

**THE PHILADELPHIA
NEW CENTURY CLUB
BOOK OF RECIPES**

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The Philadelphia New century club book of recipes by Various

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VARIOUS

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BOOK OF RECIPES**

New century club, Philadelphia.

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NEW CENTURY CLUB
BOOK OF RECIPES

CONTRIBUTED BY MEMBERS
OF THE CLUB

COMPILED AND EDITED BY
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PRESIDENT

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Foreword

There is high authority for it, that of making of books there is no end. Many cook books might easily be a weariness to the flesh; but this little book goes forth confident of a welcome. It does not profess to be a book on cookery; it is what is far better, a unique collection of tried and tested recipes, many of which have been handed down from one generation to another and have never before been in print. They have been contributed by club members, many of whom have generously brought forth from cherished old manuscript books, written by hands long vanished, the most favorite family formulas for compounding things good to eat. There is a delightful personal quality about these recipes, and it is interesting to see how the recipes for the same dish vary.

It is a beautiful demonstration of the fact that club women are the very best home makers. They not only have their useful fingers in many public pies, but they look well to the ways of their own households.

The income from the sale of this Book of Recipes is to be used for the purchase of Club china and for other special objects, so that not only those who contributed their choice recipes, but each one who buys a copy, will have a personal share in adding to the beauty and comfort of this beloved club.

ISABEL McILHENNY NICHOLS

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Introduction

Our most cherished possessions are apt to be the family heirlooms, the furniture, the hand-made quilts, the old laces of our great-grandmothers. We learned to care for them first, because they were grandmother's; and then we began to learn and understand their worth and their beauty.

Among the personal records, which we have learned to regard as so valuable, can be found hand-written receipt books containing those priceless recipes which were perfected in some one home and exchanged between friends and neighbors.

We are permitting, in many places, valuable papers and homely records of family life to be destroyed and lost. Of the interesting committees in some clubs are those called the Landmark Committees, whose duty it is to preserve the history and record of the fast-growing town or community, its landmarks, whether these be individual or public. This work should be encouraged and commended.

There should be the same measure of congratulation given to any club which is preserving for us those valuable, tried and true recipes, which have been used by the most notable housekeepers of a community. Philadelphia has a reputation for good cooking, and we are all glad to welcome a contribution in the actual classics of this particular form of literature. Can there not be classic recipes as there are classic poems, and for the same reasons?

In our search for the scientific basis of the art of cooking, in our study of its chemistry and physics, we must never lose sight of the fact that no matter how much we may know as to why baking powder or yeast act as they do, it is of little avail unless our knowledge enables us to make a good muffin or good bread each time. Recipes are but the worked-out proportions which will produce a desired result. Without them we would each have to solve the problem anew for ourselves, and today we have not time. There are other more necessary things to do.

So we welcome this little book from a club of women noted among clubs and among women for their good works of many kinds.

HELEN LOUISE JOHNSON,
*Chairman, Home Economics Department,
General Federation Women's Clubs*

