THE PRACTICAL MEDICINE SERIES: VOLUME VII. SKIN AND VENEREAL DISEASES. SERIES 1920

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THE PRACTICAL MEDICINE SERIES: VOLUME VII. SKIN AND VENEREAL DISEASES. SERIES 1920



The

Practical Medicine Series

COMPRISING EIGHT VOLUMES ON THE YEAR'S PROGRESS IN MEDICINE AND SURGERY

Under the General Editorial Charge of

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Volume VII

Skin and Venereal Diseases

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6:

SKIN AND VENEREAL DISEASES

DERMATOSES.

PROGRESS IN DERMATOLOGY.

Protein Sensitization in Production of Skin Disease. After a critical review of the literature, Towle¹ says that protein sensitization is now an accepted fact. The theories as to its meaning and its mechanism differ and much that has been published concerning the process lacks confirmation. There is still much work to do in allied fields, such as the diatheses and the intoxications, before full use can be made of the new cult. In the meantime, while accepting the principles of the cutaneous food tests, interpretation must await fuller, better defined understanding of the process of protein sensitization before it can attain its greatest efficiency.

Protein Sensitization in Skin Diseases. A critical discussion of the various theories, a review of the literature and the results of the tests applied in a series of cases

appear in an article by Highman and Michael.2

Of the sixty-three positive reactions, thirty-seven were to vegetable and twenty-six to animal proteins. Reactions to more than one protein occurred in eleven of the twelve cases tested. Reactions to both vegetable and animal proteins occurred in ten cases. In one case only buckwheat was tried. Suprarenal extract was of benefit in eight cases; it was not employed in five and caused collapse in one.

The authors believe that urticaria and allied conditions, notably angioneurotic edema, are anaphylactic manifestations. Moreover, they believe the positive protein tests prove them to be anaphylactic. They believe that the protein food tests are of great value inasmuch as the tests indicate sensitization to a definite protein which, in treatment, is to be removed from the diet. One by one the various proteins should be given to the pa-

⁽¹⁾ Archiv. Dermat. and Syph., November, 1920. (2) Ibid.

tient. Those provoking recurrences should be permanently eliminated. Desensitization is to be practiced only with important foods and particularly in infants and children in whom the diet is necessarily restricted. No cures can be expected unless the abnormal digestive tract,

which is the avenue of sensitization, is treated.

Skin Reactions to Apothesine and Quinine. Idiosyncrasy of certain persons to drugs causing various skin rashes is of common occurrence, but the proof that an eruption is due to the ingestion of a drug is generally lacking. Mook⁸ has applied the well-known cutaneous tests in two cases, one of which was susceptible to apothesine, a local anesthetic, and the other to quinine, taken internally. The first patient was a dentist who had a subscute dermatitis of the index, second and third fingers of his left hand. The eruption on the index and second fingers chiefly involved the palmar surface of the last two joints, with a mild inflammation around the entire nail. The lesion was reddened, slightly scaly, crusted, with some oozing of serum, and showed a few small fissures. The eruption had been present five weeks. The patient was immediately informed that his eczema was due to some chemical that he was using in his work. Inquiry developed the fact that he was using apothesine as a local anesthetic. His method of procedure was to place a tablet in the barrel of a syringe, add water and then hasten solution by knocking the syringe on his third finger. The few drops lost on the fingers in this process were responsible for the eczema. He stopped work entirely and within one month the eczema was entirely well under local soothing preparations.

Mook prepared a 1 per cent, solution of apothesine and applied it to a small scarification on his right forearm with water controls, such as are applied in food sensitization tests. Within twelve hours a distinct wheal was produced at the site, ½ inch in diameter, and at the end of forty-eight hours the locally produced dermatitis reached its maximum. It consisted of a localized area of redness with edema, 4 cm. in diameter. As novocaine is said to be a drug similar to apothesine, the experiment was repeated after recovery from the apothesine, with a

⁽⁸⁾ Archiv. Dermat. and Syph., June, 1920.

similar clinical result, but not quite so marked a reaction.

A medical student who stated that he was susceptible to quinine was tested by Mook in a similar way. At the site of inoculation there was very marked reaction which lasted for more than twenty-four hours.

Another patient, a physician who always developed an erythema after an injection of arsphenamine, was tested by applying the solution to a small scarification on his forearm with negative results.

[We have seen a large number of cases of acute and chronic dermatitis in dentists produced by novacaine, and two cases which were produced by apothesine.—M.]

Acidosis in Skin Diseases. Last year attention was called to the work of Barbers on the etiology and treatment of seborrheic eruptions by the use of alkaline solutions. Barber's idea is that in all seborrheic eruptions there is an acidosis which leads, either directly or indirectly, to seborrheic eruptions. This year Sweitzer and Michelson⁵ give a review of their work, which was an attempt to confirm the results obtained by Barber. The clinical and chemical examinations of Barber and Semon led them to conclude that they had established two fundamental facts: (1) That the majority of patients with seborrheic manifestations show a remarkably increased alkali tolerance, many of them to an astounding degree; (2) that in nearly all cases active inflammatory processes cease and the eruption rapidly clears when the urine has been rendered alkaline. Barber and Semon did not examine the blood of their patients to determine whether there was a lowering of the alkali reserve because their investigation has been limited to chemical examinations of the urine.

In 1919, Schwartz, Levin and Mahnken reported the results of examinations of the blood to determine the alkali reserve in 139 cases of various skin diseases. They found that in 59.7 per cent. they were of normal value; in 35.9 per cent. there was a mild acidosis, while in 3.5 per cent. there was only a moderate acidosis. One patient had a severe acidosis, but the skin condition here was a

⁽⁴⁾ Practical Medicine Series, 1919, Vol. VII, p. 8. (5) Archiv. Dermat. and Syph., July, 1920.

complication of diabetes. In conversation, Rowntree, whose experience in acidosis studies is extensive, stated to Sweitzer that he had not encountered any particular skin manifestations in his work with patients suffering with acidosis, and the authors of this article conclude, therefore, that if the seborrheic state were a manifestation of acidosis it should be encountered with relative frequency by one who sees acidosis constantly, and in a large number of cases occurring in a variety of conditions.

In a series of cases Sweitzer and Michelson determined the alkali reserve and in cases in which there was a marked variation, or because of special indications, they did a complete metabolic study, including basal metabolism and thorough physical examination by an internist. This was done to rule out some other condition which might account for the acidosis present.

Barber and Semon point out that the exudative diathesis of infancy is often the forerunner of what they call a seborrheic diathesis in adult life. In the urine and blood chemistry studies of exudative cases they have not found any degree of acidosis; in fact, the reverse is the tendency. There is an increase in fluids and there is no acetone in the urine.

Sweitzer and Michelson were not able to find any literature on blood chemistry findings on patients with exudative diathesis. Inquiry among pediatricians disclosed the fact that in a large series of cases of acidosis observed, due to a variety of causes, no cases of infantile eczema or seborrheic dermatitis were encountered. In the studies of these authors they were unable to establish the existence of a seborrheic state or seborrheic diathesis. They have found no consistent change in the alkali reserve, and have not found even a mild acidosis which could not be accounted for. The alkaline therapy in their hands has not been successful. They have obtained better results by placing the patient on a fat-free diet and using the ordinary well-known lotions and ointments.

Universal Exfoliative Dermatitis from Sodium Cacodylate. A case of universal exfoliative dermatitis due to sodium cacodylate and resembling the exfoliative dermatitis which occurs after the use of arsphenamine