OUR UNCONSCIOUS MIND, AND HOW TO USE IT

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Our Unconscious Mind, and How to Use It by Frederick Pierce

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To an Unfailing Friend
To an Inspiring Love
To an Unfaltering Trust
and
To Human Service

THIS BOOK IS REVERENTLY DEDICATED

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FOREWORD

THE form of this book has been determined by a considerable body of those who will read it, for it is arranged to meet the need, so many times expressed in my lecture audiences, of a simple and practical treatment of the subject that should be written in terms comprehensible to the layman. Terminology, the jargon of a science, is invented by scientists for purposes of convenience and accuracy; but in recent psychological research the progress has been so rapid and the lines of development so diversified that there has not yet been time for crystallization of descriptive terms, with the result that even among psychologists themselves there is not yet an effective agreement. Tansley's use of the word "complex," for example, is in a far different sense from that of the psychoanalytic school; and there is wide divergence of meaning among various writers who use the term "libido," few of them giving it exclusively the sense in which it was originally used by Jung. To discard technical language entirely, in the preparation of this work, was well-nigh out of the question; but I have tried to use it as little as possible and wherever its use was compulsory I have tried to define my meaning so that it should be both clear and accurately stated.