

**AMATEUR CIRCUS LIFE; A NEW METHOD
OF PHYSICAL DEVELOPMENT FOR BOYS
AND GIRLS, BASED ON
THE TEN ELEMENTS OF SIMPLE
TUMBLING AND ADAPTED FROM THE
PRACTICE OF PROFESSIONAL ACROBATS**

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Amateur circus life; a new method of physical development for boys and girls, based on the ten elements of simple tumbling and adapted from the practice of professional acrobats by Ernest Balch

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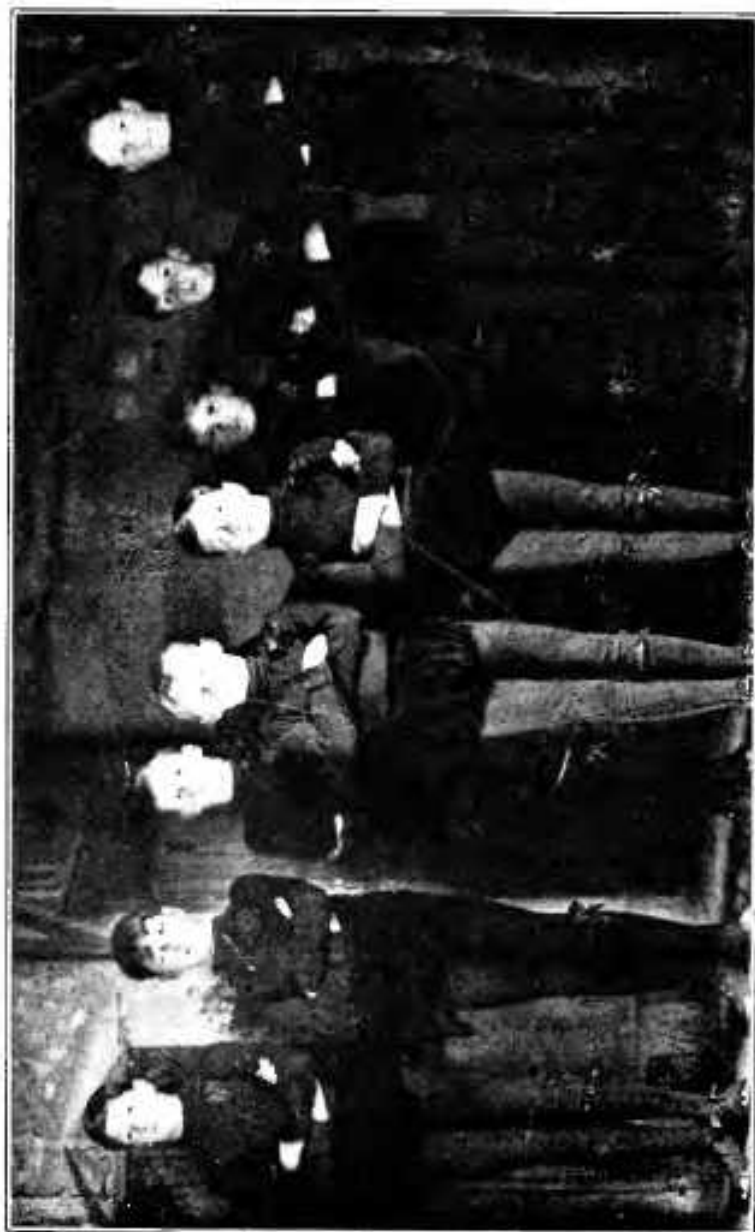
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ERNEST BALCH

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AMATEUR CIRCUS LIFE



THE CURTAIN RISES

Amateur Circus Life

A new method of physical development for Boys and Girls

Based on The Ten Elements of Simple Tumbling and adapted from the practice of professional acrobats : : :

BY
ERNEST BALCH

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The illustrations in this book are prepared from photographs of boy amateurs taught in classes by this method of physical training. My thanks are due to them, to the Cloyne House School, Newport, St. Thomas Chapel Gymnasium and the Madison Square Church House Gymnasium, New York City.

This book is written for the comfort and aid of boys and girls of twelve to sixteen and of their older friends who are interested in their development.

THE AUTHOR.

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