

**THE PREVENTION OF
SENILITY, AND A
SANITARY OUTLOOK: AND
A SANITARY OUTLOOK**

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The Prevention of Senility, and a Sanitary Outlook: And a Sanitary Outlook by Sir James
Crichton-Browne

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SIR JAMES CRICHTON-BROWNE

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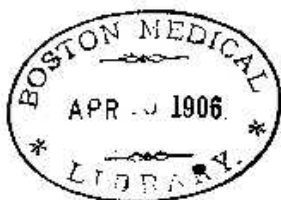
BY
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PREFACE

THE two addresses which make up this little book were delivered to audiences drawn together by their interest in vital economy, and both aim at indicating some of the ways by which thrift of life may be practised. Length of days is the best sanitary outlook, and the measures which postpone senility must brighten the health-prospect in all directions around us. Since their delivery the addresses have been asked for, and it is thought that they may be deserving of something more than the hebdomadal remembrance that a Congress confers.



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