

**DANCING: A COMPLETE GUIDE TO
ALL DANCES, WITH A FULL LIST OF
CALLS, THE MUSIC FOR EACH FIGURE,
ETIQUETTE OF THE DANCES, AND ONE
HUNDRED FIGURES FOR THE GERMAN**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649559206

Dancing: A Complete Guide to All Dances, with a Full List of Calls, the Music for Each Figure, Etiquette of the Dances, and One Hundred Figures for the German by Marguerite Wilson & Nina G. Barlow

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Edited by Trieste Publishing Pty Ltd.
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MARGUERITE WILSON & NINA G. BARLOW

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THE FIRST POSITION

DANCING



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Dances, and One Hundred Figures
for the German

By

MARGUERITE WILSON



With Numerous Illustrations by
Nina G. Barlow



Philadelphia

The Penn Publishing Company

1904





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CONTENTS

	PAGE
INTRODUCTION	9
POSITIONS AND MOTIONS	11
Change	14
Slide	15
Step	16
Leap	16
Hop	19
Halt	19
Salute	19
THE GRAND MARCH	21
SQUARE DANCES, OR QUADRILLES, WITH CALLS	28
Plain Quadrille	31
Waltz Quadrilles	38
ADDITIONAL QUADRILLE FIGURES	44
Basket Figure	44
Cheat Figure	45
Minuet Figure	46
Sociable	47
Jig Figure	49
Nine-Pin Figure	49
Star Figure	50

	PAGE
THE LANCERS	51
Waltz Lancers	56
Saratoga Lancers	59
THE CALEDONIANS	63
Waltz Caledonians	68
THE CALLY POLKA QUADRILLE	69
PRINCE IMPERIAL QUADRILLE	77
PARISIAN VARIETIES	84
NATIONAL GUARD QUADRILLE	88
CONTRA DANCES	95
Virginia Reel	95
Pop Goes the Weasel	98
La Tempête	100
Spanish Dance	102
Sicilian Circle	104
ROUND DANCES	107
Waltz	109
Two Step	114
Galop	115
Polka	116
Three Slide Polka	119
Berlin	119
Heel-and-Toe Polka	120
Military Schottische	121
Five Step	122
Yorke	123
Caprice Waltz	124

CONTENTS

7

	PAGE
Christmas Polka	125
Racket	126
Highland Schottische	127
THE GERMAN OR COTILLION, 100 FIGURES	131
Figures Beginning with one Couple	135
Figures Beginning with two Couples	153
Figures Beginning with three Couples	163
Figures Beginning with four or more Couples	167
THE MINUET	193
The Quadrille Minuet	195
La Pavane	198
ETIQUETTE OF BALLS AND PARTIES	203

INTRODUCTION

THIS volume does not claim to be an exhaustive treatise on the subject of dancing. It is designed to furnish practical assistance to those who, lacking an opportunity for instruction in this direction, desire to qualify themselves for participation in this most delightful and popular recreation. To this end, obsolete dances have been omitted, as well as certain others, which, though generally taught in dancing academies and valuable enough in themselves, have yet failed to attain that popularity which insures a place on our social programmes. A knowledge of a very few dances is sufficient, at the present time, for all practical purposes. The majority of programmes are made of Waltzes and Two-steps, with an occasional set of Lancers or a Waltz Quadrille thrown in to vary the monotony. The Polka, Schottische, Galop, Yorke and Contra-Dance, though not strictly fashionable at present, are occasionally danced.

Beginners should master, first of all, the positions and steps described on pages 7 to 20, practicing them diligently until change from one to another can be easily and gracefully made.