

**ROYAT (LES BAINS) IN
AUVERGNE: ITS MINERAL
WATERS AND CLIMATE**

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Royat (les Bains) in Auvergne: Its Mineral Waters and Climate by G. H. Brandt

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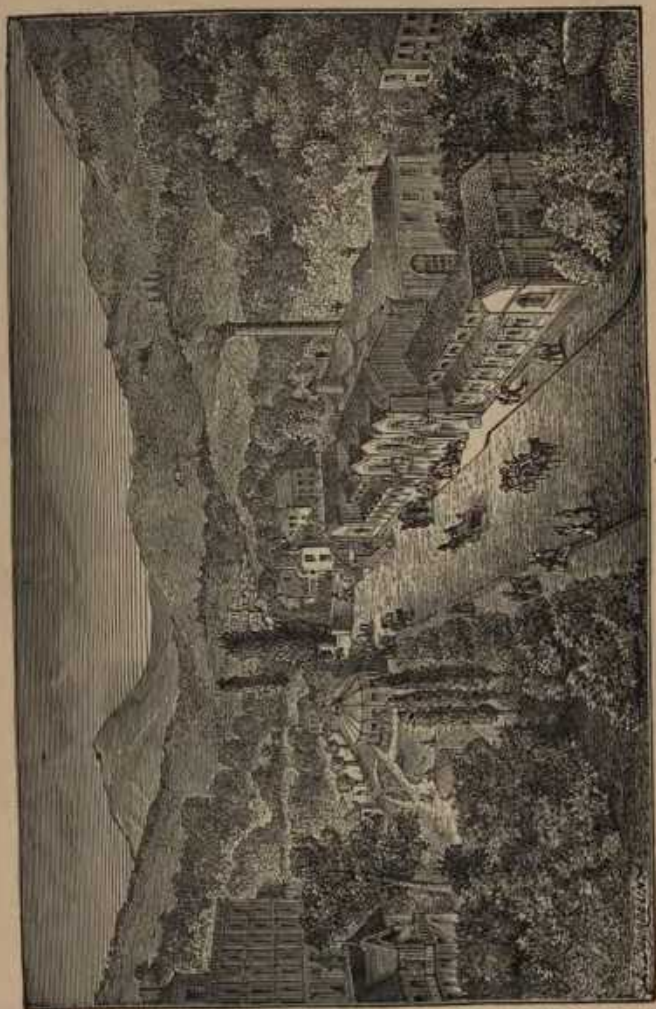
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G. H. BRANDT

**ROYAT (LES BAINS) IN
AUVERGNE: ITS MINERAL
WATERS AND CLIMATE**



GENERAL VIEW OF THE ESTABLISHMENT AND PARK AT ROYAT LES BAINS.

John F. Metcalfe

ROYAT

(LES BAINS)

IN AUVERGNE

ITS

MINERAL WATERS

AND
LANE LIBRARY

CLIMATE



BY

G. H. BRANDT M.D.

LONDON

H. K. LEWIS, 136 GOWER STREET, W.C.

1890

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1880

PREFACE.

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THE fact of my having visited, during the vacations of 1879 the interesting country of Auvergne, and taken an especial interest in its important health-resorts, more particularly *Royat les Bains*, Mont Dore, and La Bourboule: and having, moreover, published at that time some short appreciations of those places,* has procured me the honour of being solicited by Dr. Brandt to preface his small work on the waters and climate of Royat by a few words of comment.

I have little more to say than to commend his condensed and careful account of the neighbourhood, the climate, and the various mineral sources which Royat possesses, as well as his description of the cases which are likely to benefit by the course there as quite in accordance with my own experience and observations.

* "Some French Health Resorts" in "The Times" of Sept. 6th, and Oct. 6th, 1880.

I feel convinced that Royat les Bains is a station destined to much usefulness in connection with the treatment of those various forms of chronic gout—of chronic affections of the cutaneous and respiratory systems—to which Dr. Brandt calls attention in the following pages.

J. BURNEY YEO, M.D., F.R.C.P.

Hertford St., Mayfair.

May, 1880.

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ROYAT (LES BAINS) IN AUVERGNE.

INTRODUCTION.

ON hearing the name of a new place mentioned as a health resort, the first questions are,—where is it? how do you get to it? and what is it good for? if it is well situated, of easy access, and if its waters and climate are of any real value. Many invalids may be tempted to try it, provided the information be satisfactory and correct.

As a rule, on looking through the numerous writings, and guide books on mineral springs, one finds that the list of ailments is so extensive, that it embraces almost all the diseases humanity is prone to. I know of nothing so damaging to a medicinal agent as to attribute to it the power of curing everything; it becomes a Panacea which sooner or later will fall into disuse, and its real virtues will be overlooked, or cast aside and abandoned.