

**THE SCIENCE OF BEING  
AND CHRISTIAN HEALING:  
TWELVE LESSONS**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649094264

The science of being and Christian healing: twelve lessons by Charles Fillmore

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.  
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

[www.triestepublishing.com](http://www.triestepublishing.com)

**CHARLES FILLMORE**

**THE SCIENCE OF BEING  
AND CHRISTIAN HEALING:  
TWELVE LESSONS**



THE  
SCIENCE OF BEING  
AND  
CHRISTIAN HEALING

TWELVE LESSONS

BY  
CHARLES FILLMORE

THIRD EDITION REVISED

---

UNITY TRACT SOCIETY,  
UNITY BUILDING, 913-917 TRACY AVENUE,  
KANSAS CITY, MO.  
1912



## P R E F A C E

These are not simply lectures, but lessons to be applied as one applies mathematical rules—not to be merely read, but *studied*. When a suggestion is made to "hold a thought," or affirm or deny a certain proposition, the student should stop reading and, both audibly and mentally, do as bid. This will set up new thought-currents in mind and body, and make way for the spiritual illumination which will follow in all who are faithful.

The Statements following each lesson should be used for mental discipline. Write these Statements down, and apply them daily while studying the lesson to which they correspond. Any one can do mind healing who will use the simple rules of denials and affirmations here set forth. If you wish to heal another, hold him in mind and mentally repeat the denials and affirmations, which will raise the consciousness to Spiritual Reality, where all healing power originates. If you wish to heal yourself, talk to your mentality and body as you would to a patient.





## LESSON ONE

---

### THE TRUE CHARACTER OF BEING



HERE is a spirit in man: and the inspiration of the Almighty giveth him understanding." The Science which is here set forth is founded upon Spirit, but it is none the less scientific because it does not conform to intellectual standards. The facts of Spirit are of a spiritual character, and, when understood in their right relation, are orderly, which is the test of true science.

The lawful truths of Spirit are more scientific than the constantly shifting intellectual standards. The only real science is the Science of Spirit. It never changes. It is universally accepted by all who are in the Spirit, but it is necessary to be "in the Spirit" before it can be understood. The mind of the Spirit must become active in those who would grasp the orderly Science of Being which these Lessons proclaim.

It is not absolutely necessary that the spiritual part of man's nature be active in the beginning of his study of this science: the primal object of the lessons is to quicken this realm of consciousness, and bring about the "inspiration of the Almighty" that gives understanding.

So let it be understood that we are teaching the

Science of Spirit, and that those who are receptive will be inspired to spiritual consciousness. This is not a difficult matter, this inspiration of the Spirit spoken of in Job. We are all inspired by the Spirit in certain states of consciousness. The understanding of the laws governing the realm of Spirit will make it possible to attain this consciousness and receive this inspiration, whenever the requirements are met.

The starting point in this realization is a right understanding of that One designated as the Almighty. It is strictly logical and scientific to assume that man comes forth from this One, who is named variously, but who all agree is the origin of everything. Since man is the offspring of the Almighty he must have the character of his Parent. If the earthly child resembles its parents, how much more so should the heavenly child. This truth does away with the oft-proclaimed presumption that it is impossible for the finite to understand the Infinite. God must be in his universe as an everywhere-intelligent power, or it would fall to pieces. God is in the universe as its constant inspiration; hence, it is only necessary to find the point of contact in order to understand that One in whom we all "live, move, and have our being."

Logic is a fundamental constituent of man's being, and all minds acquiesce in statements of logical sequence. We all see the relation and unity of cause and effect, mentally stated, but because the realm of forms does not carry out our premise, we fall away from the true standards and try to convince ourselves that our logic is some-

how defective. The one important thing the student of spiritual science must learn is to trust the logic of the mind. If appearances are out of harmony with your mental premise, do not let them unseat your logic. "Judge not according to the appearance, but judge righteous judgment." You would not take the mixed figures of a child working a problem in mathematics as an example of the trueness of the principle; nor could you detect the error in the problem unless you were somewhat familiar with the rules of mathematics. Mental propositions are the standards and governing principles in all the sciences used by man. In the science of creation the same rule holds good. You may rest in the assurance that the principles which you mentally perceive as true of God are inviolate, and if there seems to be error in this outworking it is because of some misapplication on the part of the demonstrator. By holding to the principle, and insisting upon its accuracy, you open the way to a fuller understanding of it, and to the cause of the errors in the demonstration.

Then, if you have been in confusion mentally in the contemplation of a good God and an evil world, and have in consequence gotten into skeptical ways, the only true remedy is to stand by the pure reason of your spiritual perception and let it clear up the proposition for you. Dismiss all prejudices based upon the mixed perception, and make your mind receptive to the clearer understanding, which will surely appear when you have