

KAREZZA: ETHICS OF MARRIAGE

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649027187

Karezza: Ethics of Marriage by Alice B. Stockham

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ALICE B. STOCKHAM

**KAREZZA: ETHICS
OF MARRIAGE**

KAREZZA

ETHICS OF MARRIAGE

BY

ALICE B. STOCKHAM, M. D.

AUTHOR OF TOXICOLOGY, KOBALINE,
HEALTH GRIMS, ETC.

Honor to womanhood and reverence for maternity, are conditions of
permanency in any people, nation or race.—*Forsyth*.

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KAREZZA.

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GREETING.

The author's work, TOKOLOGY, was written from years of professional experience to meet a demand among inquiring women on subjects that deeply concern the physical life of the wife and mother. In these later years the world of thought has grown and new discoveries have been made in spiritual as well as material science.

In answer to hundreds of letters of inquiry I send out this message—KAREZZA, elucidating a theory of conjugal life, in which there is a love communion between husband and wife from which results a mastery of the physical and complete control of the fecundating power.

In *The Familiar Letter* of TOKOLOGY subjects usually considered delicate in nature and difficult to handle are presented indirectly and briefly. In an early edition those interested in a "wiser parentage" are cited to a pamphlet written by a distinguished minister, who therein had given to

the world a new and unique theory of controlling propagation. Afterwards to my regret and the disappointment of numerous correspondents it was discovered that the work was out of print.

In later editions of TOKOLOGY, alluding to methods of limiting offspring, the following paragraph occurs: "By some a theory called sedular absorption is advanced. This involves intercourse without culmination. No discharge is allowed. People practicing this method claim the highest possible enjoyment, no loss of vitality, and perfect control of the fecundating power."

Many readers asked for further explanation. It proved that the word *Sedular* is not found in the dictionaries, but as used in this connection means *pertaining to seed*, and is so defined in the glossary of the book.

KAREZZA elucidates the above paragraph; gives a high ideal to parental functions; pleads for justice to the unborn child; teaches that the control of procreation is possible with every husband and wife; gives honor to womanhood, and, most of all, controverts the prevailing ideas of

baseness and degradation associated with the sexual nature.

KAREZZA may be considered a supplement of TOKOLOGY, and like that, does not deal with ideals, but with tested theories and practical truths. They have been lived and demonstrated, and are here presented to the reader as living facts.

Men and women must learn the significance of the sexual relation, and its possible influence upon life and character. Copulation is more than a propagative act; it is a blending of body, soul and spirit, ennobling or degrading according to the attitude of the participants. For both husband and wife it has a function in soul development that hitherto has been prevented and perverted by the traditional uncleanness attached to this relation. According to man's edict, nature made but one mistake in the evolution of life, and that is, in the human reproductive organs. Reverse this edict, let the search-light of truth illuminate this subject, and a satisfactory solution of many social problems will be evolved. No part of the body should be under condemnation.