

**PLAIN DIRECTIONS  
FOR DEALING WITH  
AN INSANE PATIENT**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649279302

Plain Directions for Dealing with an Insane Patient by J. M. Winn

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.  
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

[www.triestepublishing.com](http://www.triestepublishing.com)

**J. M. WINN**

**PLAIN DIRECTIONS  
FOR DEALING WITH  
AN INSANE PATIENT**



PLAIN DIRECTIONS  
FOR  
DEALING WITH AN INSANE  
PATIENT.

BY

J. M. WINN, M.D., M.R.C.P., &c.,

*Senior Physician to the St. George's and St. James's Dispensary; late  
Medical Superintendent of Suasez House Lunatic Asylum, &c.*



LONDON:  
ROBERT HARDWICKE, 192, PICCADILLY, W.

1872.

ROBERT HARDWICKE, PRINTER, 102, PICCADILLY, LONDON.

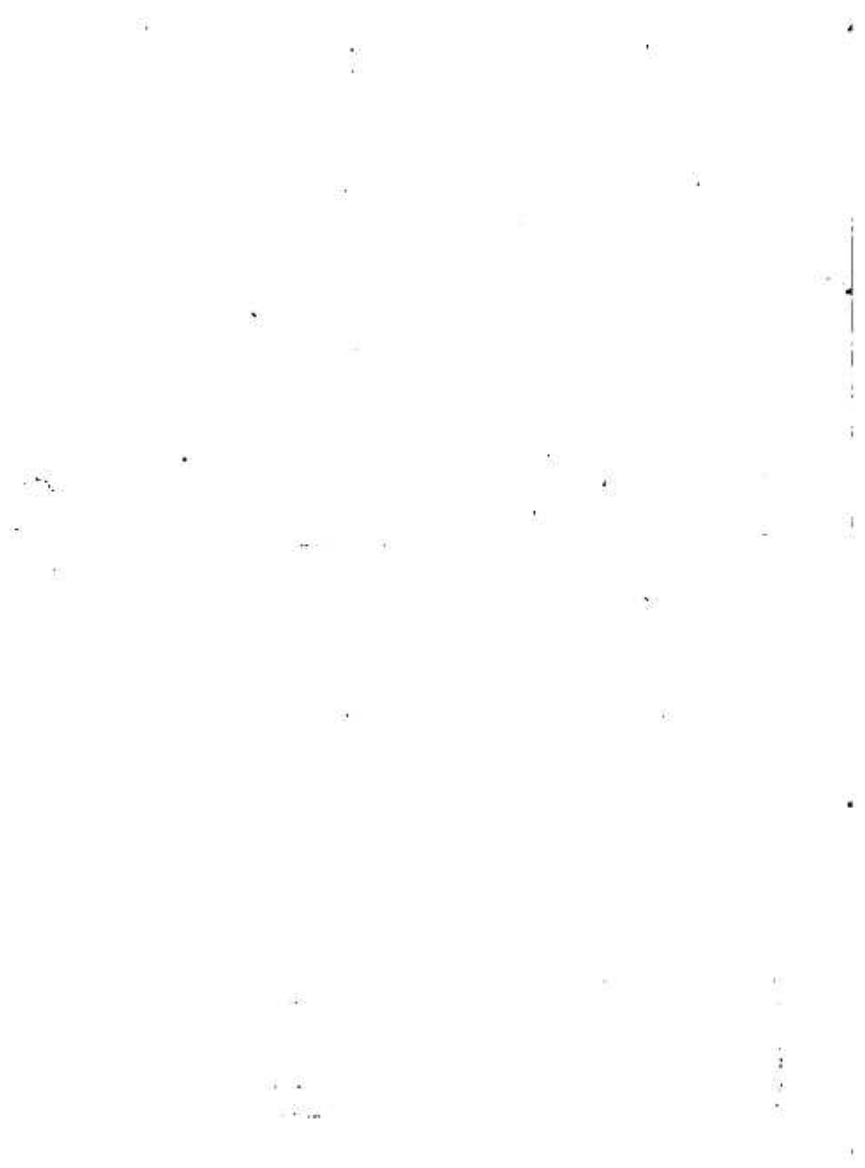
## P R E F A C E

---

A FEW plain directions for dealing with an insane patient have been long felt as a desideratum by medical men who have not been specially engaged in the treatment of Insanity. In the course of my practice, I have over and over again been consulted as to the *immediate* steps to be taken for the safety and treatment of patients suffering from mental disease; and I was induced eighteen months ago, to commence this hand-book chiefly at the suggestion of a professional friend in large practice, who had himself experienced the want of such a guide. I may therefore hope that it may be found of use to those who cannot find time to analyse the Lunacy Acts, or consult elaborate treatises on Psychological Medicine.

31, HABLEY STREET,  
CAVENDISH SQUARE.

January, 1872.





## CONTENTS.

—:O:—

	PAGE.
First steps to be taken ... ..	7
General Instructions for filling up Legal Forms ... ..	10
Examination of the Patient ... ..	18
Particular Instructions for filling up the Medical Certificates .	22
The Law concerning the custody of a Single Patient ...	26
Transfer of Patients ... ..	31
Escape of a Patient ... ..	32
Correspondence of Patients ... ..	32
Boarders in Asylums ... ..	33
Chancery Patients ... ..	34
Pauper Lunatics ... ..	35
Classification of Insanity ... ..	37
Marriage with reference to Insanity ... ..	38

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

PLAIN DIRECTIONS  
FOR  
DEALING WITH AN INSANE PATIENT.

---

FIRST STEPS TO BE TAKEN.

When it has been decided that a patient is insane, the question arises, "What is the first step to be taken?" If the patient be dangerous to himself or to others, he must be placed under restraint. Experienced attendants should be immediately provided, who are generally to be obtained by application to a lunatic asylum, or from some of the Institutions for trained nurses and attendants. In the meantime, the windows must be securely fastened with screws; the fire protected by a strong wire guard; the fire-irons, and the cords of the window-blinds, as well as every article with which the patient might injure himself, should be removed from the room. His pockets should be searched, lest he should have concealed a knife or any dangerous weapon. It is necessary to take away his garters, handkerchief, necktie, and every portion of his dress with which he might strangle himself. His food must be cut up before it is brought into his room, or given in a liquid form. Glass utensils should be avoided, and the patient must never be left even for a moment alone.