

**OBSERVATIONS ON SEA-  
SICKNESS, AND  
ON SOME OF THE  
MEANS OF PREVENTING IT**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649300198

Observations on sea-sickness, and on some of the means of preventing it by Sir James Alderson

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**SIR JAMES ALDERSON**

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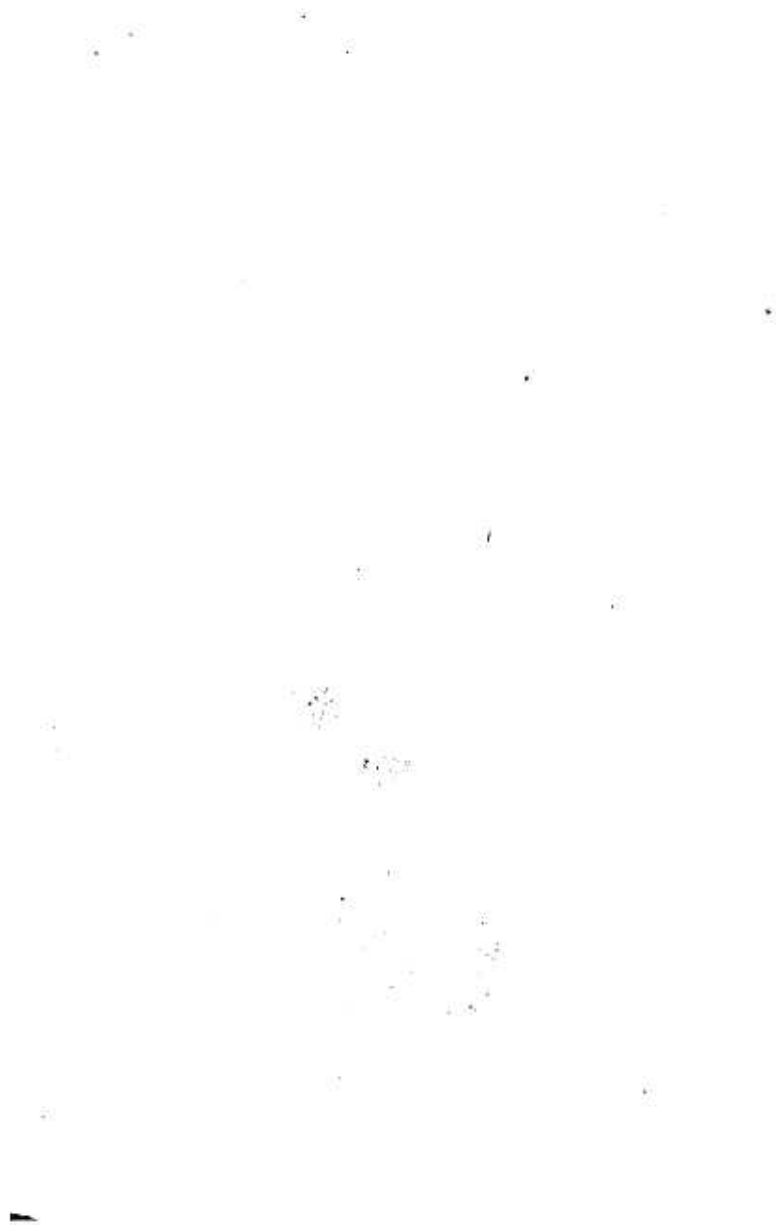




OBSERVATIONS

ON

SEA-SICKNESS.



# OBSERVATIONS

ON

SEA-SICKNESS, AND ON SOME OF  
THE MEANS OF PREVENTING IT.

BY

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"Then like a pawing horse let go  
She made a sudden bound,  
It flung the blood into my head  
And I fell down in a swoond."

ANCIENT MARINER.



LONDON:

R. HARDWICKE, 192, PICCADILLY.

1872.

151. 0. 270.



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## ADVERTISEMENT.

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*The substance of the following observations was first printed, a short time ago, in the "British Medical Journal." It is now offered in a rather popularized and extended form to the English travelling public. The Author has already received a striking testimony to the usefulness of the suggestion; and if his little book shall have saved only one more sufferer from a miserable hour, he will have had his recompense.*