

**SUNNY LIFE OF AN
INVALID, PP. 1-290**

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Sunny Life of an Invalid, pp. 1-290 by C. Howard Young

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C. HOWARD YOUNG

**SUNNY LIFE OF AN
INVALID, PP. 1-290**



Yours for Progress.
C. Howard Young.



**Dedication to a Blind Friend, by an Invalid
Confined for Life.**

TO LOUISE M. LEE,

THE INSPIRATION OF WHOSE FRIENDSHIP HAS CAUSED OASES
TO BLOOM FOR THE AUTHOR
AMID THE DESERT OF PAIN THAT IS
THE INHERITANCE OF HIS WEAK MORTAL BODY.

I DEDICATE THIS VOLUME
TO ONE WHOSE FRIENDSHIP HAS KNOWN NO CHANGE AND
WHO HAS NOT BEEN
MOVED BY THE APPARENTLY
PITILESS STRENGTH OF ADVERSE CIRCUMSTANCES.

I DEDICATE TO ONE
WHO LED, ALTHOUGH BLIND, A SICK WANDERER OUT OF THE
DESERT OF PAIN INTO THE TEMPLE OF MUSIC,
WHERE CONSOLATION
AROUNDS FOR THE WEARY AND
SICK PILGRIM.

THE AUTHOR,

C. HOWARD YOUNG.

HARTFORD, 1898.
230 Asylum Street.

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P R E F A C E .

REASONS FOR WRITING THIS BOOK.

The *Life of noble, christian, Chloe Langton*, is a book which must have brought patience and comfort to many a poor sick woman and man. Written by a noble lady, who spent over 60 years in bed, it seems to bring words of cheer more particularly to women.

Many times, in the silent night, I have thought of her life and its teaching, and with profit to my own, I hope.

I also read with interest and profit the beautiful, helpful life of that noble invalid, Bell Cooke of New York city.

As a man invalid, I feel that perhaps I can encourage *sick men* to bear their burdens patiently and even joyfully, and with love.

Besides the probably 100,000 bedridden invalids in the United States, English statistics give an average of ten days' illness per year to each adult man (700 days in the 70 years allotted us by the Bible), so that we all need encouragement in the hour of pain which is apt to seem interminable, unless we view it from Christian standpoints.

I can understand and sympathize with all degrees