

**BEAUTIFUL  
GIRLHOOD**

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Beautiful Girlhood by Mabel Hale

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**MABEL HALE**

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GIRLHOOD**





"Be good, sweet maid, and let who will be clever,  
Do noble things, not dream them all day long.  
And so make life, love and the great forever  
One grand, sweet song."—Charles Kingsley.

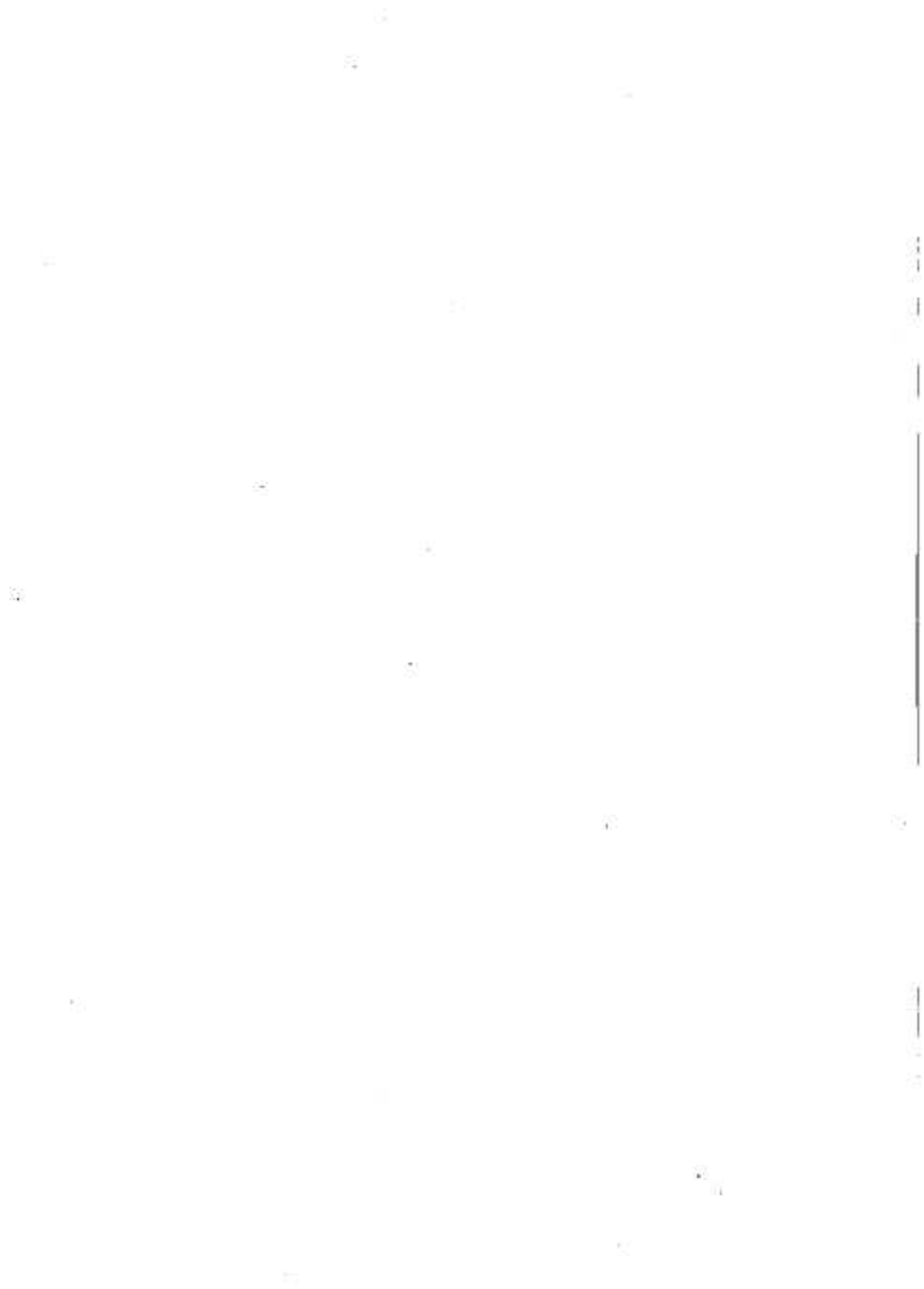
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## BEAUTIFUL GIRLHOOD

Those years forming the transition period between childhood and womanhood are filled with wonderful interest and attractiveness, for there is nothing of more beauty and grace than the budding and blossoming of girlhood. But the young feet that travel this way are often fearful and uncertain, or wilful and bold. Each and all have need of guidance, they need a helping hand along the way.

Other books have been written bearing upon the same subjects as I have here treated; but many girls who will read this do not have them, and lack the counsel they could give. It is because of this hope to reach some of these precious girls with the help they need this little volume has been written. It is sent forth with a sincere desire to be a blessing.

MABEL HALE.

Wichita, Kans.,  
Jan. 24, 1922.





## FOREWORD

Every worthy book has a reason for its existence that is founded upon true purpose and desire. Whether the writer does justice to his subject or fulfils his purpose, it is the liberty of others to judge; it is his joy, however, to know that his purpose was true and his efforts sincere.

This little book is born of a desire to help and encourage our girls who are struggling with the problems that come up in teens. Youth has its problems, its heartaches, and disappointments. It is not always a smooth path to the perfection of womanhood.

If what I have written should help some girl to a nobler life and truer ideals, then I shall feel that it has accomplished the task I have set for it to do.

MABEL HALE.

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