

**PROGRESSIVE SPONDYLOTHERAPY,
1913; A SUMMARY OF NEW CLINICO-
PHYSIOLOGIC AND REFLEXOLOGIC
DATA. WITH AN APPENDIX ON THE
PHYSIOLOGICAL PHYSICS OF THE
VARIOUS FORMS OF FORCE**

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Progressive Spondylotherapy, 1913; A Summary of New Clinico-Physiologic and Reflexologic Data. With an Appendix on the Physiological Physics of the Various Forms of Force by Albert Abrams

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ALBERT ABRAMS

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A SUMMARY OF NEW
CLINICO-PHYSIOLOGIC AND
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WITH AN APPENDIX
ON THE PHYSIOLOGICAL PHYSICS OF THE VARIOUS
FORMS OF FORCE

BY

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ASSOCIATION

REPRESENTING THE ADDITIONAL SUBJECT-MATTER
INCLUDED IN THE FIFTH EDITION
OF SPONDYLOTHERAPY

(PHYSIO-THERAPY OF THE SPINE BASED ON A STUDY OF CLINICAL PHYSIOLOGY)

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1913



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1913

TO
SIR JAMES BARR, M.D., LL.D., F.R.S.E.,
CONSULTING PHYSICIAN, THE ROYAL INFIRMARY, LIVERPOOL, AND
PRESIDENT OF THE BRITISH MEDICAL ASSOCIATION
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PREFACE

THE first edition of *Spondylotherapy* was published in 1910 and since that time four editions of the work have been issued. To avoid the necessity of a new edition, which has become imperative, this volume is designed to substitute the latter. The subject-matter of the appendix is an attempt to further rationalize physiotherapy and to remove the stigma still associated in the minds of many with this almost empirical method of therapeutics. When Spondylotherapy was first published, many statements seemed incredible and only the *cognoscenti* could interpret its true significance. Spondylotherapy or reflexotherapy, was equally an attempt to rationalize crude methods practiced by the Japanese under the name *Kuatsu*, and by the Chinese as *Tcha-Tchin*.

Commenting on the latter the Abbé Grosier, at the end of the 18th century observed, "*L'efficacité de ce traitement, est prouvée par des guérisons sans nombre et qui semblent surnaturelles.*"

The data in the appendix appear equally incredible but truth is established neither by convictions nor theorization. The maneuvers suggested by the author are simple and easily executed and judgment should be reserved until they have been tried. The term force in the appendix is employed in its popular sense. Atomic energy like matter, in accordance with the law of the Conservation of Energy, is indestructible and uncreatable and must be regarded as a separate entity. Energy before association with the position of one body in reference to another is potential in contrast with kinetic energy or the energy of motion.

The fact that I have solicited physiology to contribute its share in clarifying some problems should occasion no surprise.

The laws of physical science are universal and apply equally to living organisms and so-called inanimate things.

This iatrophysical conception demonstrates the trend of unifying the various forms of force under one great principle.

A. A.

246 POWELL ST.,
SAN FRANCISCO, CAL.,
APRIL, 1913.

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