

**THE HOME MEDICAL LIBRARY. IN SIX
VOLUMES. VOLUME II: THE EYE AND
EAR, THE NOSE,
THROAT AND LUNGS, SKIN DISEASES
TUMORS, RHEUMATISM HEADACHE,
SEXUAL HYGIENE. INSANITY**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649606252

The Home Medical Library. In Six Volumes. Volume II: The Eye and Ear, the Nose, Throat and Lungs, Skin Diseases Tumors, Rheumatism Headache, Sexual Hygiene. Insanity by Kenelm Winslow & Albert Warren Ferris

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

KENELM WINSLOW & ALBERT WARREN FERRIS

**THE HOME MEDICAL LIBRARY. IN SIX
VOLUMES. VOLUME II: THE EYE AND
EAR, THE NOSE,
THROAT AND LUNGS, SKIN DISEASES
TUMORS, RHEUMATISM HEADACHE,
SEXUAL HYGIENE. INSANITY**

*The Home Medical
Library*

The Home Medical Library

By

KENELM WINSLOW, B.A.S., M.D.

Formerly Assistant Professor Comparative Therapeutics, Harvard University; Late Surgeon to the Newton Hospital; Fellow of the Massachusetts Medical Society, etc.

With the Coöperation of Many Medical
Advising Editors and Special Contributors

IN SIX VOLUMES

*First Aid :: Family Medicines :: Nose, Throat, Lungs,
Eye, and Ear :: Stomach and Bowels :: Tumors and
Skin Diseases :: Rheumatism :: Germ Diseases
Nervous Diseases :: Insanity :: Sexual Hygiene
Woman and Child :: Heart, Blood, and Digestion :: Personal Hygiene :: Indoor Exercise
Diet and Conduct for Long Life :: Practical Kitchen Science :: Nervousness
and Outdoor Life :: Nurse and Patient :: Camping Comfort :: Sanitation of the Household :: Pure
Water Supply :: Pure Food
Stable and Kennel*

NEW YORK

The Review of Reviews Company

1907

Medical Advising Editors

Managing Editor

ALBERT WARREN FERRIS, A.M., M.D.

Former Assistant in Neurology, Columbia University; Former Chairman, Section on Neurology and Psychiatry, New York Academy of Medicine; Assistant in Medicine, University and Bellevue Hospital Medical College; Medical Editor, New International Encyclopedia.

Nervous Diseases

CHARLES E. ATWOOD, M.D.

Assistant in Neurology, Columbia University; Former Physician, Utica State Hospital and Bloomingdale Hospital for Insane Patients; Former Clinical Assistant to Sir William Gowers, National Hospital, London.

Pregnancy

RUSSELL BELLAMY, M.D.

Assistant in Obstetrics and Gynecology, Cornell University Medical College Dispensary; Captain and Assistant Surgeon (in charge), Squadron A, New York Cavalry; Assistant in Surgery, New York Polyclinic.

Germ Diseases

HERMANN MICHAEL BIGGS, M.D.

General Medical Officer and Director of Bacteriological Laboratories, New York City Department of Health; Professor of Clinical Medicine in University and Bellevue Hospital Medical College; Visiting Physician to Bellevue, St. Vincent's, Willard Parker, and Riverside Hospitals.

The Eye and Ear

J. HERBERT CLAIBORNE, M.D.

Clinical Instructor in Ophthalmology, Cornell University Medical College; Former Adjunct Professor of Ophthalmology, New York Polyclinic; Former Instructor in Ophthalmology in Columbia University; Surgeon, New Amsterdam Eye and Ear Hospital.

Sanitation

THOMAS DARLINGTON, M.D.

Health Commissioner of New York City; Former President Medical Board, New York Foundling Hospital; Consulting Physician, French Hospital; Attending Physician, St. John's Riverside Hospital, Yonkers; Surgeon to New Croton Aqueduct and other Public Works, to Copper Queen Consolidated Mining Company of Arizona, and Arizona and Southeastern Railroad Hospital; Author of Medical and Climatological Works.

Menstruation

AUSTIN FLINT, JR., M.D.

Professor of Obstetrics and Clinical Gynecology, New York University and Bellevue Hospital Medical College; Visiting Physician, Bellevue Hospital; Consulting Obstetrician, New York Maternity Hospital; Attending Physician, Hospital for Ruptured and Cripped, Manhattan Maternity and Emergency Hospitals.

Heart and Blood

JOHN BESSNER HUBER, A.M., M.D.

Assistant in Medicine, University and Bellevue Hospital Medical College; Visiting Physician to St. Joseph's Home for Consumptives; Author of "Consumption: Its Relation to Man and His Civilization; Its Prevention and Cure."

Skin Diseases

JAMES C. JOHNSTON, A.B., M.D.

Instructor in Pathology and Chief of Clinic, Department of Dermatology, Cornell University Medical College.

Diseases of Children

CHARLES GILMORE KERLEY, M.D.

Professor of Pediatrics, New York Polyclinic Medical School and Hospital; Attending Physician, New York Infant Asylum, Children's Department of Sydenham Hospital, and Babies Hospital, N. Y.; Consulting Physician, Home for Crippled Children.

Bites and Stings

GEORGE GIBIER RAMBAUD, M.D.

President, New York Pasteur Institute.

Headache

ALONZO D. ROCKWELL, A.M., M.D.

Former Professor Electro-Therapeutics and Neurology at New York Post-Graduate Medical School; Neurologist and Electro-Therapeutist to the Flushing Hospital; Former Electro-Therapeutist to the Womans Hospital in the State of New York; Author of Works on Medical and Surgical Uses of Electricity, Nervous Exhaustion (Neurasthenia), etc.

Poisons

E. ELLSWORTH SMITH, M.D.

Pathologist, St. John's Hospital, Yonkers; Somerset Hospital, Somerville, N. J.; Trinity Hospital, St. Bartholomew's Clinic, and the New York West Side German Dispensary.

Catarrh

SAMUEL WOOD THURBER, M.D.

Chief of Clinic and Instructor in Laryngology, Columbia University; Laryngologist to the Orphan's Home and Hospital.

Care of Infants

HERBERT B. WILCOX, M.D.

Assistant in Diseases of Children, Columbia University.

Special Contributors

Food Adulteration

S. JOSEPHINE BAKER, M.D.

Medical Inspector, New York City Department of Health.

Pure Water Supply

WILLIAM PAUL GERHARD, C.E.

Consulting Engineer for Sanitary Works; Member of American Public Health Association; Member, American Society Mechanical Engineers; Corresponding Member of American Institute of Architects, etc.; Author of "House Drainage," etc.

Care of Food

JANET MCKENZIE HILL

Editor, Boston Cooking School Magazine.

Nerves and Outdoor Life

S. WEIR MITCHELL, M.D., LL.D.

LL.D. (Harvard, Edinburgh, Princeton); Former President, Philadelphia College of Physicians; Member, National Academy of Sciences, Association of American Physicians, etc.; Author of essays: "Injuries to Nerves," "Doctor and Patient," "Fat and Blood," etc.; of scientific works: "Researches Upon the Venom of the Rattlesnake," etc.; of novels: "Hugh Wynne," "Characteristics," "Constance Trencott," "The Adventures of François," etc.

Sanitation

GEORGE M. PRICE, M.D.

Former Medical Sanitary Inspector, Department of Health, New York City; Inspector, New York Sanitary Aid Society of the 10th Ward, 1889; Manager, Model Tenement-houses of the New York Tenement-house Building Co., 1888; Inspector, New York State Tenement-house Commission, 1895; Author of "Tenement-house Inspection," "Handbook on Sanitation," etc.

Indoor Exercise

DUDLEY ALLEN SARGENT, M.D.

Director of Hemenway Gymnasium, Harvard University; Former President, American Physical Culture Society; Director, Normal School of Physical Training, Cambridge, Mass.; President, American Association for Promotion of Physical Education; Author of "Universal Test for Strength," "Health, Strength and Power," etc.

Long Life

SIR HENRY THOMPSON, Bart., F.R.C.S., M.B. (Lond.)

Surgeon Extraordinary to His Majesty the King of the Belgians; Consulting Surgeon to University College Hospital, London; Emeritus Professor of Clinical Surgery to University College, London, etc.

Camp Comfort

STEWART EDWARD WHITE

Author of "The Forest," "The Mountains," "The Silent Places," "The Blazed Trail," etc.



HARVEY WASHINGTON WILEY, Ph.D., LL.D.

The researches of Dr. Wiley, Chief of the Bureau of Chemistry in the United States Department of Agriculture, were important factors in hastening the enactment of the present pure food law. He analyzed the various food products and made public the deceptions practiced by unscrupulous manufacturers. He aroused attention throughout the country by pointing out the necessity of a campaign of education, in order, as stated in Volume V, Part II, that the housekeeper might be able to determine the purity of every article of food offered for sale. As an example of his methods, he organized a "poison squad" of government employees who restricted themselves to special diets, consisting of food preparations containing drugs commonly used as adulterants. In this way he actually demonstrated the effect of these substances upon the human system.