

# **HEART AND SOUL CULTURE**

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Heart and Soul Culture by Emily L. Fischer

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**EMILY L. FISCHER**

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SOUL CULTURE**



# Heart and Soul Culture



BY  
EMILY L. FISCHER



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## PREFACE.

**T**HE teachings set forth in Heart and Soul Culture *are non-sectarian, no creed being taught* except the Brotherhood of Man and the Fatherhood of God.

Throughout these lessons the author has attempted to lead the mind of the children along a line of thought which will preserve their individuality, check their selfishness, inculcate self-government and cause the strain to come from within through the cultivation of the conscience and will, not from without by means of rods and fears. Education should mean growth and development both mentally and morally, and to acquire this the faculties of the children must be exercised in an intelligent manner.

These lessons are intended to develop by means of conscience, influence on the physical, intellectual and moral power of the children the ideas of truth, freedom and love that lie at the foundation of their God-derived nature, so that they can meet

spontaneously and independently their human responsibilities. The author has tried to make the lessons enjoyable as well as instructive by endeavoring to follow "Nature's method. She mixes nine parts of pleasure with one of pain; nine parts of hope with one of fear."

**Special Feature of Heart and Soul Culture.**

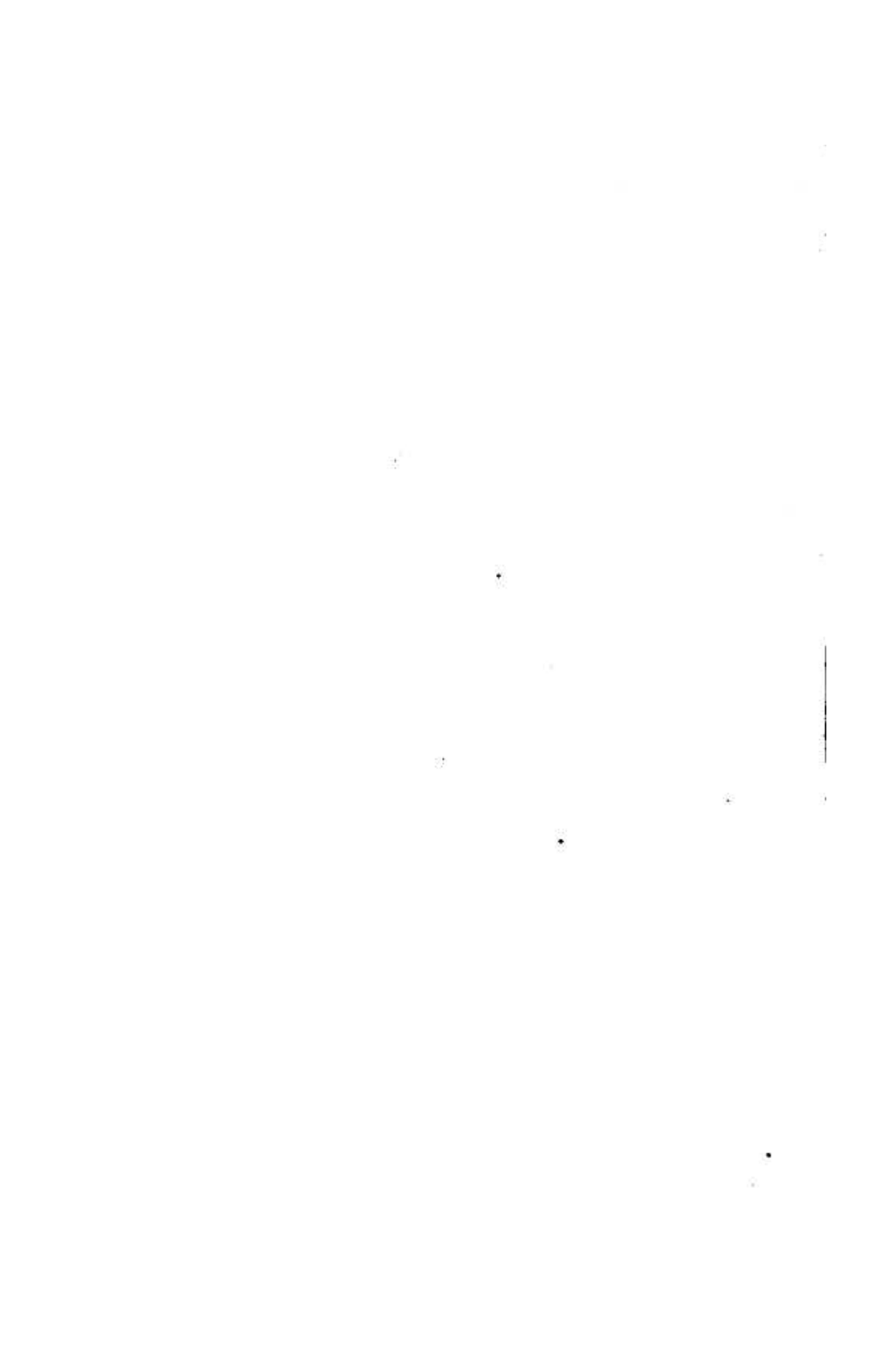
The leading thoughts of each lesson have been selected and arranged at the end of the book in a manner that will facilitate the work of the children.

If these thoughts be memorized they will strengthen the memory and fill the mind with good thoughts that will serve as food for reflection in later years.



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## INTRODUCTORY.

**H**EART and Soul Culture is the outcome of a desire that took possession of the author in the winter of 1902.

The desire being to give mother love and attention to a motherless boy. This desire was gratified at an early date, for in December an advertisement appeared in the Baltimore American. It read thus:

Respectable gentleman desires an educated woman to board son of eight years. One who would be a mother to the boy.

I answered the advertisement. The gentleman called; he informed me that his boy was in the Episcopal Home, in Waverly, a suburb of Baltimore; but he desired him to have individual care, as the boy was not strong physically or mentally.

The boy came to me December 5, 1902. Then my lifework began in reality. The child had never been taught to obey, think or concentrate. He was pretty, affectionate and filled with nervous energy, which had been misdirected.