

**HELPS TO HOLINESS; OR,
RULES OF
FASTING, ALMSGIVING,
AND PRAYER**

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Helps to Holiness; Or, Rules of Fasting, Almsgiving, and Prayer by C. W. Furse

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C. W. FURSE

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HELPS TO HOLINESS;

OR, RULES OF

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BY THE

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PRINCIPAL OF THE THEOLOGICAL COLLEGE, CUDDESDOF; CHAPLAIN TO THE
BISHOP OF OXFORD, AND LATE VICAR OF HWAINEB.



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ABERNY STREET.

TO THE VERY REVEREND
RICHARD WILLIAM CHURCH,
DEAN OF S. PAUL'S.

CALLED AFTER A LONG RETIREMENT
TO FULFIL THE BEAUTIFUL PROMISE OF HIS YOUTH,

I DEDICATE THIS LITTLE VOLUME,

IN MEMORY

OF S. MARY'S, OXFORD, ON SUNDAY AFTERNOONS,

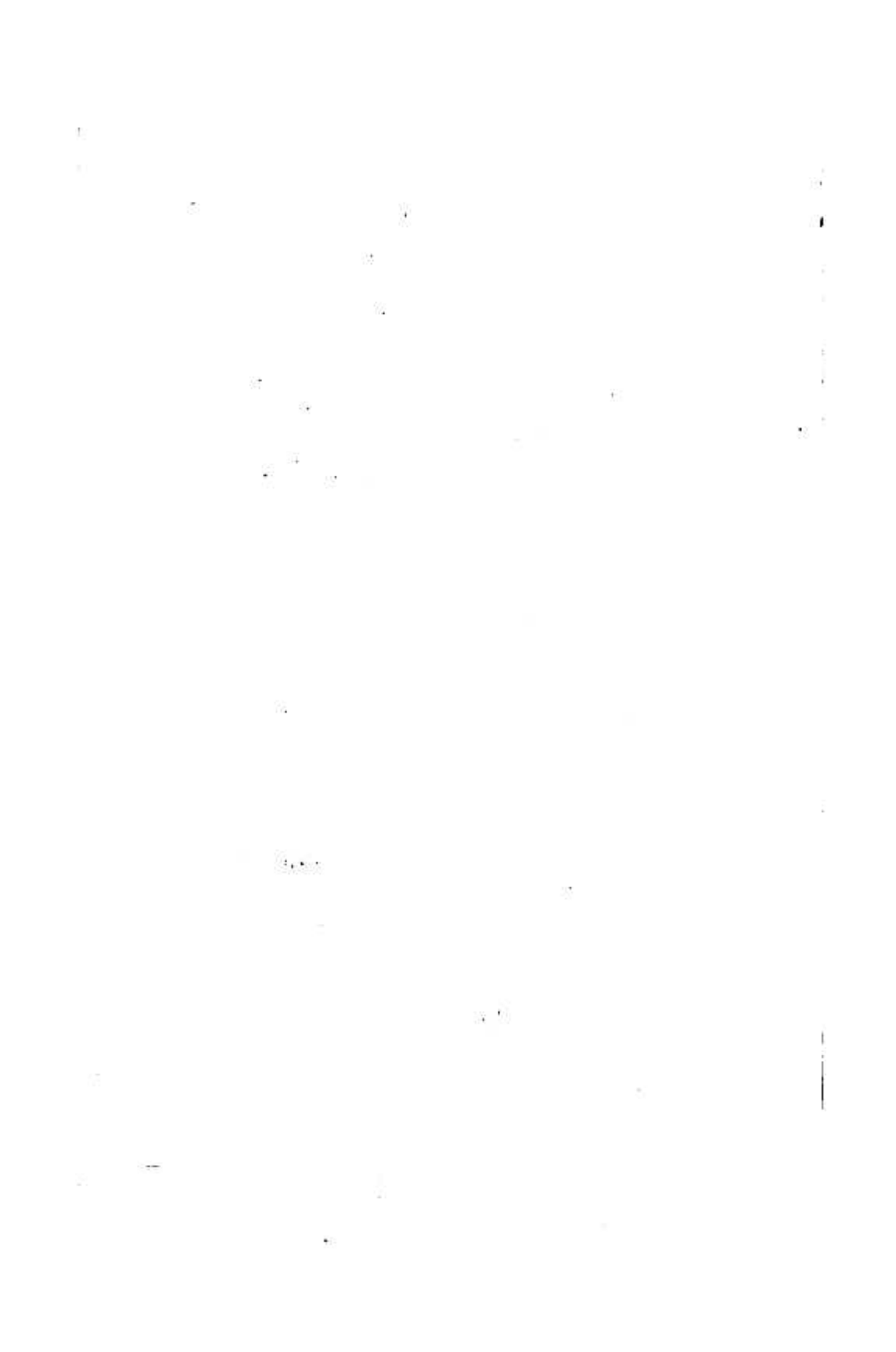
AND THE

Unforgotten Chime

WE THERE HEARD TOGETHER,

FOR WHOSE ECHO WE SHALL LISTEN WHEN THE STRIFE OF TONGUES

IS PASSING FROM OUR EARS.



PREFACE.

THE following pages contain the substance of Six Lectures, delivered in Lent, 1878, in the Church of S. Mary Magdalene, Paddington, and also in the Parish Church of Staines. The writer is indebted for the first thought of Fasting, Alms-giving, and Prayer, as comprising the whole duty of man, to the oral teaching of the Rev. O. S. Erscott, of Cowley S. John. He desires to say that he had never seen the Dean of S. Paul's beautiful sermons on Civilisation and Christianity, until after the delivery of the Lent lectures. Many of the thoughts referring to the difficulty of harmonising modern English life with fidelity to the precepts of the Gospels, which the reader will find most unsatisfactorily expressed in these pages, are admirably drawn out in Dean Church's most interesting volume.

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