

**ONE THOUSAND
MEDICAL MAXIMS
AND SURGICAL HINTS**

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One Thousand Medical Maxims and Surgical Hints by N. E. Davies

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I. INFANCY *III. MIDDLE AGE*
II. ADULT LIFE *IV. OLD AGE*
V. MISCELLANEOUS

By N. E. DAVIES

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P R E F A C E .

THE idea of this little work owes its origin to a series of questions put to the writer by a non-professional man; it thus takes the form of answers to what may be best expressed as a Catechism: these being indexed, the numerous subjects treated can easily be referred to.

The daily life of a medical practitioner shows him more and more how few of those with whom he is constantly in contact in the sick-room and elsewhere, know anything of—what should be of vital importance—the laws that regulate health, and the most simple facts in medicine and surgery, the importance of diet, cleanliness, and ventilation, and some slight knowledge of the functions of the body in health and disease, and how many fall victims to illness, mutilation, and death, through this deplorable ignorance.

In this little work it would be impossible to enter into all details; but the hints given may, it is hoped, be the means of spreading some slight knowledge of the importance of the early symptoms and

causes of those diseases and accidents to which humanity is most commonly subject.

These 'Maxims' have been written by one who has been engaged for the last twenty years in every variety of work appertaining to medicine, surgery, and public health; and he has taken care to use, as seldom as possible, any medical terms not generally understood.

It must be added that for many of these 'Hints' the author is indebted to such great authorities as Sir James Paget, Professor Huxley, Erichsen, Kirkes, Tanner, Sir Thomas Watson, and others.

N. E. DAVIES.

Sherborne.

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MEDICAL SIGNS.

The following are the signs used by medical men in prescriptions:

Oj	or one pint.
ʒj	„ one ounce.
ʒj	„ one dram.
ʒj	„ one scruple.
ʒj	„ one minim (equal to 1 drop).
gr. j	„ one grain.
ss	„ { one half; ss, ʒss, half a dram; ʒjss, a dram and a half.
ʒss	„ 'of each substance.'

The quantities in prescriptions are usually written in Roman numerals (j, ij, iij, etc.).

APOTHECARIES' MEASURE.

WEIGHTS.

SIGN.

gr.	= 1 grain.
ʒ	= 1 scruple (= 20 grains).
ʒ	= 1 dram (= 3 scruples).
ʒ	= 1 ounce (= 8 drams).

MEASURES.

1 ℥	= min.
1 fluid dram	= fl. drm. = 60 minims.
1 fluid ounce	= fl. oz. = 8 fluid drams.
1 pint	= 0 = 20 fluid ounces.