
DIABETIC
IS THE OBJECT OF
THIS BOOK.



PREFACE TO THE SECOND EDITION.

THE first edition of this book was written just prior to the entrance of the writer into the army and was reprinted before his discharge. Though compiled under unfavorable conditions it evidently met a need. However, the treatment of diabetes is improving and to keep pace with the advance this edition has been prepared. The Manual has been thoroughly revised, condensed and simplified, with the renewed purpose to make it serve as a text-book for the physician to use in the education of his patients. The growing number is already too great to permit of adequate treatment without some such assistance. I still feel that for one diabetic patient who learns too much about the disease, there are unquestionably ninety-nine who know too little. Those of my patients who are the most intelligent and those who understand the disease the best live the longest.

There is no satisfaction in treating ignorant diabetics. The possibility exists of bringing the knowledge of each one up to such a point that he will not only coöperate, but be able to ask questions which are both stimulating and searching. In this way we physicians will be forced to forge ahead.

I wish the faithful laboratory workers in our medical schools could have the pleasure of watching a diabetic patient improve. They have done so much to help the diabetic and yet they miss the enjoyment of seeing what is being accomplished. It is from the scientific investigations

in laboratories that new discoveries for diabetics will come. Patients, and practising physicians as well, should realize their opportunity of helping themselves by fostering laboratory research upon diabetes.

To the many friends who have given suggestions, to that one rare friend who offered criticisms, to my assistant Dr. Albert A. Hornor and to my secretary, Miss Anna Holt, I am most grateful.

ELLIOTT P. JOSLIN.

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