

**BOY TRAINING; AN
INTERPRETATION OF THE
PRINCIPLES THAT UNDERLIE
SYMMETRICAL BOY
DEVELOPMENT**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649287369

Boy training; an interpretation of the principles that underlie symmetrical boy development by
John L. Alexander

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

JOHN L. ALEXANDER

**BOY TRAINING; AN
INTERPRETATION OF THE
PRINCIPLES THAT UNDERLIE
SYMMETRICAL
BOY DEVELOPMENT**

BOY TRAINING

An Interpretation of the Principles
that Underlie Symmetrical
Boy Development

EDITED BY
JOHN L. ALEXANDER

INTRODUCTION BY
ERNEST THOMPSON SETON
CHIEF SCOUT, BOY SCOUTS OF AMERICA



ASSOCIATION PRESS

NEW YORK

124 EAST 28TH STREET

London, 47 Paternoster Row, E. C.

1915



HQ
775
A6
1915

COPYRIGHT, 1911, BY
THE INTERNATIONAL COMMITTEE OF YOUNG MEN'S
CHRISTIAN ASSOCIATIONS

[Boy life series]



818328

CONTENTS

	PAGE
Introduction—Ernest Thompson Seton, Naturalist and Writer, Chief Scout, Boy Scouts of America, Founder Woodcraft Indians	ix
Foreword—John L. Alexander, Secretary, Boy Scouts of America, Editor	xv
I. The Problem of Boyhood—John L. Alexander	3
II. Adolescent Boyhood:	
Adolescence—William Burdick, M. D., Secretary, Public Athletic League, Baltimore	11
Physiological Grouping of Boys—C. Ward Crampton, M. D., Director of Physical Training, Board of Education, New York City	23
III. The Influence of Home, School, Church and Leisure in a Boy's Development:	
The Boy's Home Relationships—	

	PAGE
Professor G. Walter Fiske, D. D., Junior Dean, Oberlin Theological Seminary . . .	87
An Ideal Standard for American School Life—David R. Porter, Secretary of the International Committee Young Men's Chris- tian Associations for Prepara- tory and High Schools . . .	55
The Boy's Relation to the Church —Allen A. Stockdale, Pastor, Union Congregational Church, Boston	73
The Relation of the Boy's Leisure to Character Development— Lee F. Hanmer, Associate Di- rector, Department of Child Hygiene, Russell Sage Founda- tion	79
IV. The Fourfold Normal Development of Boyhood:	
Instruction Regarding Sex—Win- field S. Hall, M. D., Professor of Physiology, Northwestern University Medical School,	

CONTENTS

vii

	PAGE
formerly Medical Examiner and Director of Physical Edu- cation, William Penn Charter School	89
The Mental Training of Boys— Edward L. Wertheim, Director Educational Department, West Side Young Men's Christian Association, New York City .	96
The Social Life of the Adoles- cent Boy—John L. Alexander	103
The Adolescent Boy's Religion— Charles W. Gilkey, Pastor, Hyde Park Baptist Church, Chicago	110
Making the Bible Real to the Boy—Theodore Gerald Soares, Ph. D., D. D., Professor of Religious Education, Chicago University	117
The Boy and Bible Study—Fred S. Goodman, International Committee Young Men's Chris- tian Associations, Religious Work Secretary	141

	PAGE
V. Organizations Supplementary to the Home, School and Church in a Boy's Development—John L. Alexander	157
VI. The Goal of Adolescence—Edgar M. Robinson, International Committee Young Men's Chris- tian Associations, Boys' Work Secretary	183
VII. Looking Forward—John L. Alex- ander	197
Bibliography	199

INTRODUCTION

TRAINING BOYS

There was a time when men were willing to keep on doctoring the sick without attempting to abolish the pest-hole whence all the sickness came. A familiar example was the constant drugging for malaria, until in a quite recent day they learned to *drain the ponds* where the malaria was bred; another—for years they vainly invented elaborate treatments for the ever-increasing victims of yellow fever; now we cut off the plague by a simple quarantine. In a word, the modern method is *prevent* not *cure*—innocence is better than repentance.

This was put in practice among matters physical long before it was generally adopted as a method for the treatment of crime.

All authorities today admit that the boys of fundamentally criminal instincts are rare, and 99 per cent of those that go wrong, need not have done so, had we applied the simple laws of medical science. The prac-