

**MEMOIRS OF A STOMACH;  
WRITTEN BY HIMSELF, THAT ALL  
WHO EAT MAY READ; WITH  
NOTES, CRITICAL AND  
EXPLANATORY**

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Memoirs of a Stomach; Written by Himself, That All Who Eat May Read; With Notes, Critical and Explanatory by Sydney Whiting

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**SYDNEY WHITING**

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**MEMOIRS OF A STOMACH.**

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MEMOIRS  
OF  
A STOMACH.

WRITTEN BY HIMSELF,

THAT ALL WHO EAT MAY READ.

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With Notes, Critical and Explanatory,

BY

A MINISTER OF THE INTERIOR.

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*6. Sidney Webster*  
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## INTRODUCTION.

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My duties in editing the following pages have been of a very simple nature, consisting principally of weeding out many expressions of bitterness and heart-burning in which my friend, Mr. Stomach, too often indulges ; and also in throwing what little light I was able upon passages and remarks obscure or questionable. This part of my task, I admit, has required some degree of industry and care. It will not fail to be observed that our author is of a sensitive nature, and by no means possessed of a strong constitution ; indeed, had it been otherwise, these pages would



never have been written. A patient only seeks medical advice when he is ailing; and a stomach only proffers his experience when he feels that it may be of use to others of a like delicate temperament with himself.

His humour, his satire, and his philosophy will not fail to be appreciated. I only trust my humble task has been performed with justice to my friend, the public, and myself; and I can only express the wish, that the following very curious memoirs (considering their authorship) had been intrusted to the supervision of others more competent to the task, than to him who for a brief period has accepted the office of

MINISTER OF THE INTERIOR.

## AUTHOR'S PREFACE.

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BY what manual agency I wrote the subjoined pages no one has a right to inquire;<sup>1</sup> but as far as intellectual faculties are concerned, I consider I hold a superior position to my helpmate Mr. Brain;<sup>2</sup> for, while I reside in the drawing-room floor, he lives in the attics. Moreover, if he separated the good from the bad, and digested all matters which he receives as

<sup>1</sup> It is to be presumed that all information obtained by our author on subjects distinct from his own personal experience, has been derived from the conversation of the individual he inhabits; and who, we are hereafter informed, was addicted to literary avocations.

<sup>2</sup> This boast is excusable. Van Helmont placed the seat of *understanding* in the stomach, of *volition* in the heart, and of *memory* in the brain!

thoroughly as I do, he would have a greater right to look down upon me than he has at present.

The depreciation of another's powers of mind, is the usual and proper beginning to books in general; and though I am accustomed to introductions of all kinds, I will here content myself with this one.

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