THE GOSPEL IN ATHLETIC PHRASES

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The Gospel in Athletic Phrases by R. A. Waite

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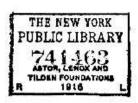
ATHLETIC PHRASES

R. A. WAITE, JR.

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CONTENTS.

	PAGE
I.	Last Down! Two Feet to Gain! 1
II.	Forty Love 5
III.	Scoring 9
IV.	Who Won? 18
v.	The Stroke
VI.	Training 21
VII.	Facing 25
VIII.	Bucking the Line 29
IX.	The Fan 83
X.	A Ringer 37
XI.	Knockers 41
XII.	Drifting 45
XIII.	Fore
XIV.	The Scrub 53
XV.	Three Balls and Two Strikes 57
XVI.	Shinny on Your Own-Sider
XVII.	Whose Scavec.,
XVIII.	Speed to Burp
XIX.	Stick to Your Man! 78
XX.	Follow the Ball! 77
XXI.	Sweep! Sweep!
XXII.	Quitters 85
XXIII.	A Sacrifice Hit 89
XXIV.	The Umpire 98
XXV.	The Goal 97

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PRELIMINARY COACHING.

As daily exercise is the source of power this course calls for some work each day with a weekly try-out. "Individual Coaching" attempts to give the main principle which the other six paragraphs are expected to explain. Not all the citations used can be found word for word in the Book of Instructions; they are often literal renderings and always legitimate translations. Helpful hints have been borrowed from too many sources for due credit to be given, though their use is an acknowledgment of their worth.

