

**A HEREDITARY  
CONSUMPTIVE'S  
SUCCESSFUL  
BATTLE FOR LIFE**

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A Hereditary Consumptive's Successful Battle for Life by J. M. Buckley

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BY  
J. M. BUCKLEY, LL.D.

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This Essay consists of articles which appeared originally in "The Christian Advocate" and some additional matter of importance. The principles underlying it are that pure air is life and the want of it death; that deep breathing is essential to vigorous health; and that chronic disease—except when the result of accident—is caused by neglecting, and by transgressing, little by little for a long time, and can only be cured by attending, and by obeying, the laws of health for a long time.

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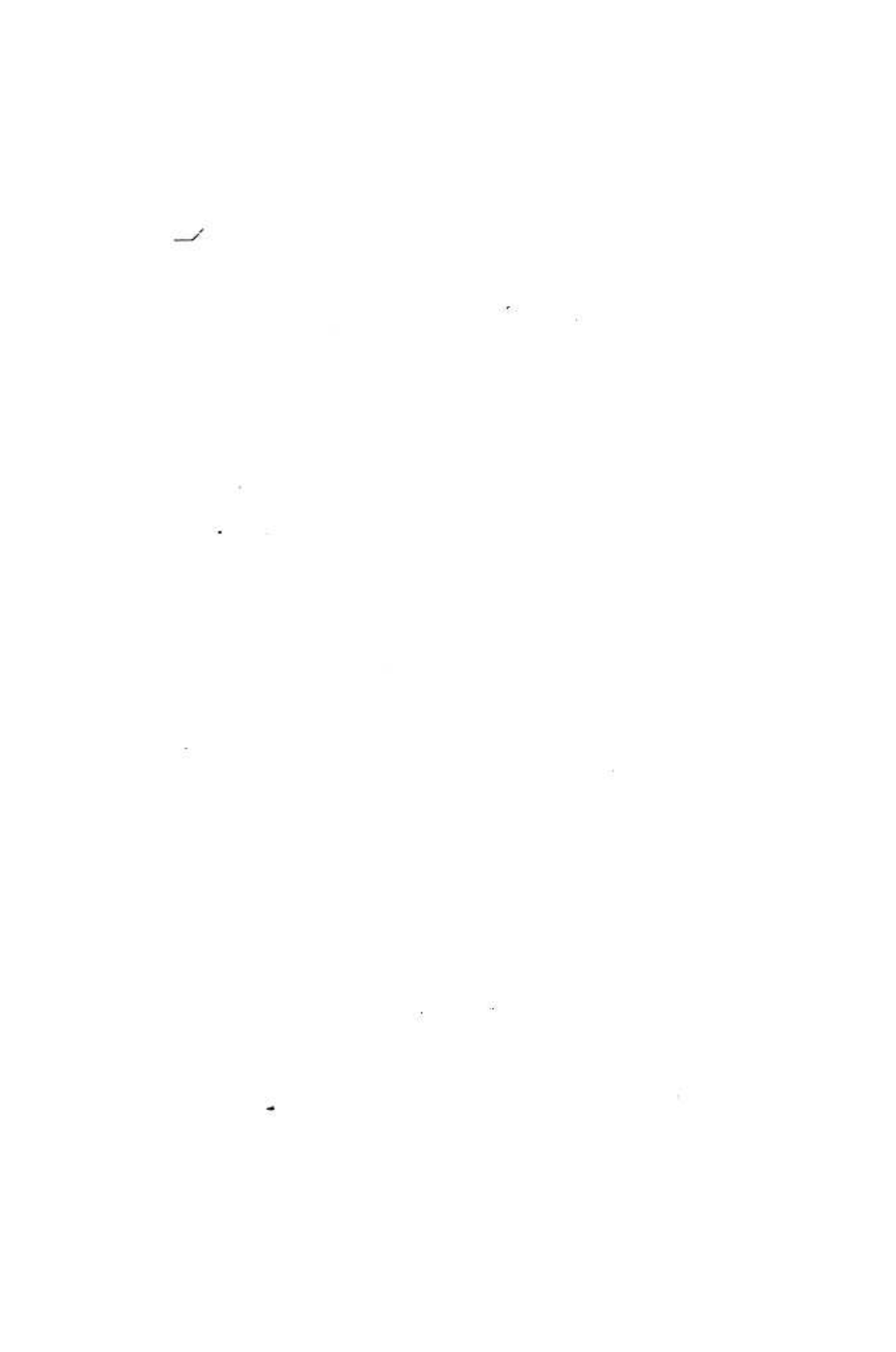


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# Hereditary Consumptive's

SUCCESSFUL BATTLE FOR LIFE.

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I.

THE CASE.

IN *The Christian Advocate* of July 16, 1885, there was an editorial entitled "Fighting Consumption," which put so many persons in a way to regain their health that letters and thanks for it have been received at intervals ever since, as well as frequent calls for a reprint.

At the urgent and oft-repeated request of Chaplain McCabe, and many others, in the autumn of 1890 articles were announced for the year 1891 on "A Hereditary Consumptive's Successful Battle for Life." For reasons which would occur to the thought-