

**THE EFFICIENT KITCHEN; DEFINITE  
DIRECTIONS FOR THE PLANNING,  
ARRANGING AND  
EQUIPPING OF THE MODERN LABOR-  
SAVING KITCHEN - A PRACTICAL BOOK  
FOR THE HOME-MAKER**

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The efficient kitchen; definite directions for the planning, arranging and equipping of the modern labor-saving kitchen - a practical book for the home-maker by Georgie Boynton Child

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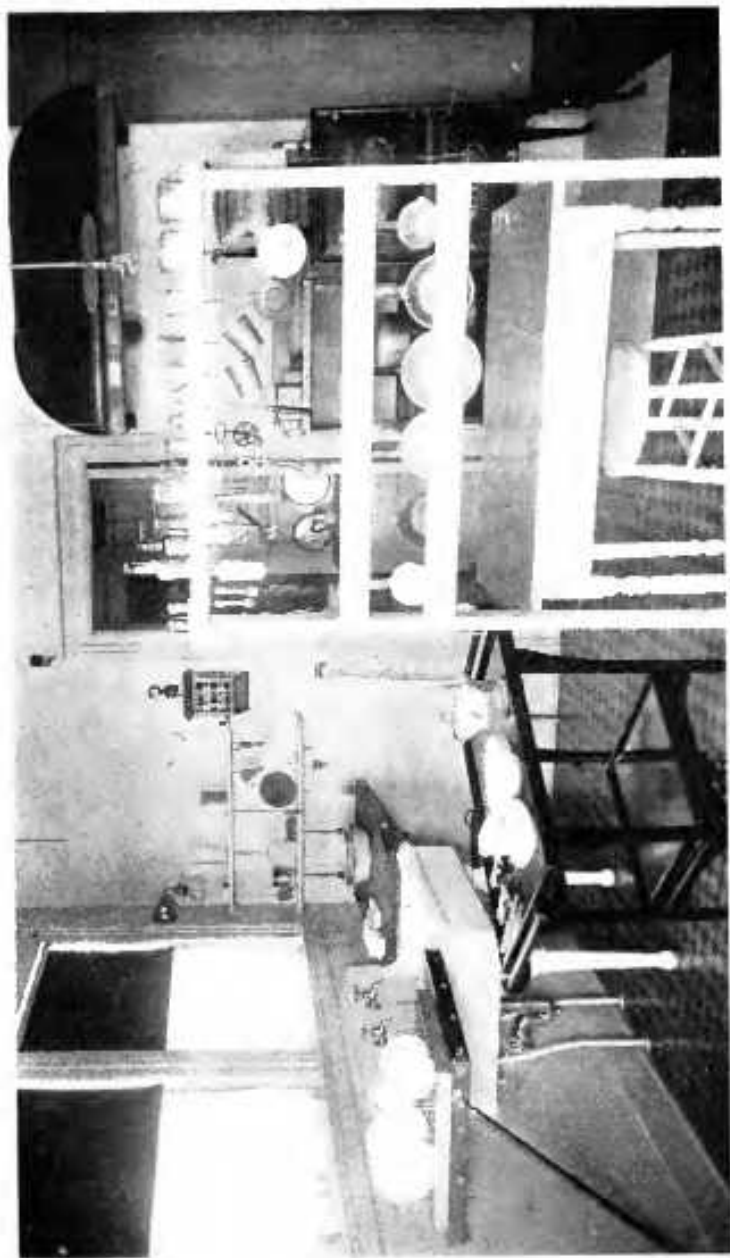
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A well arranged and well equipped kitchen, New Rochelle, N. Y.

# *The Efficient Kitchen*



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PLANNING, ARRANGING AND  
EQUIPPING OF THE MODERN  
LABOR-SAVING KITCHEN—A  
PRACTICAL BOOK FOR THE  
HOME-MAKER. . . . .

BY

GEORGIE BOYNTON CHILD

OF THE HOUSEKEEPING EXPERIMENT STATION  
STAMFORD, CONN.

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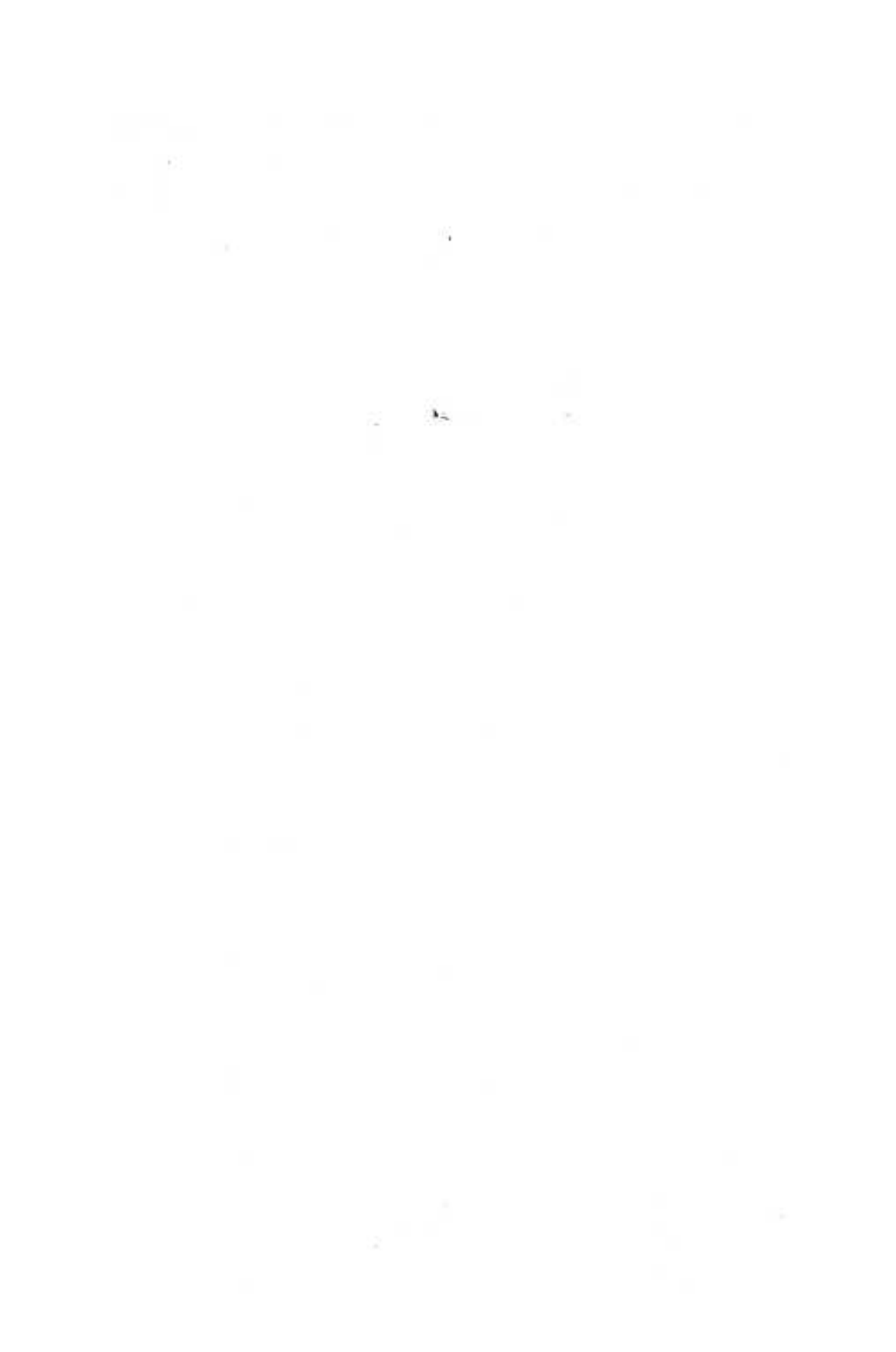
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DEDICATED  
TO  
MY THREE SISTERS  
WHOSE LOVING COÖPERATION  
HAS MADE POSSIBLE  
THE WRITING OF  
THIS BOOK





## INTRODUCTION

TEN years ago my husband and I started home-making in a Western city. We had youth, ideals and a college education apiece; and while, like many other young people, we had no experience of married life, our early training as members of large families had given us a respect for practical work and a great love of home. After graduating from college I had kept house for two years for my father and mother, and for seven years had been business manager of a daily newspaper which my sister and I owned and ran. My husband was a technical chemist for a large Trust which had plants in different parts of the country.

Our income at the time was scarcely \$1,300. But with a generous trousseau to solve the problem of clothes, and wedding presents to make our little home artistic and attractive, we were able to live very comfortably during the first year on less than \$1,000.

We started our married life in one of the charming five-room cottages which have been so largely developed in Colorado and California, and which ease the physical burden of the care of the house in such a wonderful way. We had, even in those

days, a washing machine, an electric iron, one of the labor-saving roasting pans, and several other efficient labor-saving devices. Therefore our house-keeping problems were reduced to the simplest possible proportions.

In the four years during which babies one, two and three arrived, we were fortunate in securing excellent help, and doubly fortunate in having our income increase to meet the extra expense involved. From that time on, however, with three babies to claim the lion's share of all my work and care, our living expenses jumped from less than \$1,000 to \$2,000 a year, without any change in our standard of living. During those years the cost of living began also to steadily advance, so that the purchasing power of the fixed income must be increased by constant study in buying more wisely and working more effectively. College and business training had taught me the advantage of systematic methods, of effective ways of arranging work and of diplomatic and considerate treatment of help. So our little home always ran smoothly. And when hard pulls came, as they often did, I had always the loving coöperation of my husband in overcoming them. We would take "shifts" with the night care of the babies, or he would run the washing machine for an hour before he went to work if the laundress failed me. Thus, like the noble Gareth, we were forced to win our knighthood through apprenticeship in "villain kitchen vassal-