

**INSANITY IN ANCIENT  
AND MODERN  
LIFE, WITH CHAPTERS ON  
ITS PREVENTION**

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Insanity in ancient and modern life, with chapters on its prevention by Daniel Hack Tuke

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**DANIEL HACK TUKE**

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INSANITY  
IN  
ANCIENT AND MODERN LIFE,  
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ON ITS PREVENTION.

BY  
DANIEL HACK TUKE, M.D.,  
FELLOW OF THE ROYAL COLLEGE OF PHYSICIANS, LONDON.

*"The dispute, then, is not about any common matter, but about being mad or not mad."—EPICUREUS.*

London:  
MACMILLAN AND CO.  
1878.

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22  
60  
T. Fry

TO THE  
HON. SIR EDWARD FRY,  
ONE OF THE JUDGES OF THE HIGH COURT OF JUSTICE,  
THIS VOLUME IS INSCRIBED  
BY HIS FRIEND,  
THE AUTHOR.

2000209



## PREFACE.

A REMARKABLE feature of the present day is the interest felt by the public at large in questions relative to insanity. So far from its being confined to the Medical Profession, legislators, lawyers, clergymen, sociologists, metaphysicians, have their attention forcibly drawn to the subject, and are keenly interested in it. The same may be said of many of those whose friends suffer from mental derangement.

To those also who may reasonably suspect that they have the seeds of madness sown in their own constitution, or are conscious of a tendency to irregular mental action, the matter treated of in the following pages possesses, if a painful, surely a practical importance. I hope that the action of individuals on themselves, with a view of preventing attacks of mental disorder, will be rendered more definite, and therefore more successful, by following the indications pointed out in the chapters on the Prevention of Insanity.



To this subject I briefly adverted in a recent number of *Macmillan* (of which Chapters V. and VI. are an expansion), but in the succeeding portion of the work I have entered at some length into the individual management called for, when the first symptoms display themselves, desiring to offer in these chapters, hints calculated, if adopted, to ward off attacks of threatened insanity.

Of the various social evils which present themselves in our age, those connected with the genesis of insanity are, it must be admitted, deserving of the consideration of all who care for their race, and wish to lessen the sum of human misery. I trust that the facts contained in this volume will tend to stimulate all social reformers in their great, and often discouraging, labours, whether carried on among the working or the higher classes, so it be not done in a narrow fanatical spirit, in other words, not judgingly, but with judgment.

D. HACK TUKE.

5, CHARLOTTE ST,  
BEDFORD SQ., W.C.

*March, 1878.*

## CONTENTS.

PREFACE . . . . .	PAGE vii
-------------------	-------------

### PART I.

#### *ON THE PREVALENCE OF THE CAUSES OF INSANITY AMONG THE NATIONS OF ANTIQUITY.*

#### CHAPTER I.

##### IN PREHISTORIC TIMES.

Relative Extent of the Causes of Insanity in Antiquity and Modern Civilisation—Main Causes of Mental Disorder, including the Influence of Civilisation—Prehistoric Habits of Life—Intoxication—Defective Nourishment—Inter- marriage—Moral Causes . . . . .	1
---	---

#### CHAPTER II.

##### AMONG THE JEWS AND EGYPTIANS.

Society depicted in Patriarchal Times and among the Jews— Intoxication—Defective Nourishment—Moral Causes . . . . .	21
Egyptian Civilisation—Intoxication—Poverty—Causes chiefly Moral—Intellectual Strain—Summary . . . . .	28

## CHAPTER III.

## AMONG THE GREEKS.

	PAGE
Homeric Period—Historic Period—Age of Pericles—Intoxication—Defective Nourishment—Moral Causes—Intellectual Strain—Summary . . . . .	42

## CHAPTER IV.

## AMONG THE ROMANS.

Importance of distinguishing among the Romans as among the Greeks, the Early and Later Period of their History—Habits in regard to Intemperance—Poverty and Wealth Combined—Moral Causes—School Learning . . . . .	66
<i>Résumé</i> . . . . .	81

## PART II.

*INSANITY IN RELATION TO MODERN LIFE.*

## CHAPTER V.

## INSANITY CHIEFLY IN RELATION TO THE WORKING CLASSES.

Modern Civilised Life—Dogmatic Assertions not warranted by Facts—Relative Amount of Insanity among the Working and Higher Classes—Important Distinction between a Degraded Englishman and a Savage—Manufacturing and Agricultural Districts—Intemperance—Defective Nourishment—Factory Children—Insanity prevalent among the Criminal Classes . . . . .	87
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