

**THE HEALTHY BABY; THE  
CARE AND  
FEEDING OF INFANTS IN  
SICKNESS AND IN HEALTH**

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The healthy baby; the care and feeding of infants in sickness and in health by Roger H. Dennett

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**ROGER H. DENNETT**

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**THE HEALTHY BABY**



*Courtesy of The Fairbanks Company.*

**SPECIAL SCALE FOR WEIGHING BABIES.**

(Indicating quarter ounces up to 35 pounds)

# THE HEALTHY BABY

THE CARE AND FEEDING OF INFANTS  
IN SICKNESS AND IN HEALTH

BY

ROGER H. DENNETT, B. S., M. D.

PROFESSOR OF DISEASES OF CHILDREN AND DIRECTOR  
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MEDICAL SCHOOL; ATTENDING PHYSICIAN IN THE  
BABIES' WARDS OF THE NEW YORK POST-GRADUATE  
HOSPITAL; CONSULTING PEDIATRICIAN TO THE  
VICTORY MEMORIAL HOSPITAL, BROOKLYN,  
THE PASSAIC GENERAL HOSPITAL, THE NEW  
YORK EPISCOPAL ORPHANS' HOME AND  
ASYLUM, ETC.; FELLOW OF THE NEW  
YORK ACADEMY OF MEDICINE

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## Dedication

TO ALL CHILDREN AND ESPECIALLY

TO MY OWN CHILDREN

ALICE, NANCY, AND SALLY

WHO HAVE BEEN THE CHIEF INSPIRATION

IN MY STUDY OF CHILD WELFARE

THIS BOOK IS DEDICATED

670620



## PREFACE

THE author's chief reason for writing this book was to make clear to the mother just how to do best the ordinary everyday things that every mother has to do for her child. He believes that there is a definite need for a book, which will describe in the minutest detail the daily care of the baby. The description or treatment of any but the simplest ailments has purposely been left out, because a book of this sort which attempts in any way to describe diseases, does more harm than it does good. A well-trained physician or a specialist in children's diseases finds it difficult enough at times to diagnose the different affections, and it only confuses the mother or nurse to describe the different diseases to her.

The chapter on feeding has purposely been cut down, and all complicated formulas omitted. Probably more harm has been done than can possibly be estimated, by giving to mothers sets of complicated formulas which she tries to