HOUSE HEALTH, AND OTHER PAPERS

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House health, and other papers by Norman Bridge

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NORMAN BRIDGE

HOUSE HEALTH, AND OTHER PAPERS





House Health

AND OTHER PAPERS

BY

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House Health

House Health

Despite all effort to the contrary people will occasionally fall sick. There are two calamities that we seem powerless wholly to prevent; namely, the occasional burning of our houses and the frequent sicknesses of our mortal bodies. Many of us try at great care and expense and with varying wisdom and ignorance to stand off these evils, and with differing success.

Disease is most prevalent among the poor, especially the very poor. This is largely due to their unhygienic lives; and much of this latter is represented by their unsanitary dwellings, by their extreme and often needless exposure to certain causes of disease, by lack of proper food, and by the debilitating personal habits of some of them. The personal habits of the average rich, however, are nearly as potent in producing disease.