

THE AMERICAN SALAD BOOK

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The American Salad Book by Maximilian De Loup

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MAXIMILIAN DE LOUP

**THE AMERICAN
SALAD BOOK**

The American Salad Book.

THE
American Salad Book

BY
MAXIMILIAN DE LOUP

*The most complete, original and useful collection of
salad recipes ever brought together*

SECOND EDITION
REVISED, WITH ADDITIONAL RECIPES



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1899

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P R E F A C E .

NO apology is needed for the publication of a good Salad book at this time, and it is hoped that this volume will meet the wants of the American people, in a practical, useful way. The recipes have been carefully collected from all parts of the world. After examination and test an enormous quantity have been rejected as being unfit or impossible for use on our tables. By far the best recipes are those that have originated in the United States and, almost without exception, they are alike inexpensive, elegant and healthful. Delicacy in food belongs to the higher civilization and those who have conquered the salad question are in a position to be envied. They can always add to the plainest dinner a desirable dish which will stimulate the fancy and give zest to the appetite of even the most fastidious.

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"To Search the Secrets of a Salad."