

**CHRISTIANITY IN THE
KITCHEN. A
PHYSIOLOGICAL COOK-
BOOK**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649087242

Christianity in the kitchen. A physiological cook-book by Horace Mann

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

HORACE MANN

**CHRISTIANITY IN THE
KITCHEN. A
PHYSIOLOGICAL
COOK-BOOK**

CHRISTIANITY IN THE KITCHEN.

A

PHYSIOLOGICAL COOK BOOK,

BY

MRS. HORACE MANN.

"There's death in the pot."—2 Kings, iv. 40.

"In that day, every pot in Jerusalem, and in Judah, should be holiness unto the Lord of hosts."—Zechariah, xiv. 21.



BOSTON:
TICKNOR AND FIELDS.

M DCCC LVIII.

Entered according to Act of Congress, in the year 1837, by

MARY MANN.

In the Clerk's Office of the District Court of the District of Massachusetts.

CAMBRIDGE:

THURSTON AND TORRY, PRINTERS.

INDEX.

	Page		Page
A.			
Adulterations	14, 32	Beef, essence	157
Albumen	34	Beans	128
Almond pudding	63	" baked	125
Alcohol	28	Beets	123
Alexis St. Martin	26	Birds nest pudding	72
Apple dumplings	72	Blanc-mange, isin- } 102, 116	
" Indian pudding	73	glass	
" cream	100	Blanc-mange, carageen } 102	
" minced pies	77	moss	
" pies	78	Blanc-mange, Cooper's } 104	
" pie, dried	79	isinglass	
" sauce	93	Blanc-mange, corn starch } 104	
" jelly	108	" " calf's feet	105
Arrowroot cream	114	" " Russian	105
" pudding	62	isinglass	
" 	160	Blanc-mange, farina	105
Asparagus	110	" " rice	114
B.			
Batter pudding	67, 73	Bran mixings,	48
Beaumont's digestion table	27	Bread	15, 17, 49, 50
Beef	128	" pudding	61, 67
" tea	38	" sauce	92
" boiled, corn	128	Broccoli	122
" soup	123	Brioche rolls	184
" steak	129	Biscotine	157
" pie	132	Browning	176
" olives	133	Beverages, orgent	187
" stuffed and briskets	133	" raspberry	188
" bouilli	134	" of herb	188
" pickled	135	" figs and apples	188
		" fig lemonade	188
		Backwheat cakes	56
		Butter	21

	Page		Page
		C.	
Cakes	84	Cream cakes	59, 89
" lemon	89	" syrup	45
" sponge	84	" pie	79
" Providence sponge	85	" pink	115
" New York sponge	85	" white lemon	115
" Boston sponge	85	" imperial	100
" Ohio sponge	85	" Italian	105
" ground rice	86	" lemon	89
" cup	86	" tea	160
" frosting	86	" clouted	183
" kiss	86	Cranberries	108
" snow	87	Cranberry pudding	66
" batter	90	" tarts	78
" Shakespeare	88	" jelly	109
" Aunt Hannah	88	" sauce	93
" almond	88	" and rice	114
Calf's feet soup	139	Currie sauce	93
" head	174	Current shrub	151
" feet tea	160	Custard, soft	97
" liver	139	" French	97
Carrots	120	" almond	98
" pudding	64	" pudding	69
" purée	173	" pie	83
Cauliflower	122	Cutlets à la victime	176
Celery sauce	92		
Charlotte roussea	101	D.	
" à la pomme	82	DIET FOR THE SICK . 155-161	
Cherry pies	77	Prepared flour	156
Chicken pie	79	Biscotine	157
" fricasseed	143, 177	Mucilage	157
" baked in rice	142	Essence of beef	157
Chocolate custard	97	Rice water	158
Cocoa	35, 44, 45	Toast water	158
Cocoa-nut pudding	62	Rennet whey	158
" " cakes	87	Wine whey	159
" " drops	88	Oatmeal gruel	159
Cooking of meats	36	Ground rice	159
Cold fruit pudding	66	Indian meal gruel	160
Corn, green	122	Pearl sago	160
" meal bread	53	Tapioca	160
" cakes	54	Arrow-root	160
" griddle cakes	55	Cream tea	160
" pudding	70	Calf's feet tea	160
" pie	79	Fever draught	161
Cream	22	" " another	161
" biscuit	57	Parched corn tea	161

INDEX.

V

	Page		Page
Diet, &c.		Herb tea	161
Herb teas	161	Honey vinegar	151
For mothers	161		
		I.	
E.		Ice cream	95
Edging for dishes	90, 92	“ “	95
Egg plant	123	“ “ currant	96
Eggs, dropped	126	“ “ custard	96
“ poached	185	“ imperial	100
“ snow	178	“ Italian	105
		Indian griddle cakes	53, 73
F.		“ pudding, boiled	64
Fever draught	160	“ “ baked	64
“ “ another	161	“ and flour pudding	65
Fish, seasons for	146	“ and rye bread	53
“ cooked	144, 146	Irish flummery	116
“ sauce	92	“ potato cakes	60
Flavorings	100		
Flannel cakes	60	J.	
Floating island	101	Jam, strawberry	112
“ “ another	101	“ grape	112
Flour, prepared	166	“ raspberry	112
Flour and Indian pudding	65	“ pine apple	112
Flummery, Irish	116	Jelly, calf's foot	102
Fowls	140, 143	“ Cooper's isinglass	104
“ fricasseed	142, 177	“ quince	107
Fruit pudding, cold	66	“ apple	108
		“ “	108
G.		“ currant	112
German waffles	58	“ cranberry	109
Gingerbread, soft sugar	87	“ cranberry and rice	114
“ “ “	87		
“ Aunt Hannah	83	K.	
Glaze	171	Kidneys, sheep's	186
Gluten	33, 51	Kiss cakes	86
Goose	143	“ froth	99
“ green	143	Kolcannon	126
“ old	143		
Greens	122	L.	
Ground rice pudding	71	Lait de poule, sweet	127
Gruel, oatmeal	159	Lamb	131
“ Indian meal	160	“ and rice	131
		Lemon pudding	72
H.			
Herbs, powdered	160		

	Page		Page
Lemon pie	81	Orange custard	115
" cake	86, 89	Orgeat	101
" custard	116		
" syrup	152	P.	
" sugar of	182	Pastry	19, 75
Lobster sauce	92	Partridges	143
" butter (French)	174	Parsnips	120
		Parched corn tea	161
M.		Peach pie	79
Macaroni	124	" preserves	106
" pudding	62	Pease	118
Macarons	89, 182	" pudding	177
Maitre d'hôtel butter	124	Pearl sago	160
Marmalade, quince	107	Pickles	147
Marlborough pudding	61	" cucumbers	157
Meats, salted	36, 126	" butternuts	148
Meal, Sarsaparilla	151	" walnuts	148
Meringues à la cuillerée	184	" martinots	148
Milk, solidified milk	17	" peaches	148
Mint sauce	9	" nasturtions	148
Mirror pudding	69	" mangoes	148
Mucilage	157	" cherries	148
Muffins	55, 185	" eggs	148
Mushrooms	123	" tomatoes	148
Mutton	130	" sweet pickles	148
" broth	130	Pies, apple minced	77
" stuffed loin	130	" cherry	77
" " chops	131	" rhubarb	77
" à la victime	176	" pandowdy	77
		" peach	79
N.		" pumpkin	70
Napoleon pudding	70	Pigeons	143
		Potatoes	129
O.		" pie crust	120
Oatmeal gruel	159	" cakes, Irish	60
Ohio pudding	73	Poultry, seasons for	142
Onions	121	Preserves, plums	109
Oleaginous food	23	" peaches	106
Oyster pie	80	" quinces	106
" corn	123	" cranberries	108
" scalloped	81	" pine apples	109
" omelette	125	" tomatoes	110
Orange pie	82	" pears	110
		" citron melon	112
		" strawberries	111

	Page		Page
Puddings, bread	61, 67	R.	
“ tapioca	61	Rachel pudding	70
“ sago	62	Raspberry vinegar	151
“ arrow-root	62	“ jam	112
“ macaroni	62	Rutafras (French)	183
“ cocoa-nut	62	Rennet whey	158
“ pine apple	63	Rhubarb pies	77
“ almond	63	Rice pudding	64
“ squash	63	“ plum-pudding	68
“ carrot	64	“ waffles	56
“ sweet potato	64	“ flour drops	56
“ Marlborough	64	“ gridle cakes	58
“ custard	64	“ ground “	59
“ boiled Indian	65, 73	“ baked “	68
“ plum	67	“ pie	82
“ batter	67	“ water	158
“ rice	68	Rolls, brioche	59, 184
“ mirror	69	“ breakfast	185
“ Eugénie	69	Rusks	58, 186
“ flour and Indian	65	Rye and Indian bread	63
“ cranberry	69	“ pudding	73
“ cold fruit	65	“ cake	56
“ corn	70		
“ whortleberry	65	S.	
“ ground rice	71	Sago pudding	62
“ potato	71	“ pearl	160
“ apple	72	Salt risings	47
“ lemon	72	Salads	124
“ bird's nest	72	Salted meat	39, 125
“ apple, Indian	73	Sarsaparilla mead	151
“ rye	73	Sauce, cold pudding	74
“ batter	73	“ lobster butter	92, 174
“ Ohio	73	“ fruit	74
“ sauce, hot	74	“ maitre d'hôtel butter	174
“ “ cold	74	“ sugar	174
Puff paste	179	“ fish	92, 173
Parée of carrot	173	“ German	74
“ of cauliflower	178	“ celery	92
		“ bread	92
		“ apple	93
Q		“ cranberry	93
Quince pudding	79	“ mint	93
“ preserves	106	“ currie	93
“ marmalade	107	Scalloped oysters	81
“ “ another	107	Seasonings for meat	140
“ jelly	107		