

# **THE JOYFUL HEART**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649620258

The Joyful Heart by Robert Haven Schauffler

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Cover @ 2017

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**ROBERT HAVEN SCHAUFFLER**

**THE  
JOYFUL HEART**



**By Robert Daben Schanler**

THE JOYFUL HEART.  
SCUM O' THE EARTH AND OTHER POEMS.  
THE MUSICAL AMATEUR.

HOUGHTON MIFFLIN COMPANY  
BOSTON AND New York

**THE JOYFUL HEART**

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# THE JOYFUL HEART

BY

ROBERT HAVEN SCHAUFFLER

AUTHOR OF THE MUSICAL AMATEUR, SCUM O' THE EARTH  
AND OTHER POEMS, ROMANTIC AMERICA, ETC.

"People who are nobly happy constitute  
the power, the beauty and the foundation  
of the state."

JEAN FINOT: *The Science of Happiness.*



NEW YORK  
PUBLIC  
LIBRARY

BOSTON AND NEW YORK  
HOUGHTON MIFFLIN COMPANY

*The Riverside Press Cambridge*

1914

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TO  
MY WIFE

NEW YORK  
PUBLIC  
LIBRARY



## FOREWORD

**T**HIS is a guide-book to joy. It is for the use of the sad, the bored, the tired, anxious, disheartened and disappointed. It is for the use of all those whose cup of vitality is not brimming over.

The world has not yet seen enough of joy. It bears the reputation of an elusive sprite with finger always at lip bidding farewell. In certain dark periods, especially in times of international warfare, it threatens to vanish altogether from the earth. It is then the first duty of all peaceful folk to find and hold fast to joy, keeping it in trust for their embattled brothers.

Even if this were not their duty as citizens of the world, it would be their duty as patriots. For Jean Finot is right in declaring that "people who are nobly happy constitute the power, the beauty and the foundation of the state."

## FOREWORD

This book is a manual of enthusiasm — the power which drives the world — and of those kinds of exuberance (physical, mental and spiritual) which can make every moment of every life worth living. It aims to show how to get the most joy not only from traveling hopefully toward one's goal, but also from the goal itself on arrival there. It urges sound business methods in conducting that supreme business, the investment of one's vitality.

It would show how one may find happiness all alone with his better self, his 'Auto-Comrade' — an accomplishment well-nigh lost in this crowded age. It would show how the gospel of exuberance, by offering the joys of hitherto unsuspected power to the artist and his audience, bids fair to lift the arts again to the lofty level of the Periclean age. It would show the so-called "common" man or woman how to develop that creative sympathy which may make him a 'master by proxy,' and thus let him know the conscious happiness of playing an essential part in the creation of works

## FOREWORD

of genius. In short, the book tries to show how the cup of joy may not only be kept full for one's personal use, but may also be made hospitably to brim over for others.

To the *Atlantic Monthly* thanks are due for permission to reprint chapters I, III and IV; to the *North American Review*, for chapter VIII; and to the *Century*, for chapters V, VI, IX and X.

R. H. S.

GREENBUSH, MASS.  
August, 1914.