# NERVES AND THE WAR

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649171347

Nerves and the war by Annie Payson Call

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd. Cover @ 2017

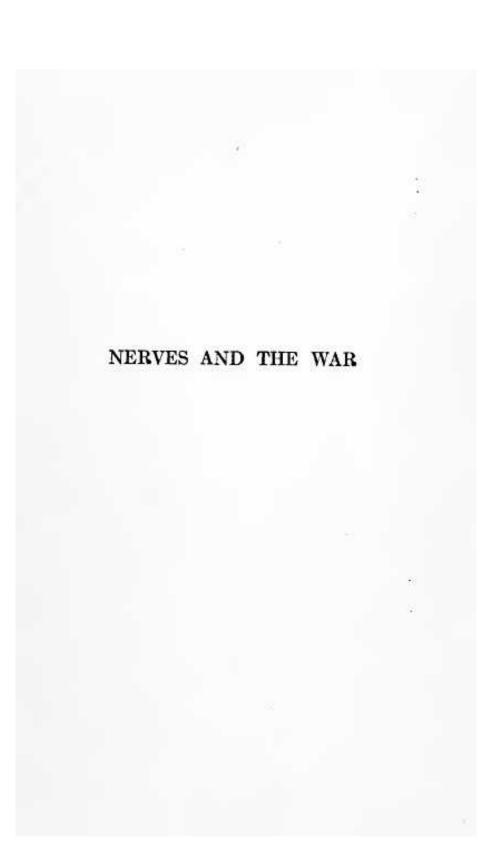
This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

## **ANNIE PAYSON CALL**

# NERVES AND THE WAR





# NERVES AND THE WAR

#### BY

### ANNIE PAYSON CALL

"To get a true idea of real non-resistance, we must begin by associating it with all the qualities that make for strength."

-ARTHUR A. CAREY, in "New Nerves for Old."



BOSTON LITTLE, BROWN, AND COMPANY 1918 Copyright, 1918, By Little, Brown, and Company

All rights reserved

# CONTENTS

CHA	PTER						PAGE
1	THE LAW	٠			( • )		1
2	"CONQUER BEGINNIN	rgs *					17
3	"THE OTHER MAN"		•				33
4	IN A HOSPITAL .		4	*	12:23		51
5	ABOUT SUFFERING						66
6	THE POWER OF CLE	ANNE	ess		•	٠	80
7	SHELL SHOCK .			2		٠	93
8	THE WILL TO USE T	не 1	BAYO	NET	0.00		123
Ω	DEATH AND DYING						137
10	COURAGE			•	•		152
	2000						
Гн	E HEART OF GOOD HE	CALT	н.	2			169



## NERVES AND THE WAR

#### CHAPTER 1

#### The Law

with the war. A man cannot move a finger without a nerve to take the message from the brain to the muscles; certainly he cannot fire a gun, or even aim it. And a man who cannot use his nerves as they should be used, to direct his muscles as they should be directed, is not equipped to the limit of his best possible power, either for fighting himself or for guiding and training other men to fight.

Not many men to-day are so equipped. True, we speak commonly of a man

### NERVES AND THE WAR

having "nerve." But if you say that a man has "nerve", the meaning is generally taken to be that a man has grit, has courage - sometimes that he has too much presumption in dealing with other men. Never, I take it, does it mean that he has permanent and well-balanced self-control, but only spurts of it, and that generally for a selfish end of his own. A man with socalled "nerve" will prove as weak as water if you know where to prick him. And often there comes in such a man's life a time and place where Fate, - if we may call it that, — does prick him, and then the man of "nerve" goes to pieces and has "nerves."

It seems a great pity that "nerves" should stand for what is unhealthy, unwholesome, and even at times degenerate. For "nerves" are the greatest blessing a man can have in this