

**HOW TO CONTROL FATE
THROUGH
SUGGESTION: A LESSON
IN SOUL CULTURE**

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How to Control Fate Through Suggestion: A Lesson in Soul Culture by Henry Harrison Brown

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*A Lesson in
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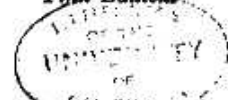
HENRY HARRISON BROWN,

Author of "How to Control Fate through Suggestion," "Man's Greatest Discovery," etc., and Editor of *NOW*.

In the Will work and thou shalt chain the wheel of
Chance—*Emerson*.

Was somebody asking to see the Soul?
See! Your own shape and countenance.
—*Walt Whitman*.

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THEE TO HEALTH, PROSPERITY, AND
HAPPINESS : : : : : :

*W. H. R.
1916*

TO HIM
WHOSE LOVE AND HELPFULNESS
MADE NOW POSSIBLE.

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INTRODUCTION.

Some of the matter of these Essays has appeared in various journals and more especially in the *Suggester and Thinker*. It is here collected, revised, extended, improved, and put into a permanent shape for study. In its previous form, it attracted considerable attention and won much appreciation.

This volume contains the most important knowledge man can possess, i. e., knowledge of the Power to control his own Destiny. In his own life and that of many others, the author has seen the demonstration of this Power. The reader has but to follow the instructions herein laid down to reach that condition of realization which Jesus knew when he affirmed: "I and my Father are ONE."

The way is easy. Its principle is Truth. Its incentive is Love. Its result is Life "more abundantly." That there may be understanding, in Part I. the philosophy of Unity has been elucidated and verified by the Law of Vibration.

That this Principle of Unity and the Law of Vibration may be applied to daily thinking and living, in Part II the Principle of Suggestion is unfolded. This is an ever-present and an ever-active Principle. He who accepts, understands and applies it, attains mastery over all conditions. This principle is the basis of the many metaphysical movements of the day and, when intelligently obeyed, gives one all the power that any "healer" possesses.

That the reader may attain this power, methods of thinking and affirming are scattered through these pages. At the close, are affirmations for practice that all may, through a trained Will, learn "The Art of

Living." The end and aim of the book is to help the reader to Self-Control. No perception of Truth ever gave man such Power as does this of Self-Suggestion, or, as we will term it, AFFIRMATION. It is the discovery that Thought is Force and that man can control, in its objective expression, this Infinite Sub-Conscious Life, which is the Real Man—the Ego—and thus control Fate.

All the mystery of the ancient and modern schools is cleared away from the subject and all the misconceptions of theology are avoided. As Darwin investigated, and as Spencer reasoned, upon objective phenomena, the effects, so have I tried to investigate and reason upon the Cause, the Subjective man.

The Spirit that has inspired me is that of the Affirmation, ALL IS GOOD. I have tried to let it manifest in me under that New Commandment, "That ye love one another."

SAN FRANCISCO, CAL., NOV. 1, 1901.

PART I

The Science and Philosophy of Life.

Unity. Unity of nature is now the basic thought in science and in the new Philosophy. The ancient and child-man thought duality. This conception, which from earliest times has dominated the conceptions of man, has passed from the mind of the present thinker. With it must pass all the old conceptions of man and nature. With these conceptions, must also ultimately pass the customs, laws and theologies based upon the unscientific, primitive conception of nature as duality.

This conception of unity, as opposed to that of duality, is destined by evolution to work a revolution whose import it is now impossible to over-estimate.

Half Science. Our science has not been half science, even since Darwin and Spencer gave it the key to all the knowledge which comes to the soul from the external consciousness by observation and reasoning. Darwin gave man his first true conception of the world without himself. The survival, in greater or less degree, of the idea of dualism in the scientific mind and in philosophic speculation, has so colored investigation that constantly there has arisen from it the idea of limitation, division, antagonism, contest, struggle, etc. This conception of duality has either been present or has been introduced as explanation in much scientific reasoning and, in the most independent minds, it has at least been recognized as a fact of nature. This conception is so false that the New and Coming Philosophy will bear the same relation to the old as the child does to the man.

Revolution. It is safe to say that this conception of an all-pervading Unity is destined to work a change in thought and life greater than that wrought by Copernicus when he "changed the front of the universe," or by Jesus, when he lifted philosophy from Force to Love. Darwin and his co-workers not only threw miracle and supernatural into law, but they did more; they destroyed duality and, though this thought has been constantly permeating the common mind, it has been overlooked by philosophers. But common sense has joined unconsciously with the demonstrations of science and made mind and matter into one unity. The result of this can be only dimly foreseen. But this I prophesy:—in future, man will look within himself and not without, as now, for knowledge and direction—will find the universe in himself and not, as now, himself in the universe. This is the greatest change of front man has ever made. It is revolution, but until he makes it he is neither true nor free.

Tendency of Thought. This tendency of thought is seen in every new work in philosophy and in every new deduction of science. Few are there who dare to follow out to the end logical conclusions, or are free to give to the world the clearest light of their reasoning. Professor W. J. Powell, of the government ethnological bureau, has recently published a work which is destined to rank high in the future for its insight and its reasoning on the Oneness of nature. Professor McGee, in reviewing the book in *The Forum*, says of Prof. Powell: "Accepting the observed unity of matter and motion, Powell is able to escape that besetting dualism that has clung to the human mind ever since the sylvan savage first noticed front and rear, this side and that side." "This observed unity" is the basis of reasoning and of life in Soul Culture. Soul Culture is, therefore, that coming thing which is neither religion nor science,