

**THE SCALE OF MEDICINES WITH
WHICH MERCHANT
VESSELS ARE TO BE FURNISHED,
THE HEALTH OF SEAMEN**

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The Scale of Medicines With Which Merchant Vessels Are to Be Furnished, the Health of Seamen by T. Spencer Wells

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T. SPENCER WELLS

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THE
SCALE OF MEDICINES

WITH WHICH
MERCHANT VESSELS ARE TO BE FURNISHED,

BY COMMAND OF THE PRIVY COUNCIL FOR TRADE;

WITH
OBSERVATIONS ON THE MEANS OF
PRESERVING THE HEALTH OF SEAMEN;
DIRECTIONS FOR THE USE OF THE MEDICINES, AND FOR THE
TREATMENT OF VARIOUS ACCIDENTS AND DISEASES.

BY
T. SPENCER WELLS, F.R.C.S.,
FORMERLY SURGEON, ROYAL NAVY; CHIEF SURGEON TO THE BRITISH HOSPITALS AT
SEVASTOPOL AND BOMBAY, DURING THE RUSSIAN WAR.

SECOND EDITION.—SEVENTH THOUSAND.



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DEDICATION

TO

SIR WILLIAM BURNETT, K.C.B., K.C.H., F.R.S.,

DIRECTOR-GENERAL OF THE MEDICAL DEPARTMENT OF THE
NAVY, &C.

SIR,

You have done so much to improve the condition, increase the comforts, and thereby add to the efficiency of the Seamen of the Royal Navy, that a work in which the principles you have advocated so long and so successfully are adapted to the use of Merchant Seamen could be dedicated to no one with so much propriety as to yourself. Allow me, therefore, thus to secure, by your permission and approval, an authority my little work could not otherwise possess, and at the same time to express the gratitude I, in common with the whole body of Medical Officers of the Navy, feel for the exertions you have made so perseveringly to raise the character and position of the Department of which you are Chief.

I have the honour to be, Sir,

Your faithful and obliged servant,

T. SPENCER WELLS.

London, January 1, 1851.

PREFACE TO THE SECOND EDITION.

Six thousand copies of the first edition of this work having been disposed of, and the demand since it has been out of print having been continuous, it has been determined to bring out a second edition. No alteration of importance has been made in arrangement, but each page has been carefully revised. The author has aimed at brevity, simplicity, and utility; and trusts that the second edition of his little work may be as well received by those for whom it is written as the first. The latest alterations made in the "Scale of Medicines," as well as the clauses of the 'Registration Act,' 'Merchant Shipping Act, 1854,' and the 'Passengers' Act, 1855,' relating to the health of seamen, have been added to the present edition.

UPPER GROSVENOR STREET, LONDON;
December, 1860.

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PREFACE TO THE FIRST EDITION.

IN 1844 the Scale of Medicines with which every merchant-vessel, not carrying a surgeon, was to be furnished, in pursuance of Act 7 and 8 Vic., cap. 112, by command of the Lords of the Admiralty, was drawn up under the direction and superintendence of Sir William Burnett, Director-General of the Medical Department of the Navy, by the late Dr. M'Arthur.

Dr. M'Arthur wrote a number of observations upon some of the accidents and diseases to which seamen are more peculiarly liable, with directions calculated to preserve the health and promote the comfort of this important class of our countrymen. These observations and directions were published with the "Scale of Medicines," and the little book so formed passed through five large editions in four years; a most certain proof that such a work was required, and found to be useful.

During the late Parliamentary session Mr. Labouchere's Mercantile Marine Act was passed, and the duty of issuing the "Scale of Medicines" for merchant-vessels was transferred from the Lords of the Admiralty to the Board of