

**LIFE; A STUDY OF THE
MEANS OF RESTORING
VITAL ENERGY AND
PROLONGING LIFE**

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Life; A Study of the Means of Restoring Vital Energy and Prolonging Life by Dr. Serge Voronoff

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DR. SERGE VORONOFF

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*A Study of the Means of Restoring
Vital Energy and Prolonging Life*

BY

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TRANSLATOR'S PREFACE

In this translation of my husband's *Vivre*, I have endeavored to present in English, faithfully and accurately, the profound creative thought of his scientific discoveries for restoring our vital energy and prolonging the life dear to all of us, voiced with such sincerity and eloquence in his original.

It is a book whose message is truly "universal," for it is addressed directly to every human being who lives, and wishes to live, in the true sense of the word. It describes the processes of renewal of the worn-out glandular cogs and wheels of our body in order that its mechanism shall function perfectly at a time when the brain, educated to a point where its potentialities of useful creative work are at their maximum, undergoes a decay of physical stamina threatening its powers with stagna-

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vi TRANSLATOR'S PREFACE

tion. And this epoch-making discovery is told in a lucid, readable manner; there is no veil of technical terminology to hide its inspiring truths from the lay reader.

Dr. Voronoff, treading in the footsteps of that great Master in experimental science, Claude Bernard, makes clear that the grafting of glands will, in the future, become an everyday procedure, just as bone-grafting grew to be a common-place of surgical practice during the recent war. He shows that, as a consequence, human life may be extended to what should be its normal span of fruitful activity, a minimum age which is at present not attained. Does any scientific discovery of the ages exceed this in its importance to the individual and the race?

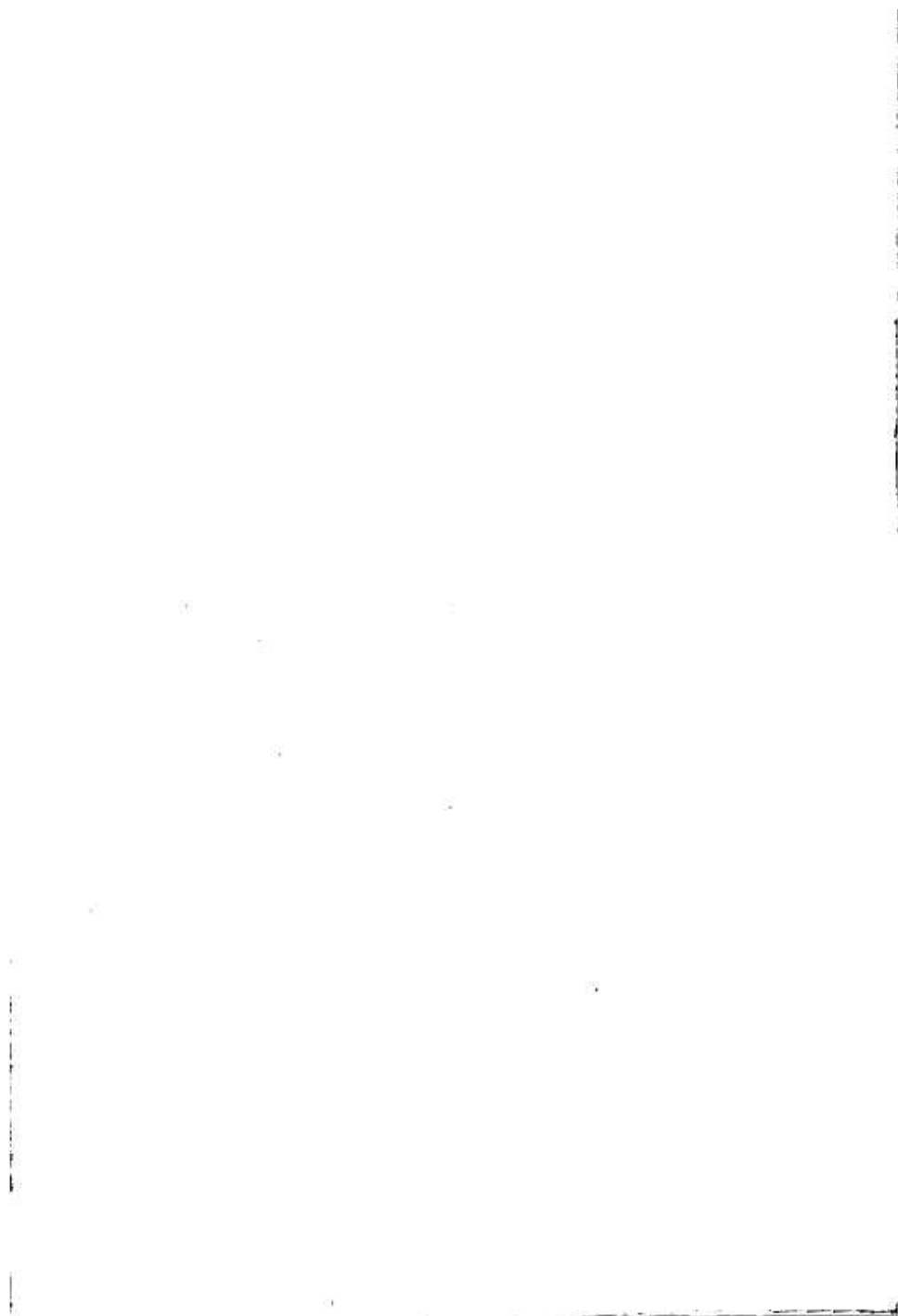
In presenting my husband's work in its English guise, I wish to take this opportunity, on his behalf and on my own, of thanking Mr. Barnet J. Beyer, formerly lecturer at the Sorbonne, and Mr. F. H. Martens for their splendid aid and valuable suggestions. Our thanks are also due Professor A. Elwyn, of the Col-

TRANSLATOR'S PREFACE vii

lege of Physicians and Surgeons, Columbia University, for his indispensable assistance and collaboration in translating Professor Retterer's *Communications* to the Paris *Société de Biologie*, on the structure and evolution of the grafted tissues.

EVELYN BOSTWICK VORONOFF.

New York, August 6, 1920.



CONTENTS

	PAGE
FOREWORD BY THE AUTHOR.....	xv
CHAPTER	
I. The longevity of living creatures is in reverse relation to their organic perfection—The longevity of the mammals, in whose ladder of progression man stands on the topmost rung, is in direct relation to the duration of the period of growth necessary to complete bodily development—The normal life-span of man should be from 120 to 140 years—Mode or manner of life exerts but slight influence on life duration.....	1
II. Our ignorance of the origin of life no barrier to our understanding of the causes of death—The immortality of the first living being, the primitive cell—Death appeared on earth only as a consequence of the association of millions of cells to form superior, complicated beings—The specialization of the cells in our body in view of the very individual parts they play—The inability of these specialized cells to shift for themselves; their interdependence—The persistence in our organism of the primitive, non-specialized cells which have retained the characteristics of the first cells to appear on earth (the conjunctive cells and the white blood corpuscles)—The struggle between the primitive and the specialized cells—Death results when the former triumph—The victors end by invading the place occupied by the specialized cells, and, incapable of performing their duties, disorganize all their functions and arrest life—A study of various lesions established by the autopsies of all aged men, and which justify our hypothesis regarding the true cause of natural death—Experimental proof supplied by the grafting of organs—Proofs furnished by men and animals deprived of the thyroid gland.....	12
III. Why the primitive cells persist in our organism—Older	